

Dating & Sex Checkup

		No Way!			Heck Yes!		
1.	I carefully chose who I go out with and don't date just anybody.	1	2	3	4	5	
2.	I have decided beforehand what I will and won't do on a date.	1	2	3	4	5	
3.	My relationships with the opposite sex are based on friendship, not physical things.	1	2	3	4	5	
4.	I talk to my parents and Christian friends about love, dating, & sex.	1	2	3	4	5	
5.	My parents are aware of and involved in my romantic relationships.	1	2	3	4	5	
6.	I'm well-informed about STDs, pregnancy, and the emotional risks of sex.	1	2	3	4	5	
7.	I do not center my life around my current bf/gf.	1	2	3	4	5	
8.	I have the courage to say no.	1	2	3	4	5	
9.	I treat my body with respect.	1	2	3	4	5	
10.	I'm waiting until I'm married to have sex.	1	2	3	4	5	

WHAT'S YOUR SCORE? _____

Discussion Questions

Have you observed couples who got too serious too soon? If so, what happened in their relationship?

What can you do to maintain a good reputation?

Of the Christian men you know, which ones do you most respect? Why do you respect them?

Imagine the girl you will marry someday. How do you hope she is living her life right now, especially when it comes to dating and sex?

Decision 4: Dating & Sex

Who and when will you date and what will you do about sex?

Intro: Romans 12:1-2, Ephesians 5:1-3, Philippians 1:9-11.

Why I'm Glad I Waited

by a 19-year-old college sophomore girl

1. I can give the person I _____ a _____ that no one else will ever have.
2. I have escaped the _____ that I've seen some of my friends go through because of having sex with different people and being taken advantage of.
3. I escaped a _____.
4. I have learned a tremendous amount of _____.
5. I have learned _____.
6. I know that my decision is pleasing to _____ and my _____.
7. I have not had the worries that many of my friends and peers have had about _____ and _____.

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Have you observed couples who got too serious too soon? If so, what happened in their relationship?

What can you do to maintain a good reputation?

React to the following statement: *"If you want to attract respectable guys, you need to be a respectable girl. How you dress has a lot to do with this."*

Of the Christian women you know, which ones do you most respect? Why do you respect them?

Imagine the guy you will marry someday. How do you hope he is living his life right now, especially when it comes to dating and sex?

Read and discuss Proverbs 31:10-31.