

# Parents Checkup

	No Way!	Heck Yes!
1. I have a good relationship with my parents.	1	2 3 4 5
2. I show respect to my parents.	1	2 3 4 5
3. My parents trust me.	1	2 3 4 5
4. I frequently help my parents without being asked.	1	2 3 4 5
5. I know a lot about my parents (likes, dislikes, hopes, dreams, etc).	1	2 3 4 5
6. My parents know a lot about me (likes, dislikes, hopes, dreams, etc).	1	2 3 4 5
7. My parents and I communicate well with each other.	1	2 3 4 5
8. We are pretty good at solving problems or conflicts.	1	2 3 4 5
9. When we do fight, we make up pretty quickly.	1	2 3 4 5
10. I can honestly say that I love my parents.	1	2 3 4 5

WHAT'S YOUR SCORE? \_\_\_\_\_

## Word Association

Parents: \_\_\_\_\_

Trust: \_\_\_\_\_

Grounded: \_\_\_\_\_

Apology: \_\_\_\_\_

## Discussion Questions

What is your favorite thing to do with your parents?

If you could change one thing about your relationship with your parents, what would it be?

# Decision 3: Parents

Are you going to get along with your parents?

Intro: Psalm 127, Ephesians 6:1-4, Hebrews 12:5-13.

## The Five Things That Annoy Teens the Most About Their Parents

1. My parents are always \_\_\_\_\_ me.
2. My parents are never \_\_\_\_\_ .
3. My parents are \_\_\_\_\_ .
4. My parents are \_\_\_\_\_ .
5. My parents are always \_\_\_\_\_ .

## The Five Things That Annoy Parents the Most About Their Teens

1. My teen never \_\_\_\_\_ her \_\_\_\_\_ .
2. My teen \_\_\_\_\_ past \_\_\_\_\_ .
3. My teen \_\_\_\_\_ with me and her \_\_\_\_\_ .
4. My teen never does \_\_\_\_\_ without having to be asked.
5. My teen shows a lack of \_\_\_\_\_ toward people and things.

## Six Things That Can Help Make Your Relationship With Your Parents Work

1. Understand what's \_\_\_\_\_ to them.
2. \_\_\_\_\_ the \_\_\_\_\_ .
3. Sense the \_\_\_\_\_ and do it.
4. Remember the \_\_\_\_\_ things.
5. \_\_\_\_\_ .
6. Avoid the \_\_\_\_\_ words.