

Friends Checkup

	No Way!	Heck Yes!
1. I have at least one or more true friends.	1	2 3 4 5
2. I make an effort to get to know new people and make new friends.	1	2 3 4 5
3. The friends I hang out with are a positive influence on me.	1	2 3 4 5
4. I'm inclusive of others and don't belong to an exclusive clique.	1	2 3 4 5
5. I don't judge other people before I get to know them.	1	2 3 4 5
6. I'm loyal to my friends and don't talk behind their backs.	1	2 3 4 5
7. I'm quick to forgive my friends when they make mistakes.	1	2 3 4 5
8. I'm a good listener and don't dominate discussions.	1	2 3 4 5
9. I'm kind to everyone, not just people I like.	1	2 3 4 5
10. I am able to resist peer pressure and be my own person.	1	2 3 4 5

WHAT'S YOUR SCORE? _____

Word Association

Friends: _____

Gossip: _____

Peer Pressure: _____

Kindness: _____

Discussion Questions

Evaluate the following statement: *"It takes a great deal of courage to stand up to your enemies, but a great deal more to stand up to your friends."*

Do you have a friend or group of friends that are bringing you down?

Is there someone who's been trying to break into your group of friends?

Decision 2: Friends

What types of friends will you choose and what kind of friend will you be?

Intro: Proverbs 18:6-8 and 24, Ecclesiastes 4:9-12, Romans 16.

Friendship Survival Tips

1. Choose _____ friends, not _____ ones.
2. Don't _____ your _____ on your friends.
3. _____.
4. Be quick to _____.
5. If people are talking about you, either _____ them or _____ to _____ with it.
6. Don't _____ or _____.
7. If your friends _____, that's okay.

Friendship Red Flags

1. You have to _____ your clothes, language, friends, standards, values, etc. in order to keep your friends.
2. You're doing things you don't _____ about.
3. You feel like you're being _____.
4. Your life feels _____.
5. They don't make you a _____.