

Intro:

Here's the point: **There are six key decisions you make during your teen years that will make or break your future.**

The 6 Decisions:

- 1. School** **12 Sept**
What are you going to do about your education?
- 2. Friends** **19 Sept**
What types of friends will you choose and what kind of friend will you be?
- 3. Parents** **26 Sept**
Are you going to get along with your parents?
- 4. Dating & Sex** **03 Oct**
Who and when will you date and what will you do about sex?
- 5. Addictions** **10 Oct**
What will you do about smoking, drinking, drugs, and other addictive things?
- 6. Self-Worth** **17 Oct**
Will you choose to like yourself?

The date ten years ago today is:

My name is:

I am _____ years old.

I live in:

I live with:

My favorite things to do are:

I feel:

The date ten years FROM NOW is:

My name is:

I am _____ years old.

I live in:

I live with:

My favorite things to do are:

I feel:

Discussion Questions

Which of the 6 Decisions do you think is the most important?

Which of the 6 Decisions are you most looking forward to learning about?

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- | | |
|-------------------------|----------------|
| 1. _____ | 12 Sept |
| 2. _____ | 19 Sept |
| 3. _____ | 26 Sept |
| 4. _____ & _____ | 03 Oct |
| 5. _____ | 10 Oct |
| 6. _____ | 17 Oct |