



The Black & Blue Bottom

Almaden Cycle Touring Club, Inc.

April 2009

APRIL 18 IS THE TIERRA BELLA!

Connie and Eric (and Levi) do it again!

BY: NAOMI BLOOM

PHOTOS BY: JIM CHASKIN AND NAOMI BLOOM

Once again, Connie and Eric Jorgenson hosted a terrific Tour of California party at their home on Sierra Road. This year race started in San Jose, so the entire peloton there in a flash, and gone in a flash. Lunch included lasagna, salads, brownies, and Connie made some killer home-made meringues! Everyone then gathered in the family room to watch web coverage on the wide-screen TV. Too bad most of it was preempted by weather.

Asked if this might be the last Sierra Road year, Connie replied, "We'll keep going as long as the race comes through." Thank you Jorgensons, for your home and hospitality.



Oh yeah, by the way, Levi Leipheimer won the TOC again, for the third time in a row.

PLEASE SEE "TOC" PAGE 14

Tour of Southern Utah

BY: MIKE McGEOUGH

From August 27 through September 2, 2006, Karen and I rode around southern Utah on a Planet Ultra tour with four other ACTC members -- Lyresa Plescovitch, Jeff Schweninger, and Osman and Judy Isvan. We started and ended in St. George, but Karen and I took a couple of extra days before and after the tour for additional site-seeing. We drove to St. George passing through some of the territory we rode through on the Furnace Creek 508 the year before. We stopped at the touristy Calico Ghost Town as it was closing and drove by Zzyzx, CA. August is not the time of year to visit here! Still, riding is okay in this heat since the wind cools the skin.

The start of the first day set the tone for most of the ride. Everyone else seemed to be in a hurry and pace-lined to Mt. Carmel Junction. One couple was racing so fast they missed the turn off to Zion National Park! We certainly

wouldn't miss that ride. There is no traffic in Zion. Everyone without a special pass has to take the park buses to any location inside the park. We had special bicycle passes! We took our time and enjoyed the deep canyons and breathtaking vistas of there. No time for hiking or swimming, so a leisurely bike ride had to satisfy us. After leaving the park we snaked up the mountain and had to wait for a sag to transport us through a long uphill tunnel and on to Mt. Carmel Junction.

Day 2 had us riding through the very red Red Canyon to Bryce National Park, where the six of us took a short hike to view the hoodoos. There was an optional out and back to the end of the road for those not getting enough miles. We decided to spend the time enjoying the sights at a more relaxed pace -- walking. Day 3 took us to Escalante. We spent much of the day riding with Mr. California Triple Crown, Chuck Bramwell, as part of a paceline to cover much of the early miles. The miles passed quickly and

gave us an opportunity to ride off-route, visit the Escalante Petrified Forest, and take a swim.

Day 4 continued to Torrey, UT, in Capital Reef National Park. On the way we had the opportunity to tour the Anasazi museum where they are excavating an ancient indian village. We also tangled with a giant bull (yes, a bull, not a steer) in the middle of the road. Jeff and Karen were much bolder than I was in pass-

PLEASE SEE "SOUTHERN UTAH" PAGE 3

ACTC Wednesday, April 1 General Meeting

Barry Gordon, President Los Gatos Racing Club & Lisa Hern, Race Director, will give a short presentation on the Cat's Hill Criterium in May.

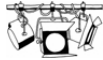
Paul Vlasveld - Cycling In Bulgaria

Paul will present his cycling adventures last summer in Bulgaria -- music, souvenirs and slides from his three weeks of travel including his attempt to complete the Sliven-Varna-Sliven 1200-km Randonnee.

Refreshments – Jim & Marjorie Schallau

Greeters – Anita Miller & Duncan Kelley

Place: First Congregational Church, Leigh & Hamilton, San Jose, 7p.m.



Coming Attractions



Date	Event	Chair	Contact Info
	Coming Attractions		
Apr. 1	General Meeting	Penny Carl	president@actc.org
Apr. 11	Tierra Bella Workers' Ride	Doug Gillison	378-0224
Apr. 18	Tierra Bella	Michael Hudick	tierrabella@actc.org
April 24-26	Lupine Loop	Doug Gillison	378-0224
May 6	General Meeting	Penny Carl	president@actc.org
May 22-25	Great Western Bike Rally	Paul Vlasveld & Leo Jed	247-6472
May ?	Del Valle Campout	Chair needed	board@actc.org
Jun 3	General Meeting	Penny Carl	president@actc.org
Jun. 16-19	Lake Tahoe STTS Prologue	Eric & Connie Jorgensen	929-5270
Jun. 20-27	Sierra to the Sea	Miguel Aznar	831/465-6513

Thank You B&BB Contributors

BY: STEVE SLOAN

This is my last issue as publisher. The time to leave has come.

I would like to thank all the brave ACTCers who have stepped up to distribute, solicit ads and contribute stories and reports to the Black & Blue Bottom. I especially would like to thank Naomi for all of her hard work and dedication to the newsletter. She has been great help and a good friend. Thanks to all of you who have been so supportive over the years!

Newsletter Declaration

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General Meeting March 4, 2009

Minutes not available by press time.

President's Message

Why We Ride

By: PENNY CARL, ACTC PRESIDENT

Have you ever wondered or thought about “why” you ride?

This thought is not a normal occurrence for me until I'm around others who don't ride. That's when it becomes strikingly obvious to me. It seems natural for me to get up before others have even left the comfort of their bed to be outside fighting the elements, which range from at times bone chilling cold to what seems like the Sahara Desert.

Of course, I'm exaggerating a bit here but everyone knows what I mean. We've all been there, questioning our sanity at times because we are uncomfortable, but still we continue. Why? What makes us different? Why do we do this to ourselves?

Southern Utah, From Page One

ing the bull. I had a bit more respect for the monster. There was an optional out-and-back ride from the hotel to see the rest of the paved road in the park. We rode an extra 20 miles or so and took several photos. We decided not to ride the whole route since there was lots of climbing involved and we had 80 miles and about 8,000 feet of climbing on the day as it was.

The fifth day was 105 miles but much flatter than the others. We fought some headwind but had a very enjoyable day with views for miles all around. Then came the big climb on the sixth day, when we rode from Panguitch to Cedar City over Cedar Breaks, which summits at 10,350 feet. It rained most of the way up the mountain. As we climbed higher, the temperature continued to drop. When we got to the observation point, everyone was huddled inside, covered with trash bags. It was about 45 degrees, raining hard with occasional hail falling on us. I waited at the top for everyone to decide what they were going to do. Most of the people sagged down to Cedar City. I didn't want to lose the 35-mile descent, so I braved it and rode down. My hands were numb and I was shaking so violently I had trouble controlling my bike. I stopped every couple of miles to “warm up.” After about 10 miles I was able to remove my jacket. Then my hat. Then my arm and leg warmers. By the time I got to the bottom it was over 100 degrees! I was completely dry and sweating. It went from cold 45-degree rain and hail to a sunny 105 degrees over the course of a 35-mile descent. It was worth it. The scenery at Cedar Breaks and the route down the mountain were awesome. I think I am the only one that rode down the mountain. I got a good tour of Cedar City since the hotel address was wrong on the route sheet. This gave me a chance to heat up enough for a dip in the pool.

We spent the last day returning to St. George. Brian and Deb of Planet Ultra pulled a paceline most of the way. We got dropped by the rest of the gang at a rest stop on account of an abandoned kitten that Karen planned to box up and bring home. Instead of keeping it, she

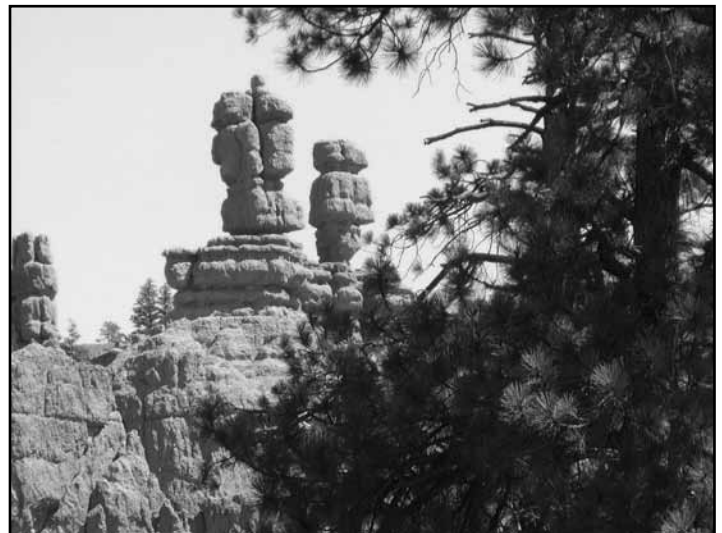
I'm sure that everyone has his or her unique reasons for doing so on the surface. However, I believe at the core of it all is something simplistic in nature. We ride because we love it. We ride because it is fun. We ride because we love to push our bodies past the point that we thought was humanly possible. We ride because we have friends who encourage us to do so. We ride for the simple pleasure of knowing we can do something others cannot.

I challenge you to figure out your own reason for “why” as a way to encourage others who are close to you to get on their bikes. For me personally, I am constantly an advocate of cycling. Not just in the club but with every human interaction.

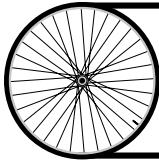
found a home for it at the local gas station. We met up with Osman and Judy as we entered the stunning Snow Canyon. It is covered with volcanic lava which looks as new as that in Hawaii but is supposedly over 1,000 years old. The pitch black lava spreads out over the bright red sandstone that covers most of Utah. We were able to talk Judy and Osman into some “real” touring. We rode around a golf course and stopped to tour an open house. The new house was built right on the lava flows. It was spectacular!

A few miles further down the road brought us to the end of the tour. We had a nice Mexican dinner and said our goodbyes to all our new friends. Karen and I were not done yet, though. We spent a couple of days touring the Grand Canyon and more of the desert on the way back to San Jose.

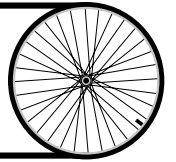
PLEASE SEE “SOUTHERN UTAH” PAGE 16



Bryce, Utah



April 2009



- IMPORTANT NOTES:**
- 1) All California Vehicle Code laws **must be obeyed** during a Club ride. Stop at stop signs and allow faster traffic to pass.
 - 2) **Helmets** that conform to CPSC standards are required on all Club rides.
 - 3) **Rain cancels ride** unless ride says otherwise.

Visitors and guests are welcome to join our rides. **First time riders** are urged to pick **easy rides** to gain familiarity with our ride classification system. To aid in ride selection, rides are classified according to terrain and pace. Terrain is described in terms of local roads. Pace is defined by the riding speed on flat ground in calm air, when not drafting. Average pace will be lower and will vary with terrain and other conditions. Contact the ride leader if you have any questions. All phone numbers are area code 408 unless noted.

TERRAIN

- 1 Flat or with small bumps: Monterey Hwy., Santa Teresa Blvd.
- 2 Small rollers: McKean/Uvas Rds., Portola Valley loop.
- 3 Short hills: Shannon, Kennedy, Bailey, Bernal.
- 4 Longer hills: Bonny Doon, Hwy 9, Calaveras, Hecker Pass, Tunitas, Mt. Eden/Pierce, Hwy 236, Palomares.
- 5 Steep hills: Hicks, Sierra, Metcalf, Montebello, Felton Empire, Zayante, West Alpine, Henry Coe, Mt. Hamilton.
- 6 Very steep hills: Alba, Bohlman, China Grade, Jamison Creek, West Quimby, Redwood Gulch, Sanborn.

PACE

- SL** Slow leisurely: below 10 mph. Stops as needed.
L Leisurely: 10-12 mph. Stops as needed.
L/M Easy moderate: 12-14 mph. Regroups approximately every 30 minutes.
M Moderate: 14-16 mph. Regroups approx. every 45 min.
M/B Hard moderate: 16-18 mph. Regroups approximately every hour. For experienced riders.
B Brisk: 18-20 mph. Stops infrequently.
S Strenuous: faster than 20 mph. Stops infrequently.

BILLY GOATS, MOUNTAIN GOATS, GRIZZLY BEARS

Billy Goats, Mountain Goats and Grizzly Bears designate rides which count towards incentive awards given each year at the Awards Party. Billy Goats are a selection of major climbs on paved roads with terrain ratings between 3 and 6. Mountain Goats are a group of 99 dirt roads and trails with lots of climbing. Grizzly Bears are a selection of over 100 basically flat rides which occur on special dates, go to special places or are traditional ACTC events. For information on the ACTC incentive awards contact the Ride Coordinator.

ADDITIONAL NOTES

- Riders **below age 18** may participate in rides if they are accompanied by a parent or legal guardian. A **medical release form** is required for all minors.
- All participants in an ACTC ride must sign the ride sheet **in person**. This certifies each rider has read and understood the Club rules. Non-members must sign an additional liability release.
- Each rider should carry money for an emergency call and equipment appropriate to the ride (tube or patch kit, pump, water, etc.)
- If a rider has to leave the ride for any reason, the ride leader **must** be informed.



Weather Cancellation of Rides



Rain cancels a ride unless otherwise stated in ride description. A ride canceled by weather may be rescheduled by the ride leader and will be a credited ride. If a ride you would like to do has been canceled by weather, call the ride leader to find out when it will be rescheduled.

FIRST WEEK

Wed, 1, 8, 22, 29 Apr
7:00 AM

Billy Goat

All weather Wednesdays from Woodland Library, Los Altos @ 7:00 am, to top of Montebello/Mt. Eden Pierce/other goats, to merge with Good Morning Montebello by Jon Kaplan. Climb for brake-fast!

Brian Chun

Montebello Morning Mauler
20-35 mi, 4 M-B

Montebello (Mt Eden/Pierce)

650-938-1288 bctlc8899@yahoo.com

Wed, 1, 8, 22, 29 Apr
7:00 AM

Billy Goat

In parallel with Brian Chun's Montebello Mauler rides leaving from Los Altos, we'll also start at 7:00, but we'll start at Stevens Creek Reservoir and let Brian's faster group rendezvous with us at the top of Montebello.

Jon Kaplan

Good Morning Montebello
12+ mi, 5 M

Montebello

725-8574 jon.kaplan@comcast.net

Wed, 1 Apr
9:30 AM

Billy Goat

Meet near the Jack-In-The-Box at the SE corner of Cottle and Santa Teresa. We will do all the climbing on the way to Morgan Hill and catch the tail winds on the way back to SJ. No one left behind.

John Mazzella

Get Your Thrill Goin' To Morgan Hill
30+ mi, 3-6 LM+

Llagas/Willow Springs, (Rolling Hills)

972-1991 velofello@gmail.com

Wed, 1 Apr
10:00 AM

Billy Goat

Meet outside Grant Ranch County Park on Mt Hamilton Rd. Park along the road about a 1/4 mile past park entrance. We'll ride to the top of Mt Hamilton. Pack lunch to eat at the top. Single bikes welcome. This is ride FGH000. Please email us rather than call.

Howard and Joni Morris

Tandem Climbing Hills
21 mi, 5 LM

Mt Hamilton/Upper

775-291-3351 howardmorris@att.net

Wed, 1, 8, 15, 22, 29 Apr
10:15 AM

Billy Goat

Enjoy Skyline without traffic. Meet at Shoup Garden Park, 400 University Ave, in Los Altos. Ride varies weekly but includes Hwy 9, Page Mill, Old La Honda, Kings Mt, West Alpine, and Tunitas Ck. Ample regroup and lunch (bring or buy) after the major climb(s). Be prepared for variable weather on Skyline. Foul weather in the hills keeps the ride in the valley. Co-listed with Western Wheelers.

Michael Khaw

Hills R Us
35-70 mi, 3-6 M-MB

Various

737-0238 mkhaw@dorkypantsr.us

Wed, 1 Apr
11:00 AM

Grizzly Bear

PLEASE NOTE THE RIDE START TIME! Meet at the VTA Park and Ride/light

No Fooling
14 mi, 1 G LM

April Fool's Day

rail station near the corner of Coleman and Winfield, behind the apartments. We'll stop for lunch before heading back.
Stephanie Metz 981-3780 sdmetz2002@yahoo.com

Wed, 1 Apr
2:00 PM

Billy Goat

Meet at Congress Springs Park in Saratoga for a little climbing.
Dennis King

Afternoon Goats
15 mi, 6 LM-M

Redwood Gulch, Sanborn

244-4917

Wed, 1, 8, 15, 22, 29 Apr
6:00 PM

Billy Goat

Meet at Argonaut Shopping Center on Sunnyvale-Saratoga road east side just south of Pierce in Saratoga. Park on the North end near Mountain Mike's Pizza. We warm up with some flat miles through the neighborhoods then pick up the pace to the M level (14-16 mph). The emphasis of the Thursday ride is the added challenge of rated goats in the area to the M pace route. Re-groups at the top of sustained climbs. Triples recommended. Faster riders are welcome to go off the front. Ride rolls at 6:00 PM sharp. Wet Pavement cancels.
Mark Pryor

Wednesday Argonaut Center
18-30 mi, 3-6 M

Various

410-8109 mapryor@pacbell.net

Wed, 1, 8, 15, 22, 29 Apr
6:00 PM

Billy Goat

You can usually expect at least 4 regroup and route sheets on this social ride. We will eventually do most of the goats in the Saratoga/Los Gatos area, except for the hardest. Meet at Summit Bikes on Main Street in Los Gatos, across the street from the Los Gatos Library. Burritos after. We roll around 6:00ish. <http://whineanddine.wordpress.com>
Steve Sloan

Whine and Dine Mellow Ride
12-22 mi, 3-6 M

Various

605-0692 s_sloan@mac.com

Wed, 1, 8, 15, 22, 29 Apr
6:00 PM

Billy Goat

You can usually expect at least 4 regroup and route sheets. We will eventually do most of the goats in the Saratoga/Los Gatos area. Meet at Summit Bikes on Main Street in Los Gatos, across the street from the Los Gatos Library. Rain or intense heat cancels. Burritos after. Be early, we roll at 6:00! <http://whineanddine.wordpress.com>
Ted Bonetti

Whine and Dine Quick Spinner
15-25 mi, 3-6 M-MB

Various

605-1837 tedbonetti@sbcglobal.net

Wed, 1, 8, 15, 22, 29 Apr
6:00 PM

Mountain Goat

Slow and social, all paces welcome. We will enjoy various trails radiating out of this area. Meet at Summit Bikes on Main Street in Los Gatos, across the street from the Los Gatos Library. Rain within 48 hours or intense heat cancels. Burritos after! Nobody left behind.

Tyler French

Whine and Dine MTB Ride
8-15 mi, 5 LM

Various

756-7396 tyler.j.french@lmco.com

Thu, 2 Apr
9:30 AM

Billy Goat

Lunch after wrestling the Devil will bring a discussion of adding other adventures (or calling it a day). A reminder for all our favorite kids - call/e-mail for rain reschedules; carpools; length/goat options.
Jerome Woehl

Our Favorite Kids
40-65 mi, 5 M, 6000-7700 ft

Mt Diablo South Gate, Mt Diablo North Gate

Mt Diablo Summit (Norris Canyon, Morgan Territory)

230-0689 jeromewoehl@yahoo.com

Thu, 2, 9, 16, 23, 30 Apr
10:00 AM

Grizzly Bear

We will ride the quiet streets in the Evergreen foothills-other options possible. Coffee or lunch near the end of the ride. Meet at Evergreen Community Center on San Felipe Road just south of Yerba Buena Road.
Karen Bishop
Frank La Fetra

Evergreen Explorer
20 mi, 3 LM

Evergreen Maze

238-0399

532-1044 frank@lafetra.com

What to do in case of a crash on your ride

- Call 911
- Make sure everyone is safe and taken care of.
- In a collision, don't move items involved if it is safe to leave them where they are until Public Safety officials arrive.
- In case of an injury, find out the name of the destination hospital and call the emergency number the rider put on the Ride Signup Sheet. Discuss this with the injured rider first, if possible.
- Make sure personal items such as helmet, glasses, fanny pack, and bicycle are accounted for before leaving the scene.
- One Accident Report should be filled out for the crash. Witnesses are encouraged to record what happened separately. The Ride Leader should insure the Accident Report is filled out, either personally or by the victim.
- The Accident Report should be delivered to the Insurance Company, usually by FAX. Keep a copy for yourself. Send a copy to the club Secretary.
- Contact the Board by email at board@actc.org or by calling the Secretary and President.

^ Ride Leaders: Clip, Save and Carry With You! ^

Thu, 2, 9, 16, 23, 30 Apr
10:00 AM

Grizzly Bear

Join me as I explore the various grizzly bear options of the South San Jose/Almaden Valley area. We'll stop for snacks/meal along the way. Meet at the VTA Park and Ride/light rail station near the corner of Coleman and Winfield.

Apr 2

Apr 9

Apr 16

APR 23

APR 30

Stephanie Metz

Thursday Trek
12-25 mi, 1-2 G LM

Various

Coffee Roasting Ride 14 miles

Super Burrito Ride 17 miles

Vasona Park 21 miles

Velodrome 27 miles

Reservoirs 21 miles

981-3780 stephaniemetz@comcast.net

Thu, 2 Apr
10:00 AM

Billy Goat

We'll ride out toward Chesbro Reservoir for the easy goat, then those who want to can add the short but steep Rolling Hills side trip. Take the Tennant Rd exit from southbound Hwy 101 into Morgan Hill and park in the lot on the SW side of Monterey Hwy between Eric's Deli and McDonald's. Coffee or lunch after the goat.
Marcia Wire

395-0386

Tortoises Climbing Hills
20 mi, 3-6 LM

Llagas/Willow Springs (Rolling Hills)

Thu, 2, 9, 16, 23, 30 Apr
5:00 PM

Billy Goat

Meet on Realm Ave, one block north of Bernal and Santa Teresa. Ride # STB014.
Don Axtell
Art Cruz

Metcalf Mauler
26 mi, 5 MB, 2200 ft

Metcalf

386-1638

831-628-3666

Fri, 3, 17, 24 Apr
8:30 AM

Billy Goat

Ride the Santa Cruz Mountains and more from Los Gatos. Back by 2:30 PM. Email Gary_M_Robinson@Yahoo.com for route info. Meet at Los Gatos Coffee Roasting Co (Main @ University). Route sheet provided. Short stops for food. No formal regroup or lunch stop.
Gary Robinson

Roaster Refill
40-70 mi, 3-6 MB

Various

656-2442 Gary_M_Robinson@Yahoo.com

Fri, 3 Apr
9:00 AM

Billy Goat

Old Santa Cruz Hwy, Mt Bache/Loma Prieta, Eureka Canyon
Meet at Lexington School. Take Hwy 17 south from Los Gatos. Exit at Bear Creek Rd overpass, go over the freeway, then right on Old Santa Cruz Hwy, then right on Lexington School Road, park in the parking area at the corner. Lunch in Corralitos. Ride # LXS018. Pls email if questions.
Howard Morris 775-291-3351 howardmorris@att.net

Lunch in Corralitos
55 mi, 4-5 LM+

Fri, 3 Apr
9:30 AM

Grizzly Bear

Meet at the restroom at Almaden Lake Park (on the east side of the park) off Winfield at near Coleman and Winfield. We will do a leisurely ride out to Los Gatos, and down the Los Gatos Creek Trail to Willow Glen for coffee. This is a social ride, nobody left behind. You can park on the street or at the Park n Ride across Coleman to save parking fee.
Andy Leach 268-7058

TGIF

25 mi, 1 LM

Vasona Park

Fri, 3 Apr
10:00 AM

Mountain Goat

We'll see what spring has brought to the east foothills. Meet in the parking lot on Mt Hamilton Rd, 400 yds past the Grant Ranch Park entrance. Cell 408 656-3018.
Bob Stevens 353-5101 stevsj@aol.com

Morning in the Mountains
12 mi, 4-5 M

Grant Ranch Park Trails

Sat, 4 Apr
7:00 AM

Billy Goat

Meet on Sunol Glen School just west of the intersection of Calaveras and Hwy 680 in Sunol. These rides are for experienced, fit riders. We will ride the northern half of the Devil Mountain Double route. Estimate 11 hours at MB pace. No Lunch Stop. For maps and changes see www.actgoinglong.blogspot.com. Please print route. All paces are welcome. Ride is lead at a MB pace.
Deborah Hoag 267-3038 deblefferts@sbcglobal.net
David Hoag 267-3038

LDTR-North Devil Mountain Double
127 mi, 5 M-S

Palomares, Norris Canyon, Mt Diablo South Gate, Mt Diablo Summit, Morgan Territory, Patterson Pass

Sat, 4 Apr
8:00 AM

Grizzly Bear

Meet at Campbell Park-Gilman and Campbell Ave, west of Hwy 17. This is a great way to meet new people and see what the club is like. Bring a few dollars for your pancakes and coffee at the halfway point.
Ralph Coole 264-4937

Breakfast Ride
14 mi, 1 L

Breakfast Ride

Sat, 4 Apr
9:30 AM

Billy Goat

Meet at Shoup Park in Los Altos for a two-goat ride with lots of regroup. Lunch will be on the Polhemus Loop at a shopping center with many culinary choices.
Steve Gruber 650-964-0959 sgruber@ca-trusts.com

Easy Rider

45 mi, 3-4 LM

Jefferson, Polhemus Loop

Sat, 4 Apr
9:00 AM

Billy Goat

Take Hwy 680 north, exit at Crow Canyon Rd. Right on Crow Canyon and continue for about 4 miles. The parking lot is on the right, at the SE corner of Crow Canyon and Camino Tassajara. Lunch will be in Concord. Ride # DBT001.
Don Axtell 386-1638

Mt Diablo Loop
64 mi, 5 M, 6200 ft

Mt Diablo South Gate, Mt Diablo Summit, Morgan Territory

Sat, 4 Apr
9:00 AM

Billy Goat

Need a warm-up for the Mt Hamilton Challenge? Meet at Lexington School: HW

Seven to Soquel
60 mi, 5 M, 6600 ft

Old Santa Cruz Hwy, Wrights Station, Mt Bache/Loma Prieta, Stetson/Skyland, Rodeo Gulch, Granite Creek, Mtn Charlie

17 South to Bear Creek, turn right over HW 17, turn right on the frontage road, school will be on the right. We'll eat in Soquel after the first 4 goats. Route sheets. Longer and shorter options.
Paul Metz 981-3665 pmetz@yahoo.com

Sat, 4 Apr
9:30 AM

Grizzly Bear

Meet at east entrance of the Fremont BART station. Take BART to San Leandro Station. Bike down bayside bike trail to Bike-Ped bridge over Highway 92. Bike on quiet streets and roads to Coyote Hills Regional Park. Lunch picnic. Bike back through Fremont to BART parking lot.
Larry Brandt 238-1649

Explora-Ride--East Bay Shoreline
35 mi, 1 LM

Fremont Loop

Sat, 4 Apr
9:30 AM

Billy Goat

Meet at Shoup Park in Los Altos for a two-goat ride with lots of regroup. Lunch will be on the Polhemus Loop at a shopping center with many culinary choices.
Steve Gruber 650-964-0959 sgruber@ca-trusts.com

Easy Rider

45 mi, 3-4 LM

Jefferson, Polhemus Loop

Sun, 5 Apr
8:00 AM

Billy Goat

Start: Starbucks @ Santa Clara U./Caltrain. Lunch along San Ramon Valley Blvd after mile 60. Goats in order. Bring lights just in case.
Brian Chun 650-938-1288 bctlc8899@yahoo.com

Norris Canyon Century
106 mi, 4 M-B

Swigert, Old Calaveras, Morrison Canyon, Palomares Norris Canyon, Welch Creek, Calaveras

Sun, 5 Apr
9:00 AM

Grizzly Bear

Bring your shopping bags/panniers/backpacks; we're going to the Los Gatos Farmers' Market. Meet at the VTA Park and Ride/light rail station near the corner of Coleman and Winfield, behind the apartments.
Paul or Stephanie Metz 362-0702 paulmetz@comcast.net

To Market, To Market
20 mi, 1 G L-LM

Los Gatos Maze

Sun, 5 Apr
10:00 AM

Mountain Goat

JUST ANOTHER MOUNTAIN BIKE ADVENTURE Ride. We will ride various selected dirt trails depending on rider input. Check the mtb@lists.actc.org site, or call between 9:00 pm & 10:00 pm the evening before, or between 8:00 am & 9:00 am the day of the ride, for the starting location. Bring all necessary supplies.
Richard Holtermann 226-6871 826-2546

J.A.M.B.A. Ride
15+ mi, 4-5 LM

Various

SECOND WEEK

Mon, 6, 13, 20, 27 Apr
9:00 AM

Billy Goat

Meet at Redmond and Meridain (Almaden Roasting). We will warm up with a ride over to the start. The course starts and ends at Bailey and Santa Teresa (15.2 miles, under an hour). Course sprints down Santa Teresa, up Willow Springs with a high heart rate at the top, back thru Calero Reservoir, and up the back of Bailey at a full sprint down Bailey. You will be exhausted. And then cool down up Bailey and back to the coffee shop. about 2 hours total.
Deborah Hoag 267-3038 deblefferts@sbcglobal.net

Coffee Speed Training
35 mi, 3 M-S

Bailey/Buffalo Hill

Mon, 6, 13, 20, 27 Apr
9:30 AM

Grizzly Bear

Ride at your pace down Foothill Expressway to Café Borrone in Menlo Park. Return through quiet residential streets. START in the Lucky's parking lot at Arboretum and Foothill Expwy in Los Altos. Leaders temporarily substituting for Don Burnett are:
Jon Graff 262-9577 jon.graff@yahoo.com
Bob Sklyes 739-1240 nedrabob@earthlink.net
Tom Sawyer 298-1489 tom@liveinbalance.com

Monday Morning Mocha
25 mi, 1 L-M

Coffee Roasting

<p>Mon, 6 Apr 9:30 AM <i>Grizzly Bear</i> Meet at the Restrooms on the East side of Almaden Lake Park near Coleman and Winfield. Park in the VTA Parking Lot across Coleman to save a parking fee. We will take a sociable flat ride to the Starbucks near Evergreen College. The return involves one short roller after fueling on pastries and coffee then a flat direct return. Larry Brandt</p>	<p>Crankin' for Caffeine 25 mi, 2 LM <i>Coffee Roasting</i> 238-1649</p>	<p>Tue, 7, 14, 21, 28 Apr 5:30 PM <i>Billy Goat</i> Meet at Linda Vista School on Kirk Ave. We will do goats in order. Others optional upon request. Art Cruz Deborah Hoag</p>	<p>Tuesday Trainer 25 mi, 6 M <i>Mt Hamilton/Lower, Quimby East, Mt Pleasant</i> 831-628-3666 267-3038 debefferts@sbcglobal.net</p>
<p>Mon, 6, 13, 20, 27 Apr 9:30 AM <i>Billy Goat</i> Ride goats in the Los Gatos & Saratoga hills. Back by 1:30 PM. Email leader for goat list. Meet at Los Gatos Coffee Roasting Co, Main @ University. Other paces welcome. Gary Robinson</p>	<p>Roaster 20-40 mi, 3-6 MB <i>Various</i> 656-2442 Gary_M_Robinson@Yahoo.com</p>	<p>Tue, 7, 14, 21, 28 Apr 6:00 PM <i>Other</i> This loop starts at Bailey Rd. and Santa Teresa and goes up Willow Springs or Llagas and comes back around the reservoirs. If you looking to improve your time trial ability, then this ride is for you. meet at Bailey and Santa Teresa Blvd. Paul Vlasveld</p>	<p>TT Training -- Bailey Time Trial Loop 15 mi, 2 MB 536-6419 pvlasveld@comcast.net</p>
<p>Mon, 6, 13, 20, 27 Apr 9:30 AM <i>Mountain Goat</i> We will do different mountain goats in the Bay Area each week. Call us to learn the starting location. If the first one you call does not respond, try another one of us. Bring plenty of food/water. No one left behind. Leo Hartung Bill Keckler John Nerness</p>	<p>Riding Bay Area Mountain Goats 15-25 mi, 5-6 LM <i>Various</i> 997-1979 280-5672 375-9310</p>	<p>Thu, 7 May 6:15 PM <i>Other</i> Special night ride - 6:15 PM start from Woodland Library, Los Altos via Foothill Expy to attend Stanford Aurora Forum's presentation: "A Passion for Nature" @ Kresge Auditorium. Return ~10:00 pm. Lights, reflectors, and, if rainy, fenders. RSVP ride leader before 5pm May 6th. Brian Chun</p>	<p>John Muir's Life 30 mi, 2 M</p>
<p>Mon, 6, 13, 20, 27 Apr 6:00 PM <i>Billy Goat</i> Meet at Argonaut Shopping Center on Sunnyvale-Saratoga road east side just south of Pierce in Saratoga. Park on the North end near Mountain Mike's Pizza. Warm up with some flat miles through the neighborhoods then pick up the pace to the M level (14-16 mph). Emphasis on developing M pace endurance by incorporating flat sections, rollers and hills in the area. Some lower-rated goats in the area may be included. Re-groups at the top of sustained climbs. Faster riders are welcome to go off the front. Ride rolls at 6:00 PM sharp. Wet Pavement cancels. Mark Pryor</p>	<p>Monday Argonaut Center 18~30 mi, 4-6 M <i>Various</i> 410-8109 mapryor@pacbell.net</p>	<p>Wed, 8, 22, 29 Apr 7:00 AM See Apr 1 for details <i>Billy Goat</i></p>	<p>Montebello Morning Mauler 20-35 mi, 4 M-B <i>Montebello (Mt Eden/Pierce)</i></p>
<p>Tue, 7 Apr 9:30 AM <i>Billy Goat</i> Start/finish in Wildwood Park on 4th St, one block west of Big Basin Way, Saratoga. Jerome Woehl</p>	<p>Our Favorite Kids 30 mi, 4-6 M, 4000 ft <i>Bohlman On Orbit, Peach Hill/Ojai, Overlook (Bohlman)</i> 230-0689 jeromewoehl@yahoo.com</p>	<p>Wed, 8, 22, 29 Apr 7:00 AM See Apr 1 for details <i>Billy Goat</i></p>	<p>Good Morning Montebello 12+ mi, 5 M <i>Montebello</i></p>
<p>Tue, 7 Apr 9:30 AM <i>Billy Goat</i> Meet near the Jack-In-The-Box at the SE corner of Cottle and Santa Teresa. We will climb these little goats before enjoying a much deserved coffee break. No one left behind. John Mazzella</p>	<p>Eastside Rollers 30+ mi, 5-6 LM+ <i>Chaboya, Quimby West</i></p>	<p>Wed, 8 Apr 9:30 AM <i>Billy Goat</i> From Milpitas we'll climb "the wall" (3 miles, 1400+ ft); descend into Sunol and on to Pleasanton; then climb back, total of 3200 ft of climbing. We'll have lunch in Pleasanton, so please bring money, fruit, snacks & plenty to drink. START: In the Mall parking lot across from the Great Mall VTA LIGHT RAIL/BUS Station, Great Mall Parkway & McCandless Drive/Great Mall Dr., Milpitas Jon Graff</p>	<p>972-1991 velofello@gmail.com</p>
<p>Tue, 7, 14, 21, 28 Apr 10:00 AM <i>Grizzly Bear</i> Meet at the Church, Hamilton and Leigh in San Jose. Bob Yeomans will be doing a picnic in the park three times a month with Karl Laucher doing a coffee ride once a month. This month's rides are: April 7 Japan Town (Karl's Coffee Ride) 22 Miles San Jose April 14 Lone Hill Park 18 Miles San Jose April 21 Central Park 22 Miles Santa Clara April 28 Wildwood Park 20 Miles Saratoga Bob Yeomans 374-5081 Karl Laucher 267-7117</p>	<p>Almaden Explorer 20-25 mi, 1-2 L-LM <i>Various</i></p>	<p>Wed, 8 Apr 9:30 AM <i>Billy Goat</i> PLEASE NOTE THE RIDE START TIME! Meet at the VTA Park and Ride/light rail station near the corner of Coleman and Winfield, behind the apartments. We'll head out to Sweet Tomatoes for lunch before heading back. Stephanie Metz</p>	<p>Team Hill Slug Calaveras Challenge and Pleasanton ~56 mi, 4 M <i>Calaveras x2</i> 262-9577 jon.graff@yahoo.com</p>
<p>Tue, 7 Apr 10:00 AM <i>Grizzly Bear</i> The first Tuesday means lunch at our local golf course (Coyote Creek). We will ride around Uvas Reservoir up to Bailey, over to the bike path and on to the golf course. Meet in Morgan Hill in the shopping center between TJ Maxx and McD's. Take Tennant Ave. exit off 101. Turn right to Monterey Rd, left at Monterey and take second right into the parking lot. Kris and Bob Thompson</p>	<p>Tuesday Twosday 30 mi, 2 LM <i>Lunch Ride</i> 779-2054 ksvt@me.com</p>	<p>Wed, 8, 15, 22, 29 Apr 10:15 AM See Apr 1 for details <i>Billy Goat</i></p>	<p>Hills R Us 35-70 mi, 3-6 M-MB <i>Various</i></p>
<p>Tue, 7 Apr 10:00 AM <i>Grizzly Bear</i> Meet at the VTA Park and Ride/light rail station near the corner of Coleman and Winfield, behind the apartments. We'll head up the path and loop through the neighborhoods on the way back, stopping for a snack on the way. Stephanie Metz</p>	<p>I'll Ride If I Want To! 16 mi, 1 G LM <i>Birthday Ride</i> 981-3780 sdmetz2002@yahoo.com</p>	<p>Wed, 8 Apr 4:00 PM <i>Grizzly Bear</i> Meet at the VTA Park and Ride/light rail station near the corner of Coleman and Winfield, behind the apartments. We'll head up the path and loop through the neighborhoods on the way back, stopping for a snack on the way. Stephanie Metz</p>	<p>Don't Pass me Over 12 mi, 1 G LM <i>Passover</i> 981-3780 sdmetz2002@yahoo.com</p>

Wed, 8, 22, 29 Apr 5:30 PM <i>Mountain Goat</i> After Work Dirty Ride. Meet in the school parking lot at Bernal Intermediate School, 6610 San Ignacio Ave. From the stop sign on Bernal Road next to the Santa Teresa Golf Course, head north on Heaton Moor. Continue thru three stop signs. The school will be on the right. Bring all necessary supplies. Richard Holtermann	A.W.D.R. 10+ mi, 5 LM <i>Santa Teresa Park Trails</i>	Sat, 11 Apr 5:30 AM <i>Billy Goat</i> Meet at Las Animas Park, Mantelli Drive and Church Street in Gilroy. We will be riding at 5:30 AM sharp in the dark so we can complete the 200 K route and still make it to the picnic with the rest of the riders from the shorter routes. Sunrise is at 6:40 AM. BRIGHT FRONT LIGHTS & REAR FLASHERS ARE REQUIRED. See the primary listing below for more information. There will be minimal support, no planned regroup, and no sweep. John Pugliese Doug Gillison	Tierra Bella Worker's Ride-Long Route 124-175 mi, 5 MB, 8000 ft <i>Thomas Grade, Henry Coe, Canada Loop (San Felipe)</i>
Wed, 8, 15, 22, 29 Apr 6:00 PM See Apr 1 for details Billy Goat	Wednesday Argonaut Center 18-30 mi, 3-6 M Various		627-9442 john@johnpugliese.com 891-5355 drgillison@comcast.net
Wed, 8, 15, 22, 29 Apr 6:00 PM See Apr 1 for details <i>Billy Goat</i>	Whine and Dine Mellow Ride 12-22 mi, 3-6 M <i>Various</i>	Sat, 11 Apr 7:00 AM <i>Billy Goat</i>	Tierra Bella Worker's Ride 60K-100K-100 mi, 1-5 L-MB <i>Thomas Grade, Henry Coe, Canada Loop</i> Meet in the south parking lot near the tennis courts at Gavilan College. These are self-paced rides to check out the TB routes. Please note any problems and notify Doug Gillison of them when you finish. There will be minimal support on the routes, so make sure you have everything you will need for the route you plan to do. There will be a barbecue at Las Animas Park in Gilroy when you finish your ride. Route sheets will be provided. Riders wishing to do the longer routes are welcome to start before 7:00 provided a route sheet is obtained and the sign up sheet is signed ahead of time. (See Long Route above) Doug Gillison
Wed, 8, 15, 22, 29 Apr 6:00 PM See Apr 1 for details <i>Billy Goat</i>	Whine and Dine Quick Spinner 15-25 mi, 3-6 M-MB <i>Various</i>		891-5355 drgillison@comcast.net
Wed, 8, 15, 22, 29 Apr 6:00 PM See Apr 1 for details <i>Mountain Goat</i>	Whine and Dine MTB Ride 8-15 mi, 5 LM <i>Various</i>	Sat, 11 Apr 10:00 AM <i>Billy Goat</i>	Giro d'Bici Bike Ride 35-40-45 mi, 3 LM-MB <i>Bailey/Buffalo Hill</i> Classic reservoir loop and a coffee stop in Morgan Hill. Shorter option on Oak Glen cuts off 5 miles. Longer option returns on Coyote Bike Path and adds 5 miles. Ride at your own pace, directions provided. Meet at Bici Bike Shop, Cottle and Rochester Roads, San Jose. Bill Reisinger Dick Caron
Thu, 9, 16, 23, 30 Apr 10:00 AM See Apr 2 for details <i>Grizzly Bear</i>	Evergreen Explorer 20 mi, 3 LM <i>Evergreen Maze</i>		238-0399 978-8177
Thu, 9 Apr 10:00 AM <i>Billy Goat</i> Park at the left side of Alum Rock Ave as you go up, just before the start of Mt Hamilton Rd. We'll ride up to Grant Ranch, regroup at the parking lot inside, and then ascend Quimby East. Bring water for the climb and something to eat at the ranch. Marcia Wire	Tortoises Climbing Hills 20 mi, 5 LM <i>Mt Hamilton/Lower, Quimby East</i>	Sat, 11 Apr 10:00 AM <i>Grizzly Bear</i>	Mission Coffee 20 mi, 2 LM <i>Mission San Jose</i> Meet at Jack-in-the-Box at Landess and Morril. We'll take a fairly flat route to the coffee shop. It's a little hillier on the return. Larry Brandt
Thu, 9 Apr 9:30 AM <i>Billy Goat</i>	Our Favorite Kids 20-65 mi, 4-5 M, 2000-5200 ft		238-1649
Thu, 9, 16, 23, 30 Apr 10:00 AM See Apr 2 for details <i>Grizzly Bear</i>	Thursday Trek 12-25 mi, 1-2 G LM <i>Various</i>	Sat, 11 Apr 12:01 PM <i>Mountain Goat</i>	JAMBA Ride on a Saturday 12-15 mi, 4 LM <i>Various</i> JUST ANOTHER MOUNTAIN BIKE ADVENTURE Ride. We will ride various selected dirt trails depending on rider input. The start location will be posted a day or 2 before or you may email me for the starting location. Bring all necessary supplies. Maggie Speers
Thu, 9, 16, 23, 30 Apr 5:00 PM See Apr 2 for details <i>Billy Goat</i>	Metcalfe Mauler 26 mi, 5 MB, 2200 ft <i>Metcalfe</i>	Sun, 12 Apr 9:00 AM <i>Grizzly Bear</i>	Hopping Down the Bunny Trail 12 mi, 1 G L-LM <i>Easter</i> Meet at the VTA Park and Ride/light rail station near the corner of Coleman and Winfield, behind the apartments. We'll head down the trail and loop back through the neighborhoods on the way back. We'll try and find some place to stop for a snack, but bring your own snack just in case. The bathrooms will probably be closed at the park, so plan accordingly. Paul or Stephanie Metz
Fri, 10 Apr 9:30 AM <i>Grizzly Bear</i> Meet at the restroom at Almaden Lake Park (on the east side of the park) off Winfield. We will ride to Campbell for coffee via Los Gatos, Saratoga, and Monte Sereno, approaching Campbell from the west. We will return via the Los Gatos Creek trail. This is a social ride with nobody left behind. Bob Head	TGIF 32 mi, 2 LM <i>Coffee Roasting</i>		362-0702 paulmetz@comcast.net
Fri, 10 Apr 9:30 AM <i>Grizzly Bear</i> Meet in Congress Springs Park in Saratoga on Glen Brae near Cox. I found a new delicious German bakery in Mt. View Linda Liebermann	Esthers German Bakery 30 mi, 2 LM <i>Coffee Roasting</i>	Sun, 12 Apr 9:00 AM <i>Grizzly Bear</i>	Tour de Dumbarton Bridge (Counter-clockwise) ~60 mi, 1-2 G M <i>5 or more Cities</i> Bike through 10 cities! We start with rollers on Piedmont Road/North Park Victoria and climb the Dumbarton Bridge. Break at the Don Edwards National Wildlife Center (~25 miles - bring snacks). We'll buy lunch in Mountain View (~35 miles). START: In the Mall parking lot across from the Great Mall VTA LIGHT RAIL/ BUS Station, Great Mall Parkway & McCandless Drive/Great Mall Dr., Milpitas. Jon Graff
	826-2546 578-5731 x223		262-9577 jon.graff@yahoo.com

Sun, 12 Apr
9:00 AM
Mountain Goat
 The 13th Annual Pilgrimage to Sedona, Arizona will take place this week. Rides will start each morning between 9:00 & 9:30 depending on when everyone gets finished scratching. We will ride the various trails around the red rocks of the Sedona Area. Such incredible trails as: Thunder Mountain, Huckabee, Schney Hill, Munds Wagon, Jim Thompson, Secret, Soldier Pass, Chicken Point, Submarine Rock, Broken Arrow, Mystic, Llama, Bell Rock, Cathedral/Templeton, Courthouse, Lost Watch, Deadman's Pass, Dawa, Postal, and many more..... Give me a call at 408-826-2546 for the ride start or trailhead for each day.
 Richard Holtermann 826-2546

Tue, 14 Apr
10:00 AM
Billy Goat
 The rolling hills of Hollister are beautiful in the spring. Meet in front of KMart, corner of Nash and Ladd Lane in Hollister. Bring \$ for lunch at the end.
 Kris and Bob Thompson 779-2054 ksvt@me.com

Tue, 14, 21, 28 Apr
5:30 PM See Apr 7 for details
Billy Goat **Tuesday Trainer**
25 mi, 6 M
Mt Hamilton/Lower, Quimby East, Mt Pleasant

Tue, 14, 21, 28 Apr
6:00 PM See Apr 7 for details
Other **TT Training -- Bailey Time Trial Loop**
15 mi, 2 MB

THIRD WEEK

Mon, 13, 20, 27 Apr
9:00 AM See Apr 6 for details
Billy Goat **Coffee Speed Training**
35 mi, 3 M-S
Bailey/Bufalo Hill

Mon, 13 Apr
9:00 AM
Mountain Goat
 See Day 1 for details and info.
 Richard Holtermann 826-2546

Mon, 13, 20, 27 Apr
9:30 AM See Apr 6 for details
Grizzly Bear **Monday Morning Mocha Mooch**
25 mi, 1 L-M
Coffee Roasting

Mon, 13 Apr
9:30 AM
Grizzly Bear **Crankin' for Caffeine**
22 mi, 2 LM
Los Alamitos Creek Trail
 Meet at the Restrooms on the East side of Almaden Lake Park near Coleman and Winfield. Park in the VTA Parking Lot across Coleman to save a parking fee. Residential streets and country roads for most of the ride with a coffee stop on the way back for some socializing.
 Pat Grilione 265-0698

Mon, 13, 20, 27 Apr
9:30 AM See Apr 6 for details
Billy Goat **Roaster**
20-40 mi, 3-6 MB
Various

Mon, 13, 20, 27 Apr
9:30 AM See Apr 6 for details
Mountain Goat **Riding Bay Area Mountain Goats**
15-25 mi, 5-6 LM
Various

Mon, 13, 20, 27 Apr
6:00 PM See Apr 6 for details
Billy Goat **Monday Argonaut Center**
18-30 mi, 4-6 M
Various

Tue, 14 Apr
9:00 AM
Mountain Goat
 See Day 1 for details and info.
 Richard Holtermann 826-2546

Tue, 14 Apr
9:30 AM
Billy Goat **Our Favorite Kids**
40-53 mi, 4-6 M, 5000-5900 ft
Alba, Smith Grade, Bonny Doon (Swanton)
 The "Dream Ride", featured in the 12/08 "Bicycling" magazine. Start/finish in Felton, lunch in Davenport. Driving directions: from Los Gatos take Hwy 17 south; exit at Mt. Herman Rd in Scotts Valley; right on Mt. Herman Rd towards Felton; left into the Safeway shopping center, just before Graham Hill Rd; park near Graham Hill, furthest away from Safeway.
 Jerome Woehl 230-0689 jeremewoehl@yahoo.com

Tue, 14, 21, 28 Apr
10:00 AM See Apr 7 for details
Grizzly Bear **Almaden Explorer**
20-25 mi, 1-2 L-LM
Various

Wed, 15 Apr
9:00 AM
Mountain Goat
 See Day 1 for details and info.
 Richard Holtermann 826-2546

Wed, 15 Apr
9:30 AM
Billy Goat **Irish and Mexican Sweetened Coffee**
30+ mi, 3-6 LM+
Shannon/Kennedy, Aztec Ridge, Blackberry Hill
 Meet near the Jack-In-The-Box at the SE corner of Cottle and Santa Teresa. We will climb most of these goats before enjoying a much deserved coffee break. No one left behind.
 John Mazzella 972-1991 velofello@gmail.com

Wed, 15 Apr
10:00 AM
Billy Goat **Tour de Francks -- Mt. Hamilton Lower**
19 mi, 5 G LM, 1750 ft
Mt Hamilton/Lower
 Celebrate tax day by rising above it all on the way to Grant Ranch Park. Meet at Mt. Hamilton Rd. and Alum Rock Ave. Additional ride info <http://tinyurl.com/2kwawo>
 Scott Francks 722-0106 tourdefrancks@mac.com
 Susan Francks 892-3423

Wed, 15, 22, 29 Apr
10:15 AM See Apr 1 for details
Billy Goat **Hills R Us**
35-70 mi, 3-6 M-MB
Various

Wed, 15, 22, 29 Apr
6:00 PM See Apr 1 for details
Billy Goat **Wednesday Argonaut Center**
18-30 mi, 3-6 M
Various

Wed, 15, 22, 29 Apr
6:00 PM See Apr 1 for details
Billy Goat **Whine and Dine Mellow Ride**
12-22 mi, 3-6 M
Various

Wed, 15, 22, 29 Apr
6:00 PM See Apr 1 for details
Billy Goat **Whine and Dine Quick Spinner**
15-25 mi, 3-6 M-MB
Various

Wed, 15, 22, 29 Apr
6:00 PM See Apr 1 for details
Mountain Goat **Whine and Dine MTB Ride**
8-15 mi, 5 LM
Various

Thu, 16 Apr
9:00 AM
Mountain Goat **Sedona Pilgrimage - Day 5 of 6**
15+ mi, 4-5 G LM
Various
 See Day 1 for details and info.
 Richard Holtermann 826-2546

Thu, 16 Apr
9:30 AM
Billy Goat **Our Favorite Kids**
60 mi, 3-5 M, 5000 ft
San Benancio Canyon, Laureles Grade, Robinson Canyon, Aguajito

The annual week-end Sea Otter Classic bike races and expo begins today - this ride previews the area. Driving directions: take Hwy 101 south towards

Salinas, exit on Hwy 68 (Main St); stay on Hwy 68 (Monterey Rd) towards Monterey; left on Laureles Grade; make a quick left into the Park-n-Ride lot next to the fire station (no public restroom facilities).
Jerome Woehl 230-0689 jeromewoehl@yahoo.com

Thu, 16 Apr 9:30 AM **Slo Mo to the Sea Otter Classic**
Mountain Goat Fort Ord Park Trails
We'll be riding the Fort Ord trails to the Sea Otter Classic at Laguna Seca. Choice of technical or non-technical routes. Bring lock, \$ for entry, food and cycling related bargains. Meet on the Salinas side, the trailhead at Creekside Terrace near Highway 68 and Reservation Rd. Bob will be hiking if you would like to join him.
Kris Thompson 779-2054 ksvt@me.com

Thu, 16, 23, 30 Apr 10:00 AM **Evergreen Explorer**
Grizzly Bear Evergreen Maze
See Apr 2 for details
20 mi, 3 LM

Thu, 16, 23, 30 Apr 10:00 AM **Thursday Trek**
Grizzly Bear Various
See Apr 2 for details
12-25 mi, 1-2 G LM

Thu, 16 Apr 10:00 AM **Tortoises Climbing Hills**
Billy Goat Soquel-San Jose
Here's a nice downhill cruise from the small parking area at the top of the goat, on Summit Road just past the Summit Store. We'll ride to Capitola for a stop at Gayle's Bakery, then have a leisurely return.
Marcia Wire 395-0386

Thu, 16, 23, 30 Apr 5:00 PM **Metcalfe Mauler**
Billy Goat Metcalfe
See Apr 2 for details
26 mi, 5 MB, 2200 ft

Fri, 17 Apr 9:00 AM **Sedona Pilgrimage - Day 6 of 6**
Mountain Goat Various
See Day 1 for details and info.
Richard Holtermann 826-2546

Fri, 17 Apr 9:30 AM **TGIF**
Grizzly Bear Reservoirs
46 mi, 2 LM-M
Start at Almaden Lake Park by the restrooms. We will take the bike trail and McKean/Uvas to Watsonville Road. With a stop in Morgan Hill for Lunch we will return via Santa Theresa or Coyote Creek Trail depending upon the wind conditions. A return on the bike trail adds about 5 miles.
Leo Hartung 997-1979 leohartung@sbcglobal.net

Fri, 17, 24 Apr 8:30 AM **Roaster Refill**
Billy Goat Various
See Apr 3 for details
40-70 mi, 3-6 MB

Sat, 18 Apr **Tierra Bella Bicycle Tour**
No rides posted on this date as all members are encouraged to participate as a volunteer on this key fundraiser for ACTC.

Sun, 19 Apr 8:00 AM **Wandering the Berkeley Hills**
Billy Goat Redwood, Pinehurst (3 Bears Loop, Palomares x2)
There are several options for this loop and two possible starting points & times. The 8:00 start is from Sunol Elementary School. For a shorter option we will meet up with 9:30 start riders at Castro Valley High School athletic parking on Redwood Road (between Mabel and Wilson).
Patrice Carney 996-0522 623-9593 patricelcarney@gmail.com

Sun, 19 Apr 9:00 AM **Tortoises Riding Longer**
Grizzly Bear Sawyer Camp Trail
This will be a good long but essentially flat ride to stretch our legs after helping with yesterday's Tierra Bella. Starting from Congress Springs Park on Glen Brae (off Cox between Hwy 9 and Saratoga Ave) in Saratoga, we'll ride up the Peninsula to Crystal Springs Reservoir. Next Sunday is Chauncey's Century, for which we have been preparing. Bring lunch to eat at the trail, and come join us! Note earlier start time today.
Marcia Wire 395-0386

Sun, 19 Apr 10:00 AM **Long Mo in Coe**
Mountain Goat Various
Ride deep into spring time scenic and remote Henry Coe State Park to see Pacheco Falls. We will see Kelly and Coit lakes along the way on this mostly fire roads ride. Although this is not a highly technical MTB ride, it is a long haul with lots of climbing (approx 4K' total). Pack a good lunch, plenty of water and come enjoy the green grass, spring flowers, wild life and the Pacheco Falls. Let's Ride! Meet at: Henry Coe State Park Hunting Hollow Parking lot. Parking fee \$4.00, Bring exact change for the Iron Range. <http://www.coepark.org/directionsse.html>
Ed Ferri 842-7384

Sun, 19 Apr 2:00 PM **Sunday in the Park with Chuck and Megan**
Mountain Goat Nisene Marks Park Trails
Come join us for a mellow ride up the Aptos Creek Fire Road to the look out point and back. Meet at the south end on Aptos Creek Road, just north of Hwy 1 in Aptos. Bring food and water, and in case of rain, bring Gore-Tex and fenders!
Chuck Schultz 858-5601 schultzcw@sbcglobal.net
Megan Nguyen 650-464-8737 m.nguyen001@gmail.com

FOURTH WEEK

Mon, 20, 27 Apr 9:00 AM **Coffee Speed Training**
Billy Goat Bailey/Bufalo Hill
See Apr 6 for details
35 mi, 3 M-S

Mon, 20, 27 Apr 9:30 AM **Monday Morning Mocha Mooch**
Grizzly Bear Coffee Roasting
See Apr 6 for details
25 mi, 1 L-M

Mon, 20 Apr 9:30 AM **Crankin' for Caffeine**
Grizzly Bear Alum Rock Park
Meet at the Restrooms on the East side of Almaden Lake Park near Coleman and Winfield. Park in the VTA Parking Lot across Coleman to save a parking fee. We'll take the most direct way to The Coffee Cup near Alum Rock Park.
Tom Green 997-1939 tomgreen997@yahoo.com
Leo Hartung 997-1979 leohartung@sbcglobal.net
Bob Head 927-5205 bnbhead@comcast.net

Mon, 20, 27 Apr 9:30 AM **Roaster**
Billy Goat Various
See Apr 6 for details
20-40 mi, 3-6 MB

Mon, 20 Apr 9:30 AM **Los Altos for Coffee**
Grizzly Bear Coffee Roasting
Meet in Congress Springs Park in Saratoga on Glen Brae near Cox.
Linda Liebermann 374-1257 zobie62@mac.com

Mon, 20, 27 Apr 9:30 AM **Riding Bay Area Mountain Goats**
Mountain Goat Various
See Apr 6 for details
15-25 mi, 5-6 LM

Mon, 20 Apr 10:00 AM <i>Grizzly Bear</i> For those of you who like the Alum Rock Crankin' for Caffeine ride above, but want a shorter, slightly slower ride, this is it. Meet at the Evergreen Community Center on San Felipe just South of Yerba Buena. We will try to meet other Crankin' for Caffeine riders at The Coffee Cup on McKee Rd before going on to Alum Pock Park. Frank La Fetra	Crankin' for Caffeine II 21 mi, 3 L-LM <i>Alum Rock Park</i>	Wed, 22 Apr 9:30 AM <i>Grizzly Bear</i> Bike through 10 cities! We see Alviso and the Sunnyvale Baylands and the western cities before climbing the Dumbarton Bridge. There is a snack break in a park in Palo Alto, so bring food. We'll buy lunch in or near the Pacific Commons in Fremont (~36 miles). START: In the Mall parking lot across from the Great Mall VTA LIGHT RAIL/ BUS Station, Great Mall Parkway & McCandless Drive/Great Mall Dr., Milpitas. Jon Graff	Tour de Dumbarton Bridge (Clockwise) ~60 mi, 1-2 G M <i>Sunnyvale Baylands</i>
Mon, 20, 27 Apr 6:00 PM See Apr 6 for details <i>Billy Goat</i>	Monday Argonaut Center 18~30 mi, 4-6 M <i>Various</i>	Wed, 22 Apr 10:00 AM <i>Grizzly Bear</i> Meet near the Jack-In-The-Box at the SE corner of Cottle and Santa Teresa. We will head to east SJ for fantastic tortas and/or pastry at The Mexico Bakery. John Mazzella	John's Journeys for Delightful Delectibles 30 mi, 2 G LM <i>Lunch Ride</i>
Tue, 21 Apr 9:30 AM <i>Billy Goat</i> Woodside to the sea. Lunch in Pescadero. Try any option for your return ride. As usual, call for car pools; ride length and goat options are available; wet weather may cause ride e-rescheduling. Driving directions to start/finish: From SJ take Hwy 280 north; exit at Woodside Rd; left onto Woodside Rd; left on Whiskey Hill Rd; immediate right into parking lot behind the bank. Jerome Woehl	Our Favorite Kids 15-62 mi, 3-5 M, 1500-5600 ft <i>Old La Honda East, Stage, Pescadero (Alpine West, Hwy 84 West, Old La Honda West)</i>	Wed, 22, 29 Apr 10:15 AM See Apr 1 for details <i>Billy Goat</i>	Hills R Us 35-70 mi, 3-6 M-MB <i>Various</i>
Tue, 21, 28 Apr 10:00 AM See Apr 7 for details <i>Grizzly Bear</i>	Almaden Explorer 20-25 mi, 1-2 L-LM <i>Various</i>	Wed, 22 Apr 11:00 AM <i>Grizzly Bear</i> PLEASE NOTE THE RIDE START TIME! Meet at the VTA Park and Ride/light rail station near the corner of Coleman and Winfield, behind the apartments. We'll head up the path and loop back through the neighborhoods, stopping for food along the way. Stephanie Metz	For Our Mother 12 mi, 1 G LM <i>Earth Day</i>
Tue, 21 Apr 10:00 AM <i>Grizzly Bear</i> We'll cycle out to Redwood Retreat Rd. in Gilroy before doing the reservoir loop. Bring \$ for lunch at Erik's Deli. Take Tennant exit off 101. Turn right to Monterey Rd. left on Monterey and second right into parking lot between TJ Maxx and McD's. Kris and Bob Thompson	South County Old Goats 35 mi, 2 LM <i>Reservoirs</i>	Wed, 22, 29 Apr 5:30 PM See Apr 8 for details <i>Mountain Goat</i>	A.W.D.R. 10+ mi, 5 LM <i>Santa Teresa Park Trails</i>
Tue, 21, 28 Apr 5:30 PM See Apr 7 for details <i>Billy Goat</i>	Tuesday Trainer 25 mi, 6 M <i>Mt Hamilton/Lower, Quimby East, Mt Pleasant</i>	Wed, 22, 29 Apr 6:00 PM See Apr 1 for details <i>Billy Goat</i>	Wednesday Argonaut Center 18-30 mi, 3-6 M <i>Various</i>
Tue, 21, 28 Apr 6:00 PM See Apr 7 for details <i>Other</i>	TT Training -- Bailey Time Trial Loop 15 mi, 2 MB	Wed, 22, 29 Apr 6:00 PM See Apr 1 for details <i>Billy Goat</i>	Whine and Dine Mellow Ride 12-22 mi, 3-6 M <i>Various</i>
Wed, 22, 29 Apr 7:00 AM See Apr 1 for details <i>Billy Goat</i>	Montebello Morning Mauler 20-35 mi, 4 M-B <i>Montebello (Mt Eden/Pierce)</i>	Wed, 22, 29 Apr 6:00 PM See Apr 1 for details <i>Mountain Goat</i>	Whine and Dine Quick Spinner 15-25 mi, 3-6 M-MB <i>Various</i>
Wed, 22, 29 Apr 7:00 AM See Apr 1 for details <i>Billy Goat</i>	Good Morning Montebello 12+ mi, 5 M <i>Montebello</i>	Thu, 23 Apr 9:30 AM <i>Billy Goat</i> Start/finish at McKenzie Park, off Foothill Expy near Springer. Driving directions from San Jose: US 280 north; exit Magdalena Ave., south; cross Foothill Expy; imm-right on Fremont Ave; left into parking lot. Jerome Woehl	Whine and Dine MTB Ride 8-15 mi, 5 LM <i>Various</i>
			Our Favorite Kids 23-48 mi, 5 M, 5500 ft <i>Page Mill, Portola State Park, Alpine West (Moody)</i>

How to Submit Articles to the B&BB

By: NAOMI BLOOM, COPY EDITOR

If you want something to appear in the Black & Blue Bottom, you need to submit it 1) before the deadline, and 2) to the proper email address, with a helpful subject line.

Send your submissions to publisher@actc.org by the Sunday before the General Meeting.

Thanks for your help!

Thu, 23, 30 Apr
10:00 AM See Apr 2 for details
Grizzly Bear

Evergreen Explorer
20 mi, 3 LM
Evergreen Maze

Thu, 23, 30 Apr
10:00 AM See Apr 2 for details
Grizzly Bear

Thursday Trek
12-25 mi, 1-2 G LM
Various

Thu, 23 Apr
10:00 AM
Billy Goat

Tortoises Climbing Hills
27 mi, 4 LM
Old Santa Cruz Hwy, Wrights Station, Stetson/Skyland
Meet at the parking lot just above Lexington School. From southbound

Hwy 17 near Lexington reservoir, exit at Bear Creek Rd, cross back over the freeway and turn right, then continue a mile or two to the school. We can get refreshments afterwards at the Summit Store. Phone me before Wednesday evening if you have any questions.
 Marcia Wire 395-0386

Thu, 23, 30 Apr
5:00 PM See Apr 2 for details
Billy Goat

Metcalf Mauler
26 mi, 5 MB, 2200 ft
Metcalf

Fri, 24 Apr
9:30 AM
Grizzly Bear

TGIF East Side Jaunt
34 mi, 1 LM
Coffee Roasting

Start at Almaden Lake Park. Take various back roads to McKee and Toyon for coffee break (we will not go into Alum Rock Park) and return via a slightly different route.
 Bill Gallagher 997-0218 wtg1940@sbcglobal.net

Fri, 24 Apr
8:30 AM See Apr 3 for details
Billy Goat

Roaster Refill
40-70 mi, 3-6 MB
Various

Fri, 24 Apr
9:30 AM
Grizzly Bear

Arroyo Seco Lupine Loop - Day 1 of 3
55 mi, 4 LM-M
Camping

Make sure you get your reservation in for this beautiful ride which starts in Salinas and goes down through the back country to Arroyo Seco State Park, and returns through Carmel Valley. A mere \$45 (two nights) or \$25 (one night) per person covers food and camping. Bring quarters for the shower, or find someone to share with! Call Doug for reservations, start location and further details. Ride # SAL003
 Doug Gillison 891-5355 drgillison@comcast.net

Sat, 25 Apr
9:00 AM
Grizzly Bear

Arroyo Seco Day Tripping - Day 2 of 3
55 mi, 4 LM-M
Camping

Enjoy a day of cycling, relaxing, swimming, or exploring Indian Rd. by foot or sturdy bike.
 Doug Gillison 891-5355 drgillison@comcast.net

Sat, 25 Apr
10:00 AM
Mountain Goat

C.B.W. - Day 1 of 2
15+ mi, 4-5 G LM
Various

This is the annual Coe Backcountry Weekend. We will ride the trails located in the southeast section of Henry Coe Park entering at Bell Station off Hwy 152 and drive north 12 miles on the Kaiser Aetna dirt road to the Orestimba Corral. Both days rides will meet and start from the Orestimba Corral Area. Bring all necessary supplies including camping gear and food. Call for more details. A park pass is required.
 Richard Holtermann 826-2546

Sat, 25 Apr
10:30 AM
Grizzly Bear

Lunch with Marie
22 mi, 1 LM
Lunch Ride

To get to the start at Metcalf Park, take Monterey Highway south from Bernal Rd. to Menard. Go left to dead end. Go right 2 blocks to the park. Bike down Coyote Creek Trail to lunch at Marie Callender's in Morgan Hill. Same way back. Stop to watch model aircraft.
 Larry Brandt 238-1649

Sun, 26 Apr
7:00 AM
Grizzly Bear

Chauncey's Century II
100 mi, 1-2 G LM
5 or more Cities

PRE-REGISTRATION IS REQUIRED. Meet in Gilroy (location provided upon registration) for this flat, 100-mile ride up to Los Altos & back. It makes for a great first century. We will have SAG support as well as a sweep and ask that riders donate \$10-\$20, according to their means, to cover the cost of gas, lunch & snacks. Riding time is estimated to be 7 1/2 hours not including stops. To register, contact Mary Neinast by email, NO SOONER THAN APRIL 4TH, 2009. Registration cut-off is APRIL 19TH, 2009. More ride info at: <http://tinyurl.com/37zkd>
 Mary Neinast 569-0541 mneinast@aol.com

Susan Francks

892-3423 slfrancks@earthlink.net

Sun, 26 Apr
9:30 AM

Billy Goat

This is the return ride from Arroyo Seco back to Salinas. Ride # SAL004
 Doug Gillison

Arroyo Seco Lupine Loop - Day 3 of 3
55 mi, 4 LM-M

Carmel Valley, Laureles Grade (Cachagua Loop)

891-5355 drgillison@comcast.net

Sun, 26 Apr
10:00 AM

Grizzly Bear

Meet at the Tamien Light Rail Station at 10:00 am to volunteer. Bring work gloves and wear your grubbies. We will pick-up trash, sweep, paint over graffiti and spread mulch for our landscape project on the Highway 87 bikeway between Willow and Curtner. Then we'll ride to lunch and back. Please contact Deb Wade in advance to sign-up. Volunteer forms are available online at www.sjadoptapark.org.

Deb Wade
 Deborah Hoag

Bike Path Clean-up and Ride
10 mi, 1 G LM

Hwy 87 Bike Path Clean-up

993-1004 debwade66@gmail.com
 267-3038 deblefters@sbcglobal.net

Sun, 26 Apr
10:00 AM

Mountain Goat

See Day 1 details for more information.
 Richard Holtermann

C.B.W. - Day 2 of 2
15+ mi, 4-5 G LM

Various

826-2546

Sun, 26 Apr
1:30 PM

Grizzly Bear

Where will Ralph choose to aim this group? A bike path? A historical site? Only you can influence his choice. This (4th Sunday of every month) 15 mile ride is for new riders and old friends who like to chat. Meet at Hamilton and Leigh in the Congregational Church Parking lot.
 Ralph Coole 264-4937

Four Corners Ride
15 mi, 1 L

Four Corners Ride

FIFTH WEEK

Mon, 27 Apr

9:00 AM See Apr 6 for details
Billy Goat

Coffee Speed Training

35 mi, 3 M-S
Bailey/Buffalo Hill

Mon, 27 Apr

9:30 AM See Apr 6 for details
Grizzly Bear

Monday Morning Mocha Mooch

25 mi, 1 L-M
Coffee Roasting

Mon, 27 Apr

9:30 AM
Grizzly Bear

Meet at the Restrooms on the East side of Almaden Lake Park near Coleman and Winfield. Park in the VTA Parking Lot across Coleman to save a parking fee. We will do a leisurely ride out to Los Gatos, down the Los Gatos Creek Trail to Campbell for coffee, then a flat ride home.
 John Mazzella 972-1991

Crankin' for Caffeine

26 mi, 1 LM
Vasona Park

Mon, 27 Apr

9:30 AM See Apr 6 for details
Billy Goat

Roaster

20-40 mi, 3-6 MB
Various

Mon, 27 Apr

9:30 AM See Apr 6 for details
Mountain Goat

Riding Bay Area Mountain Goats

15-25 mi, 5-6 LM
Various

Mon, 13, 20, 27 Apr
6:00 PM See Apr 6 for details
Billy Goat

Monday Argonaut Center
18-30 mi, 4-6 M
Various

Tue, 28 Apr
9:30 AM

Billy Goat

One of the ride leader's less favorite rides ... so he'll do the goats three times today??? Check it out today and compare opinions. Start/finish at the west entrance to the Seramonte shopping center. Drive there via Hw 280; take the Hickey Bl exit; west to a right on Callan; go about 3/4 mile to the Center's entrance, on your right.
Jerome Woehl 230-0689 jeromewoehl@yahoo.com

Our Favorite Kids

18-40 mi, 3-5 M, 1900-5600 ft

Manor Drive, San Bruno Mountain

corner of the Golden Gate Bridge. Driving directions: take Hwy 101 north to GG Bridge; just before the bridge toll booths, exit rt, into the tourist parking area; It onto Lincoln Blvd; It into the dirt parking area near the bike trail.
Jerome Woehl 230-0689 jeromewoehl@yahoo.com

Thu, 30 Apr

10:00 AM See Apr 2 for details
Grizzly Bear

Evergreen Explorer

20 mi, 3 LM
Evergreen Maze

Tue, 21, 28 Apr

10:00 AM See Apr 7 for details
Grizzly Bear

Almaden Explorer

20-25 mi, 1-2 L-LM
Various

Thu, 30 Apr

10:00 AM See Apr 2 for details
Grizzly Bear

Thursday Trek

12-25 mi, 1-2 G LM
Various

Tue, 28 Apr

10:00 AM

Billy Goat

Garlic fries in Gilroy in the middle of this ride; after the climb! Meet in Morgan Hill. Take Tennant exit off 101, right to Monterey Rd, left at Monterey then 2nd right into parking lot; between TJ Maxx and McD's
Kris and Bob Thompson 779-2054 ksvt@me.com

South County Old Goats

30+ mi, 4 LM

Canada Loop

Thu, 30 Apr

5:00 PM See Apr 2 for details
Billy Goat

Metcalf Mauler

26 mi, 5 MB, 2200 ft
Metcalf

Tue, 28 Apr

5:30 PM See Apr 7 for details
Billy Goat

Tuesday Trainer

25 mi, 6 M

Mt Hamilton/Lower, Quimby East, Mt Pleasant

Tue, 28 Apr

6:00 PM See Apr 7 for details
Other

TT Training -- Bailey Time Trial Loop

15 mi, 2 MB

Wed, 29 Apr

7:00 AM See Apr 1 for details
Billy Goat

Montebello Morning Mauler

20-35 mi, 4 M-B

Montebello (Mt Eden/Pierce)

Wed, 29 Apr

7:00 AM See Apr 1 for details
Billy Goat

Good Morning Montebello

12+ mi, 5 M

Montebello

Wed, 29 Apr

10:15 AM See Apr 1 for details
Billy Goat

Hills R Us

35-70 mi, 3-6 M-MB

Various

Wed, 29 Apr

5:30 PM See Apr 8 for details
Mountain Goat

A.W.D.R.

10+ mi, 5 LM

Santa Teresa Park Trails

Wed, 29 Apr

6:00 PM See Apr 1 for details
Billy Goat

Wednesday Argonaut Center

18-30 mi, 3-6 M

Various

Wed, 29 Apr

6:00 PM See Apr 1 for details
Billy Goat

Whine and Dine Mellow Ride

12-22 mi, 3-6 M

Various

Wed, 29 Apr

6:00 PM See Apr 1 for details
Billy Goat

Whine and Dine Quick Spinner

15-25 mi, 3-6 M-MB

Various

Wed, 29 Apr

6:00 PM See Apr 1 for details
Mountain Goat

Whine and Dine MTB Ride

8-15 mi, 5 LM

Various

Thu, 30 Apr

9:30 AM

Billy Goat

Ride across the spectacular Golden Gate, then climb Conzelman for a morning sun/fog photo op of the Golden Gate. On to a climb of Mt Tam, After lunch at the Sausalito Bakery, ride back up Conzelman for an afternoon sun GG photo op. Start/finish near the tourist center at the S/E

Our Favorite Kids

32-55 mi, 4-5 M, 3500-6500 ft

Mt Tamalpais, Conzelman

Ride Leaders

Don Axtell
Karen Bishop
Ted Bonetti
Larry Brandt
Patrice Carney
Dick Caron
Brian Chun
Ralph Coole
Art Cruz
Ed Ferri
Scott Francks
Susan Francks
Tyler French
Bill Gallagher
Doug Gillison
Jon Graff
Tom Green
Pat Grilione
Steve Gruber
Leo Hartung
Bob Head
David Hoag
Deborah Hoag
Richard Holtermann
Jon Kaplan
Bill Keckler
Michael Khaw
Dennis King
Frank La Fetra

Karl Laucher
Andy Leach
Linda Liebermann
John Mazzella
Stephanie Metz
Paul Metz
Howard Morris
Joni Morris
Mary Neinast
John Nerness
Megan Nguyen
Mark Pryor
John Pugliese
Bill Reisinger
Gary Robinson
Tom Sawyer
Chuck Schultz
Bob Sklyes
Steve Sloan
Maggie Speers
Bob Stevens
Bob Thompson
Kris Thompson
Paul Vlasveld
Deb Wade
Marcia Wire
Jerome Woehl
Bob Yeomans

Connie and Eric Jorgenson hosted a terrific Tour of California party!



Photos By:
Jim Chaskin



Other Events

By: NAOMI BLOOM

"Other Events" is a list of centuries, charity rides and sometimes doubles put on by organizations other than ACTC in Central and Northern California, up to three months in advance as space allows. If you know of a ride you think should appear in this list, please contact naomibloom@earthlink.net.

Saturday, April 4

Pleasanton

925-209-1369

Cinderella Classic & Challenge

65 & 95 mi

www.valleyspokesmen.org/cinderella_classic.php

Saturday, April 4

Ione

BHpardeechair@bikehikers.com

PPC_Info.html

Party Pardee

26 & 65 mi

www.bikehikers.com/PPC09/

Thursday-Sunday, April 16-19

Laguna Seca

800-218-8411

www.seaotterclassic.com/

Sea Otter Classic

Various events

info@seaotterclassic.com

Sunday, April 19

Union City

562-690-9693

fremontfreewheelers.org/primavera.html

Primavera Century

70 & 100 km; 25 & 100 mi

bikeice@aol.com

Saturday, April 25

Creston

805-543-5973

www.slobc.org/Wildflower.html

SLO Wildflower

50, 75 & 100 mi

info@slobc.org

Sunday, April 26

Walnut Creek

925-938-7800

www.ccjcc.org/articlenav.php?id=161

Diablo Century

100 km & 100 mi

diablocentury@ccjcc.org

Sunday, April 26

Chico

800-482-2453

org

www.chicovelo.org/wildflower.html

Chico Wildflower

30, 60, 65 & 100 mi

velo@chicovelo.com

Sunday, April 26

Cupertino

\$2.00 admission

408 255-2217/ sprocket@cupertinobikeshop.com

ROMP Bike Swap Meet

50+ vendors

Saturday, May 2

Santa Rosa

srcce.memberlodge.com/WCC

Wine Country Century

35 & 100 mi; 100 & 200 km

Sunday, May 3

Lodi

www.sbelub.org/sbc/delta_century.html

Delta Century

100 mi; 50 & 100 km

Sunday, May 3

Moraga

510-693-0603

www.GrizzlyPeakCyclists.org/century/

Grizzly Peak Century

74, 104 & 112 mi

century@GrizzlyPeakCyclists.org

Saturday, May 9

Ferndale

707-845-6117

www.tuccycle.org/

Tour of the Unknown Coast

50 & 100 mi; 100 km

director@tuccycle.org

Saturday, May 16

Lodi

209-365-0988

Sunrise Century

100 mi; 50 & 100 km

www.lodisunrisecentury.com/

Saturday, May 16

Davis

www.davisbikeclub.org/ddc/2009/index.htm

Davis Double Century

200 mi

Sunday, May 17

Sunnyvale

408-738-4060

www.sphds.org/foothillcentury/

Foothill Century

50 & 100 km

Foothill@sphds.org

Sunday, May 17

Watsonville

100 km

info@strawberryfields.org

Strawberry Fields Forever

25 & 100 mi

www.strawberryfields.org/sffindex

Friday-Monday

Great Western Bicycle Rally

Paso Robles

866-909-4927

Various routes and activities

info@GreatWesternBicycleRally.com

May 22-25

Saturday, June 6

Rocklin

916-714-9034

www.sacwheelmen.org/sierracentury/

Sierra Century

40, 58 & 100 mi

sierracentury@sacwheelmen.org

Saturday, June 20

Sebastopol

707-823-9807

srcce.memberlodge.com/TT

Terrible Two

200+ mi

srcce@sonic.net

Saturday, June 27

Quincy

www.summersolsticecentury.org/

Summer Solstice Century

30 & 50 mi; 100, 150 & 200 km

Saturday, June 27

Orinda

steve@zlcsoftware.com

bob_main.htm

The Best of the Bay

~110 mi²

www.cherrycitycyclists.org/bob_main/

Saturday, June 27

Cambria

jnichols@sloymca.org

Country Coast Classic

25, 50 & 100 mi

sloymca.org/bikeride.htm

For information on doubles, brevets, etc., check ACTC's Ultra Distance Events Web page. Other online info for events throughout the West:

Big Brother Cycling Network:

www.bbcnet.com/RideCalendar/RideListDate.asp

Planet Ultra: www.planetultra.com

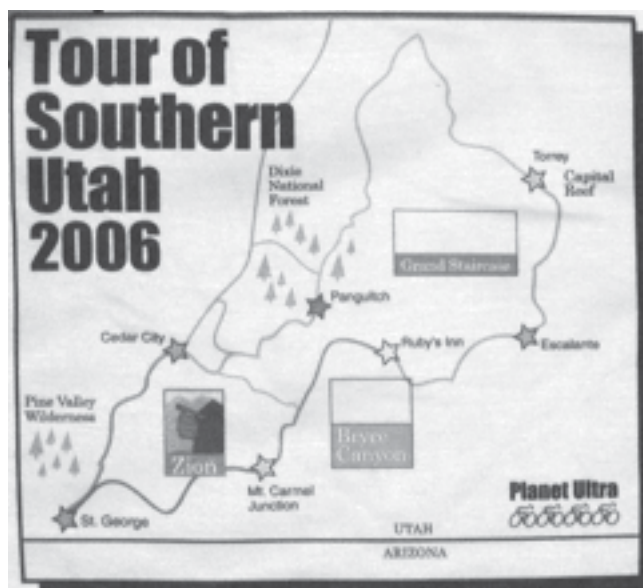
March 6, Top Twenty Statistics, By: Don Axtell, Statistician

Ride Leader Summary			John Pugliese			Karl Laucher			Kryia Adams		
Name	Riders	Rides	Name	Riders	Rides	Name	Riders	Rides	Name	Riders	Rides
Jerome Woehl	153	12	Deborah Hoag	946	17	Pat Grilione	8	12	Russ Stevens	30	39
Don Axtell	150	16	Guy Neenan	906	12	Molly Bechauf	8	11	Franz Kelsch	27	38
John Mazzella	149	12	Franz Kelsch	900	16	Paul Metz	8	9	Dave Zajac	27	34
Deborah Hoag	101	16	Dave Zajac	874	8	Bill Reisinger	7	12	226 total riders		2398
David Hoag	90	7	Russ Stevens	873	10	Jon Graff	7	12	Mountain Goats		
Gary Robinson	63	8	Cindi Staiger	864	12	Vic Oros	7	12	Name	Different	Total
Kris Thompson	59	4	Patrice Carney	850	12	Marta Arango	7	7	Maggie Speers	8	8
Stephanie Metz	59	6	John Blaine	760	19	Linda Liebermann	6	13	Richard Holtermann	7	10
Marcia Wire	48	5	Bryan Shaner	736	14	Christina Reynen	6	12	Ed Ferri	6	7
Bob Yeomans	41	5	Don Axtell	734	22	251 total riders		789	Colin Wilson	5	5
Jon Graff	39	12	Sheila Stevens	726	10	Billygoats			Harold Legore	3	3
Richard Holtermann	37	8	Jon Kaplan	716	8	Name	Different	Total	Bob Stevens	3	4
Jon Kaplan	37	2	Ben Luu	668	13	John Blaine	57	70	Joan Freed	3	3
Karen Bishop	36	6	Joan Freed	662	15	Jerome Woehl	51	62	John Lindgren	3	3
Penny Carl	34	3	Bill Bliss	658	26	Barry Chaffin	44	53	Bill Keckler	2	2
Larry Brandt	34	2	383 total riders	66862	1803	Kelly Berryhill	43	44	Diane Haas	2	2
Cristin Sohm	34	5	Grizzly Bears			Millie Kitchin	42	46	Robert Sass	2	2
Mellissa Stephens	34	5	Name	Different	Total	John Pugliese	41	48	Barry Chaffin	1	1
Pat Becker	33	6	John Mazzella	15	25	Guy Neenan	38	44	Carol Alexander	1	1
Bill Reisinger	33	3	Wanda Binkley	12	15	Bryan Shaner	37	50	Tom Alexander	1	1
69 total leaders	1906	189	Bill Bliss	10	21	Paul Greene	36	42	Howell Leung	1	3
Miles & Rides			Arye Green	10	14	Ben Luu	35	41	Nancy Moritz	1	1
Name	Miles	Rides	Marcia Wire	10	13	Ray Persico	35	39	Janet Chaffin	1	1
Kryia Adams	1111	13	Stephanie Metz	10	13	John Nerness	34	45	Dave Scott	1	1
Brian Chun	1071	17	George Ford	8	17	Melanie Clarke	33	37	Mike Schembri	1	1
John Mazzella	1025	41	Bob Yeomans	8	16	Carolyn Hornberger	33	36	19 total riders		59
Mike McGeough	1003	11	LeRoy Wallace	8	15	Joan Freed	33	36			
			Karen Bishop	8	13	Don Axtell	31	47			

Southern Utah, From Page Three



Capitol Reef



Tierra Bella 2009

SATURDAY APRIL 18!

Calling all Nut Bread Bakers!

BY: JEANNE REUTER

It is that time of year when we need volunteers to make the wonderful nut breads for the Tierra Bella. Bake six loaves and receive a T-shirt. Please remember to state your size. If you are volunteering for more than nut bread baking, keep in mind that it is one T-shirt per person. Bring your breads to the April 1st club meeting, or drop them off at the church on Friday, April 17th before 12:00 noon. If you plan to freeze your breads, please wrap them in plastic wrap and then in foil. This helps prevent freezer burn and freezer taste. Be sure the bread is cooled-off prior to wrapping. This is strictly a volunteer activity, the club cannot reimburse you for expenses. You can download a popular bread recipe from: <http://www.actc.org/tb/nutbread.pdf>. To volunteer, please contact me at reuterjeanne@yahoo.com. And thanks to all who have already volunteered!

February Mailing Party Workers

Many folks attended the monthly mailing party on February 19th at the home of Wanda Binkley.

Thanks to our gracious hostess Wanda, and to those who prepared March newsletters for mailing and delivered bundles to supporting bike shops:

Wanda Binkley	Dave Seeley
Bill Bliss	Lisa Sharp-Piras
Naomi Bloom	Laura Smith
David Fontana	Ed Snively
Keith Giles	Esther Snively
Jon Graff	Fran Steel
Pat Grilione	Paul Vlasveld
Elizabeth Lococo	Marcia Wire
John Mazzella	Bob Yeomans
Paul Metz	Evelyn Yeomans

Please support these bicycle shops because they support us!

Shops Relations Chairperson, Marcia Wire, 395.0386

CUSTOM ROAD BIKES

BIG BIKE
 408.225.0599
 5715 Cottle Rd • San Jose
Bianchi Litespeed serocca COLNAGO
 Club Rep: John Mazzella, 972.1991

Calabazas Cyclery
 6140 Bollinger Road, San Jose, CA 95129
 408.366.2453
 Now Open Daily!
 www.calabazas.com
 Club Rep: Fran Steel, 245.0919

 2236 El Camino Real, Santa Clara, CA 95050
 408.249.6907
 M F 11 7, Sa 10 6, Su 11 4
 www.calmarcycles.com
 Club Rep: Keith Giles, 244.9401

CHAIN REACTION BICYCLES
LARGEST TREK OCLV-CARBON BIKE DEALER IN THE USA
 1451 El Camino Real, Redwood City Foothill at 280, Los Altos
(650) 366-7130 (408) 735-8735
 We want you to enjoy cycling as much as we do!
 Club Rep: Brian Chun 650.799.6488

 **Concept Cyclery**
 1295 E. Dunne Ave, Morgan Hill, 95037
 408.778.6300
 M F 11 7, Sa 10 6, Su 11 5
 www.conceptcyclery.com
 Club Rep: Leroy Becker 677.3996

 10493 S. De Anza Blvd
 Cupertino 408.255.2217
 T F 11 7, Sa 10 5
 sprocket@cupertinobike.com
 www.cupertinobikeshop.com
 Club Rep: Naomi Bloom, 257.6333

 3575 Stevens Creek Blvd, Ste D
 San Jose 95117
 408.244.VELO • Fax 564.7995
 cbrbob@aol.com
 www.LaDolceVelo.com
 Club Rep: John Pugliese 627.9442


Easy Racers
 Recumbent Bicycles Fast, Stable, and Comfortable
 www.easyracers.com, info@easyracers.com
 831.722.9797, M F 8 5, Sa 9 1
 10 Hangar Way, Watsonville 95076
 Club Rep: Kelly Braun 804.0035

The Hyland Family's Bicycles
 1515 Meridian Ave, San Jose • 408.269.2300
 T W 9 6, Th 9 8, F Sa 9 6, Su 10 5
 www.hylandbikes.com
 bill-hylandbikes@sbcglobal.net
 Club Rep: Elizabeth Lococo, 248.7014

 3001 El Camino Real, Palo Alto, CA 94306
 650.858.7700 • M-F 11-7, Sa-Su 10-6
 www.mikesbikes.com
 Club Rep: Merrily Evans, 650.858.7700


 **SHAW'S LIGHTWEIGHT CYCLES**
 45 Washington St, Santa Clara 408.246.7881
 T & Th 12 8, W & F 12 6, Sa 12 5
 info@shawscycles.com
 www.shawscycles.com
 Club Rep: Jill Cameron, 255.7957

SLOUGHS BIKE SHOPPE
 260 Race Street, San Jose
 408.293.1616
 M, W, F 11 8, Sa 11 6
 Club Rep: John Blaine, 356.1592

 111 E. Main St, Los Gatos 408.399.9142
 M F 11 7, Sa 10 6, Su 11 5
 www.summitbicycles.com
 Also in Burlingame 415.343.8483
 Berkeley 510.524.5398
 Club Rep: Marcia Wire, 395.0386

 M F 9 8
 Sa 9 6
 Su 10 5
 1624 S. Main Street, Milpitas 95035
 We sell the Cycling Experience, not just the product
 408.262.4360 • sunbikeshop@yahoo.com
 www.sunbikeshop.com • Club Rep: Joe Farinha, 729.8856

SUNSHINE BICYCLES
 Morgan Hill 16825 Monterey Rd 408.779.4015
 www.sunshinebicycles.com
 Club Rep: Bob Eltgroth, 859.4987
 Gilroy 311 First St 408.842.4889

"A Friendly Staff That Loves to Ride and Doesn't Have An Attitude"
 14450 Union Avenue • San Jose
408-369-9666 / Fax 408-369-9630
 M F 10 7, Sa 9 6, Su 11 5
 Club Rep: Dave Seeley, 356.3205
 Cambrian Park Plaza, Union Ave. at Camden / Look for the Giant Merry-Go-Round

Trek Bicycle Store of San Jose
 503 W Capitol Expressway, San Jose
 408.264.2453
 www.sanjostrek.com
 10% Discount. Open 7 days a week to serve you
 Club Rep: Pat Grilione, 265.0698



Willow Glen Bicycles
 1110 Willow St, San Jose
 408.293.2606
 www.willowglenbicycles.com
 10% Discount. T F 10 7, Sa Su 10 5
 Club Rep: Sherry Durkee 267.6410

LAYOUT BY: TONY LE, B&BB Ad MANAGER



ACTC Membership Application or Information Change Form

The Almaden Cycle Touring Club is a group of cycling enthusiasts with a wide range of abilities. Emphasis is on group fun and safety with a variety of bicycling events. A newsletter is published each month with a schedule of rides and club announcements. Dues are \$20.00 per year for an individual and \$25.00 per year for a family. If first class delivery of the newsletter is required please remit an additional \$12.00 per year for postage.

Please Check Appropriate Box:

New Single Membership

New Family Membership

Date of Application: / /

Renewing Current Membership

Address / Phone Change Only

Check this box if you prefer to get the Black and Blue Bottom on-line and **do not want to** receive a printed copy

Applicants First and Last Name (please print)		Name of Spouse or Significant Other if Family Membership	
Address			Emergency Phone Number (not 911) any relative or friend living anywhere, we just need an emergency contact for our files.
City	State	Zipcode	
Home Phone ()	Work Phone ()	e-mail Address	

LEAGUE OF AMERICAN BICYCLISTS ("LAB")

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")

Each applicant for membership shall **READ** and **SIGN** the following **Release Agreement**.

IN CONSIDERATION of being permitted to participate in any way in Almaden Cycle Touring Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the Club, the LAB, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and leasers of the premises on which the Activity takes place. (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

By my signature below I acknowledge that my signature also indicates that no information has been altered or changed from the original of this form. If any information HAS been changed or altered this form will be null and void.

Signature of Applicant	Signature(s) of all additional family member(s) 18 years of age or older
------------------------	--

Please complete the following for any minor (under 18 years of age) family members:

Name	Age	Name	Age

I understand the nature of Bicycling Activities and the Minor's Experience and capabilities and believe the Minor(s) to be qualified to participate in such Activity.

I further acknowledge that I and the Minor(s) are aware the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant and will instruct the Minor(s) that if at any time the Minor(s) believes conditions to be unsafe, he/she will immediately discontinue further participation in the Activity.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I AND THE MINOR(S) HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY THE LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

By my signature below I acknowledge that my signature also indicates that no information has been altered or changed from the original of this form. If any information HAS been changed or altered this form will be null and void.

Printed Name of Parent or Guardian	Signature of Parent or Guardian
()	
Address and Phone Number if different than above	

Enclosed is \$ _____ dues for membership in the Almaden Cycle Touring Club which entitles me to all the rights and privileges of membership.

Make check payable to ACTC and mail to: Almaden Cycle Touring Club • PO Box 7286 • San Jose, CA 95150

Incomplete forms will be returned!

Contributing Shop Policies

Most contributing shops offer ACTC members a 10% discount on most purchases. Usually, exceptions are made for complete bicycles, custom frame sets, and items on special sale. Show proof on your ACTC membership and verify the shop's discount policy BEFORE making a purchase. Membership may be authenticated by displaying a valid Black and Blue Bottom mailing label/membership card. A local shop may support ACTC with an annual contribution. For details contact the Shops Relations Chairperson - Marcia Wire, 395-0386

April 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
March 29 May Rides and Newsletter Inputs Due			1 Membership Meeting 7 p.m.	2	3	4
5	6	7	8	9	10	11 Tierra Bella Worker Ride
12	13	14	15	16	17	18 Tierra Bella
19	20	21	22  Mailing Party 7:00 p.m.	23	24 Lupine Loop	25 Lupine Loop
26 Lupine Loop	27	28	29	30		

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Newsletter Mailing Party:

Collette Farabaugh
3389 Belgrove Court
San Jose 95148
274-2978

General Meeting:

First Congregational
Church
Leigh & Hamilton
San Jose

Ride Coordinator:

Patrice Carney
rides@actc.org

Newsletter Inputs:

Steve Sloan
408.448.3408
& Naomi Bloom
publisher@actc.org

Please RSVP at least 24 hrs in advance to request attendance at newsletter party!

<p>Almaden Cycle Touring Club, Inc. P.O. Box 7286 San Jose, CA 95150</p> <p>Address Service Requested</p>	<p>If mailed individually, use appropriate first class postage.</p>	<p>PRE SORTED STANDARD U.S. POSTAGE PAID SAN JOSE CA PERMIT NO 88</p>
<p>ACTC Membership Card Valid only with member's mailing label</p> <div style="border: 1px solid black; width: 100px; height: 80px; margin: 0 auto;"></div>		
