

Forms must be received by June 16th.

RULES: The 2008 Colorado Figure Skating Championships will be conducted under the rules of the United States Figure Skating Association and in accordance with the rules effective for the 2008-2009 qualifying competition season. Please consult the 2008 U.S. Figure Skating Rulebook and/or the 2008 May Governing Council reports in regard to any rule changes governing qualifications for all qualifying events.

ELIGIBILITY: This competition is open to all eligible skaters who are members of the U.S. Figure Skating and friendly foreign federations. Skaters representing a foreign association must include official permission of their association or federation. The competition committee reserves the right to place such skaters in the classes it deems appropriate.

FACILITIES: The Apex Ice Center has 2 indoor ice surfaces each measuring 200' x 85' with rounded edges. An Aquatic Center (3 swimming pools with slides and play area), exercise facilities and day care center are also available on site at a daily rate which will be discounted for competitors and their families. A Snack Bar and spectator seating are also available. No admission will be charged.

ENTRIES: Entries must be in the hands of the committee by June 16, 2008. A POSTMARK WILL NOT BE CONSIDERED RECEIVED. The Competition Committee reserves the right to limit entries in a class or to eliminate any event due to time constraints. Two entries will constitute a competition in any event. If incomplete entries are received, you will receive a collect phone call to obtain the needed information. Any entry requiring a signature for delivery **may be considered not received.**

ENTRY FEES: Entry fees may be paid by check or money order. **A service charge of \$30.00 will be added for each returned check. Payment by Money Order or Cash will be required for any returned checks.**

First Singles Event - All IJS Events	\$95
First Singles Event - All 6.0 Events	\$90
Additional Singles Event - All Levels	\$30 per event
Intermediate, Novice, Junior & Senior Pairs	\$65 per person
Juvenile, Pre-Juv, Open Pre-Juv, Prelim Pairs	\$55 per person
Couples Dance:	
First Event	\$40 per person
Second Event	25 per person
Third Event	20 per person
Synchronized Skating Teams (per team)	\$45
plus (per person)	7
Second Event (per team)	30
Funtastics Events - First event	\$35
Funtastics Events - Second event	\$15

Make checks payable to Mile High Figure Skating Association and mail entry form and payment (and postcard only if confirmation of receipt of entry is desired) to:

Carol Zeles
7278 So. Iris Court
Littleton, Colorado 80128

For information contact: Carol Zeles (303) 979-0802 or cmzeles@aol.com
Kim Lamb (303) 680-1446 or ckjlamb@uswest.net
Clara Artymovich (303) 429-0580 or Cartymovich@msn.com

NO PHONE CALLS BEFORE 8:00 AM OR AFTER 9:00 PM PLEASE.

JUDGING SYSTEM: The ISU judging system will be used to determine all combined event results (elimination and final rounds) for Juvenile through Senior and Adult Gold and Masters level skaters competing in singles and pairs. It will also be used for short program only events for Juvenile through Senior. All competitors skating in these events need to submit the PROGRAM CONTENT FORM attached along with their competition entry form or fill out the form online. This form is found at www.usfigureskating.org in the member's only section, <https://www.usfsaonline.org/Events/CompProfile.asp>. The deadline to submit the form is the entry deadline. For all other events, the 6.0 judging system will be used.

WEB SITE: This announcement can be found on our website, www.mhfsa.org. The tentative competition schedule should be posted on the web site in mid-July. Competition results will also be posted as available.

REGISTRATION: The registration desk will be open at all times that we have scheduled practices or events each day of the competition, starting on Tuesday, August 5, 2008. **CHECK THE OFFICIAL BULLETIN BOARD FOR CHANGES IN THE SCHEDULE.** The desk will be located in the lobby of The Apex Center.

OFFICIAL HOTEL AND CAR RENTAL INFORMATION: The Official Hotel for this competition is the Denver Marriott West located at 1717 Denver Marriott West Boulevard, Golden, CO. Their phone number is (303) 279-9100 or (888) 238-1803. Please mention Mile High FSA when making your reservations. Room Rate: \$109. Reservations must be made by July 1st.

CAR RENTAL INFORMATION: Enterprise is offering a 10% discount on car rentals for the competition. Please call Sonya Gaona, 303-925-8476 or email: sonya.d.gaona@erac.com for our special rate.

Other hotels in the area that are available:

Ramada Inn, I-70 and Kipling, (303) 423-4000, Room Rate: \$70, includes light breakfast

Hampton Inn, 17150 W. Colfax Ave., Golden, 303-278-6600 (Cut off 6/30),

Rate: \$99.00, includes breakfast (cut off date 7/01)

Howard Johnsons, 12100 W. 44th Avenue and I-70, Wheatridge, (303) 467-2400,

Room Rate: \$89.00, plus tax

Holiday Inn, Denver West Village, 14707 W. Colfax Avenue, Lakewood, (303) 279-7611,

Rate: \$99, cheaper rates may be available on priceline.com

Extended Stay America, 715 Kipling, Lakewood, 303-275-0840, call for weekly rates

Courtyard by Marriott, 14700 W. 6th Avenue Frontage Road, Golden, CO 80401 (303) 271-0776,

Call for rates.

Residence Inn, 14600 W. 6th Avenue Frontage Road, Golden, CO (303) 271-0909. Call for rates.

Please book early as hotel rooms are filling up early due to the Democratic Convention later in the month.

MUSIC: Competitors are asked to turn in a CD of their music to the music committee no later than one day prior to your event. Music cannot be returned to the skater until their event is completed. Please bring a back-up CD for emergencies. CDs must be clearly marked with the name of the skater and event they are entering and must be one track only, no CD-RWs. Tapes will no longer be played.

AWARDS: Awards will be presented to the top four skaters in all Singles, Pairs, and Dance events and to the top 4 teams in synchronized skating. We will also be presenting special awards honoring those individuals who have made this competition and all skating in Colorado so successful.

PRACTICE ICE: Practice ice will be available at The Apex Center beginning Tuesday, August 5, 2008. We anticipate official ice being Tuesday and Wednesday. The charge for each free style session will be \$13.00 reserved, \$14.00 walk-on. Pair and dance ice will be \$14.00 reserved, \$15.00 walk-on. If you wish to purchase ice, please fill out the enclosed practice ice request and submit it and the amount due (payable to **Mile High Figure Skating Association**) to:

Clara Artymovich, 7819 Mona Court, Denver, Colorado 80221

If you have questions on practice ice, you may call (303) 429-0580 - Clara Artymovich. Please leave a detailed message and a collect call will be returned to you.

A \$1 fee will be charged if no self-addressed, stamped envelope is included with your practice ice form and must be paid at the time of registration. PLEASE NOTE: A self-addressed, stamped envelope must be sent to practice ice even if you do not order practice ice for the purpose of sending your competition schedule.

No ice will be assigned without payment as described on the request form. We will assign each skater requesting ice one of each type of session requested. Additional ice will be assigned as per your request if any ice is available after each skater has been assigned one of each type requested. You will be required to pay for any ice you request. Ice will be assigned by divisions to better insure the skater's safety. Please do not request specific time or day. See practice ice form for additional details. We ask that any skater traveling from out of state document on the practice ice form the time and date of expected arrival. All efforts will be made to schedule official practice ice (if purchased) for you after your arrival time **if possible**. Each level will have their official ice on the same day and that cannot be changed. If you ask for official ice, you will be required to pay for it.

VIDEO/PHOTO: Both services will be available. The committee will make every attempt to ensure that the cost is reasonable.

OFFICIAL NOTICES: An Official Bulletin Board will be maintained at The Apex Ice Center. Each competitor and coach is expected to check this board for the Official times of events and/or necessary changes in schedules. Competitors are asked to check in with the Ice Monitor forty-five (45) minutes prior to the scheduled time of their event. Notices posted on the Official Bulletin Board will be considered sufficient notice to all entrants.

SPECIAL NOTICES: Entrants are encouraged to send a stamped, self-addressed postcard which we will return upon receipt of entry. We will not be responsible for lost entry forms. There will be no refunds after close of entries unless no competition exists in a particular event or division

COMPETITION EVENTS AND ELIGIBILITY: All regional events will be offered in Singles, Pairs, and Dance. The qualifications for most regional events are found in the U.S. Figure Skating Rulebook. Those not listed in the Rulebook are outlined as follows:

The Seeding Procedure will be in accordance with the 2008 US Figure Skating Rulebook and/or the 2008 Governing Council meeting, whichever is most current.

All entrants may move up one test level.

See 2008 Rulebook for the definition of a well-balanced program or any changes that come out of the 2008 Governing Council.

In accordance with the 2008 Rulebook, Free Style events with more than eighteen (18) entrants will be divided into groups. In Pre-Preliminary, Preliminary, Adults, Pre-Juvenile and Open Pre-Juvenile, each group will constitute a Final Round. In divisions where Final Rounds are held, the number of skaters progressing to the Final Round will be determined by US Figure Skating rules.

INTERMEDIATE, NOVICE, JUNIOR AND SENIOR SHORT PROGRAM: Refer to 2008 U.S. Figure Skating Rulebook and/or 2008 Governing Council requirements for 2008-2009 short program elements. **Juvenile and Open-Juvenile Short Programs** will follow the same elements as the Intermediate Short Program but will be grouped together at the Juvenile and Open-Juvenile Level.

JUVENILE: Age as stipulated by the 2008 May Governing Council Meeting as of 8-05-08. No higher than Juvenile Free Skate Test.

OPEN-JUVENILE: Open to skaters up to 18 years old as of 8-05-08. No higher than Juvenile Free Skate Test.

OPEN PRE-JUVENILE: Open to skaters up to 18 years of age as of 8-05-08. No higher than Pre-Juvenile Free Skate Test.

PRE-JUVENILE: Open to skaters twelve (12) years and under as of 8-05-08. No higher than Pre-Juvenile Free Skate Test.

PRELIMINARY No higher than Preliminary Free Skate Test. Grouped according to age.

PRE-PRELIMINARY: No higher than Pre-Preliminary Free Skate Test. Grouped according to age.

LIMITED PRE-PRELIMINARY: No higher than Pre-Preliminary Free Skate Test. Group according to age. Same program requirements as Pre-Preliminary except no axel is allowed.

ADULT MASTERS: Open to all skaters twenty-one (21) and over as of 8-05-08. Skaters must have passed their Adult Gold or Intermediate Free Skate Test.

ADULT GOLD: Open to all skaters twenty-one (21) and over as of 8-05-08. Skaters must have passed their Adult Gold or Juvenile Freeskate.

ADULT SILVER: Open to all skaters twenty-one(21) and over as of 8-05-08 who have passed their Adult Silver or Juvenile Free Skate Test.

ADULT BRONZE: Open to all skaters twenty-one (21) and over as of 8-05-08 who have passed their Adult Bronze or standard Preliminary Free Skate test and no higher.

ADULT PRE-BRONZE: Open to all skaters twenty-one (21) and over as of 8-05-08 who have passed their Adult Pre-Bronze or Pre-Preliminary Freeskate.

ADDITIONAL INFORMATION: All individual Short Program events will stand on their own with no final rounds. Intermediate, Novice, Junior and Senior Freeskate events will include Short Program ONLY IN FINAL ROUND. All skaters' test levels are as of competition start date, not close of entries.

ALL PAIRS EVENTS: As per 2008 U.S. Figure Skating Governing Council and 2008 Rulebook.

SYNCHRONIZED SKATING TEAMS: Team division will be in accordance with Synchronized Skating Rules found in the 2008 US Figure Skating Rulebook and/or the 2008 US Figure Skating Governing Council Meeting changes. If competitions do not develop by divisions, the Competition Committee reserves the right to determine groups based on age, test level, and previous competition experience. Duration of program will not change. Team contact person will be notified. If competition exists at the Senior or Junior level, the short program will be offered as a second event.

COUPLES DANCE EVENTS: Preliminary through Senior will be offered and will be in accordance with the 2008 May Governing Council meeting and/or the US Figure Skating Rulebook, 2008-2009 selections. Original Dance and Free Dance will each be a separate event and will be awarded as such. Test qualifications for entries will follow 2008 Rulebook listing. Couples may skate at level or one level up. Preliminary qualifications must have NO Bronze Dance test, or higher, passed. Novice CDs are Blues, Paso and American Waltz. The rulebook is no longer correct.

Senior and Junior Original Dance
Juvenile through Senior Free Dance
Pre-Juvenile Compulsory Dance



Age Restrictions and test level per 2008 Governing Council and/or 2008 Rulebook.

Dances will be as per 2008-2009 competitive listing as per 2008 Rulebook.

Open Couples Dance 14 Step
Preliminary Couples Dance Dutch Waltz and Rhythm Blues

COMPULSORY EVENTS: Test and age requirements are the same as for freestyle events. Moves are skated without music or stops between the moves. Moves may be done in any order. Nonprescribed or additional moves will be penalized. Combination jumps may not have a change of foot or turn between the jumps. An axel is considered a single jump. Pre-Juvenile and below will be performed on half-ice. Required individual jumps cannot be repeated as part of the combination jump. Men and Woman may skate together.

COMPULSORY EVENT	REQUIREMENTS	DURATION/SURFACE
Pre-Preliminary	Salchow; loop; one foot spin (minimum three revolutions); forward spiral (inside or outside); connecting steps.	1:00 minute maximum 1/2 ice
Preliminary	Combination jump consisting of two single jumps; flip; sit spin (minimum three revolutions); forward spiral (inside or outside); connecting steps.	1:00 minute maximum 1/2 ice
Pre-Juvenile	Combination jump consisting of two single jumps; one of which is a loop; lutz, camel spin; (minimum three revolutions); front scratch spin to back scratch-exit on spinning foot (minimum three revolutions each foot); forward inside spiral; connecting steps.	1:30 minute maximum 1/2 ice
Open Pre-Juvenile	Same as Pre-Juvenile	Same as pre-juvenile
Juvenile	Combination jump consisting of two single jumps or one double and one single jump; Axel; sit change sit spin (minimum four revolutions each foot); layback spin (ladies), camel spin (men) (minimum four revolutions); straight line step sequence foot work; choose only one of the following: Ina Bauer or spread eagle or forward spiral.	1:30 minute maximum full ice
Open Juvenile	Same as Juvenile	Same as Juvenile
Adult Bronze	One jump combination consisting of a waltz jump and a toe loop; salchow; one foot upright spin (Min. 4 revolutions); spiral on an edge; connecting steps	1:00 minute maximum full ice
Adult Pre-Bronze	Waltz jump; half flip; one foot spin (min. 3 revolutions); straight line spiral; connecting steps	1:00 minute maximum full ice
Adult	Flip; toe loop combination consisting of two single jumps; one combination spin with one change of foot and one change of position (minimum 4 revolutions per foot); forward spiral	1:30 minute maximum Full Ice

JUMPS ONLY EVENT: Entrants will qualify according to their freeskating level. Pre-Preliminary through Pre-Juvenile and Open-Pre-Juvenile will be skated on 1/2 ice. All other levels will skate on full ice. Jumps should be performed exactly as stated. Skaters will be given two opportunities to perform each jump and will be judged on the best one. Skaters will perform the jumps indicated on the chart, one of which must be preceded by footwork as described in the US Figure Skating short program rules. The following format will be used for this event: the first skater will take the ice and attempt the first jump twice, and then attempt the next jump before going to the next skater. This procedure will be repeated throughout the event. Men and Women may skate together.

JUMPS ONLY EVENT	TEST LEVEL
Pre-Preliminary	Toe loop, combination of any two single jumps (No axels)
Preliminary	Loop, combination of any two single jumps
Pre-Juvenile and Open Pre-Juvenile	Axel, combination of any double jump with a toe loop
Juvenile and Open-Juvenile	Axel, combination of any double jump with a loop jump, any three jump combination
Intermediate	Axel, double flip, any three jump combination
Novice	Double loop, double lutz, any three jump combination
Junior	Double axel; any three jump combination; any double or triple jump out of footwork
Senior	Double or triple axel; any three jump combination, any triple or quad jump out of footwork

SPINS ONLY EVENT: Entrants will qualify according to their freeskating level. Spins may be joined with appropriate connecting moves and will be skated on 1/2 ice. There will be a one and one-half minute time limit, and no music. Spins must be skated exactly as stated, but may be performed in any order. Men and Women may skate together.

SPINS ONLY EVENT	TEST LEVEL
Pre-Preliminary	One-foot spin, optional free leg (3 revs); two-foot spin (3 revs); sit spin (3 revs)
Preliminary	Scratch spin (5 revs); sit spin (3 revs); camel spin (3 revs)
Pre-Juvenile and Open Pre-Juvenile	Camel spin (4 revs); change foot sit spin (4 revs each foot); front to back scratch spin (4 revs each foot)
Juvenile and Open-Juvenile	Spin combination with no change of foot and one change of position (4 revs each position); flying camel spin (five revs); change foot sit spin (5 revs each foot)
Intermediate	Spin combination with 1 change of foot and at least 1 change of position (5 revs each foot); spin with one position and no change of foot, may begin with a jump (5 revs in position); layback spin-ladies (5 revs) or flying camel spin-men (5 revs)
Novice	Spin with one position, may commence with a jump (6 revs); spin combination with one change of foot and at least one change of position (5 revs each foot); layback spin (ladies-6 revs.) or camel or sit spin, change of foot optional, no flying entry (men-6 revs.)
Junior	Flying camel spin (8 revs.); spin combination with at least 2 changes of position and one change of foot (6 revs each foot); layback spin - ladies (8 revs) or sit spin with one change of foot -men (6 revs each foot)
Senior	Flying spin of choice (8 revs); spin combination with at least 2 changes of position and one change of foot (6 revs each foot- 2 revs in each position); camel or sit spin with one change of foot (6 revs each foot-men) or layback spin (ladies-8 revs)
Adult Bronze	One-foot upright spin (4 revs); one-foot backspin (3 revs);sit spin (3 revs)
Adult Silver/Gold	Camel spin (3 revolutions); layback spin (4 revolutions); spin combination with one change of foot and one change of position (four revolutions each foot)

ARTISTIC EVENTS: Skaters may skate as single skaters or in a duet, a theatrical performance by two competitors. Props and scenery are allowed but must be placed and removed by the unaided skater within 30 seconds and there should be no debris, live props, fire or water. Costumes are encouraged, but not mandatory and must be in good taste. Ladies and Men will skate together.

Groups will not exceed 15 skaters. Categories are:

Dramatic - a serious, emotional, artistic interpretation

Light Entertainment - any performance not serious enough to be considered dramatic

Performances will be judged from an entertainment standpoint, for theatrical and artistic qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements..

One mark will be given by each judge for each performance.

Warm-ups for each group will be 3 minutes.

Event Levels, Ages and Test Requirements - Where applicable, per USFSA Rulebook. All skaters may skate up one test level.

CLASS	TEST LEVEL	MAX. TIME	AGE
Pre-Preliminary	Pre-Preliminary FS test, no higher	1:40	Under 13
Preliminary	Preliminary FS Test, no higher	1:40	Under 13
Pre-Juvenile	Pre-Juvenile FS Test, no higher	1:40	Under 13
Open Pre-Juvenile	Pre-Juvenile FS Test, no higher	1:40	13 - 17
Juvenile	Juvenile FS Test, no higher	2:10	Under 13
Open-Juvenile	Juvenile FS Test, no higher	2:10	13 - 17
Intermediate	Intermediate FS Test, no higher	2:10	Under 18
Novice	Novice FS Test, no higher	2:10	
Junior	Junior FS Test, no higher	2:40	
Senior	Senior FS Test	2:40	
Adult/Masters	Adult/Master's Rules	1:40	21 years minimum
Duet	As above, according to the level of the highest tested partner		

COMPETITIVE TEST TRACK FREE SKATE

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH-TIME
Pre-Preliminary Test	At least two solo spins of a different nature (min 3 revolutions and no flying spins), all single solo jumps allowed (no Axels), jump combinations or sequences using only a waltz jump, toe loop, and Salchow. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating prepreliminary free skate test	1:30 +/-10 sec.
Preliminary Test	At least two spins of a different nature, combination spins allowed (min 3 revolutions each and no flying spins), jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jumping elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test	1:30 +/-10 sec.
Pre-Juvenile Test	Three spins in any position (min 4 revolutions), one must be a combination spin with change of foot optional (min 3 revolutions on each foot or 6 total revolutions and no flying spins). Jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 6 jumping elements. One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test	2:00 +/-10 sec.
Juvenile Test	Three spins in any position (min 4 revolutions), one must be a combination spin with one change of foot (min 4 revolutions on each foot). May include flying spins. Any single jumps and jump combinations with not more than 1 1/2 rotations. (Axel permitted). Maximum 6 jumping elements. One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test	2:15 +/-10 sec.
Intermediate Test	Three spins in any position (minimum 4 revolutions), one must be a combination spin with at least one change of foot (minimum 4 revolutions on each foot). May include flying spins. Any single jumps. Double jumps may only be the double Salchow and the double toe loop. Jump combinations and sequences are allowed. Maximum of 6 jumping elements. One step sequence straight-line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than intermediate free skate test	2:30 +/-10 sec.
Novice Test	Three spins in any position (minimum of 6 revolutions), one must be a combination spin with at least one change of foot (minimum 5 revolutions on each foot). May include flying spins. Any single jumps. Double jumps may only be the double Salchow, double toe loop and the double loop. Jump combinations and sequences are allowed. Maximum of 7 jumping elements. One step or spiral sequence (see Rule 3640 for description).	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test	Ladies: 3:00 +/-10 sec. Men: 3:30 +/-10 sec.
Junior Test	Three spins – one must be a flying spin, a solo spin (minimum 6 revolutions each) and a combination spin consisting of three positions and one change of foot (2 revolutions in each position and minimum 5 revolutions on each foot). Any single jumps and double jumps may only be the double Salchow, double toe loop, double loop and the double flip. Jump combinations and sequences are allowed. Maximum of 8 jumping elements for men and 7 for ladies. One step and one spiral sequence for ladies and two different step sequences for men (see Rule 3640 for description).	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test	Ladies: 3:30 +/- 10sec. Men: 4:00 +/- 10 sec.

Senior Test	Four spins (minimum 6 revolutions on solo spins), one must be a flying spin, one solo spin, one spin combination consisting of three positions and one change of foot (2 revolutions in each position and minimum 5 revolutions on each foot). At least four different double jumps, one must be a double Lutz. Jump combinations and sequences are allowed. Maximum of 8 jumping elements for men and 7 for ladies. One step and one spiral sequence for ladies and two different step sequences for men (see Rule 3640 for description).	Skaters must have passed at least the U.S. Figure Skating junior free skate test	Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.
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COMPULSORY FIGURES:

This is an event open to all skaters, adult skaters, judges, coaches and technical staff.

Objective: The skater should have good flow while skating the figure, symmetry and roundness of circle, and cleanliness of edge should be attempted.

Skaters may choose the foot for each figure. Three tracings will be required for all figures except paragraph, which will require two tracings on each foot. (a = right foot start; b = left foot start)

Bronze Figures: No figure test required, but preparatory work of several months recommended. This category is meant to encourage skaters to try figures. All figures are from the First and Second Test.

The following figures will be skated:

- 1a or b Circle Eight
- 5a or b Serpentine
- 8a or b FO, BI Three Turn

Silver Figures: Competitors should have passed at least the adult silver or 1st figure test and no higher than 4th figure test or ISI figure 4 or any non-US equivalent test. All figures are from the 3rd and 4th test.

The following figures will be skated:

- 10a or b Change double 3's
- 19a or b FI, BO Bracket
- 14a RFO, LFO loop

Gold Figures: Competitors should have passed at least the adult gold figure test and no higher than the 7th test. All figures are from the 5th and 6th test.

The following figures will be skated:

- 24a or b one foot paragraph eight
- 22a or b Counter
- 17 RBI, LBI Loop

Masters Figures: This event is for skaters who have passed their 8th figure test, others who have passed their 6th test or high may choose to join this event. All figures are from the 7th and 8th test.

The following figures will be skated:

- 20a or b Rocker
- 35a or b Paragraph three
- 39a or b Paragraph Loop

Open Level Figure: This event is for all levels of skaters; there is no test requirement.

- 9a or b FI, BO Three
- 15 RFI, LFI Loop

Artistic Figures: Skaters are challenged to make a creative figure of their choosing. This event is open to skaters of all levels.

FUNASTICS EVENTS

Tots -

Compulsory Moves: The required elements are to be skated in the order listed below on 1/2 of the ice surface. Moves are skated in a program format with no stops between elements. Maximum time allotted for each skater is 1 minute.

1. Forward strokes or marches (Minimum of four)
2. Two-foot glide
3. Forward two-foot swizzles (Minimum of four)
4. Snowplow stop (One or two-foot stop permissible)
5. Backward wiggles (Minimum of four)
6. Two-foot hop on the spot (Standstill/no rotation)

Freeskating: Program is skated on full ice to music of skater's choice. No vocal music is allowed. Program content is limited to elements in the compulsory program. Time allotted for each skater is 1 minute, with a ± 10 second leeway.

Beginner 1 -

Compulsory Moves: The required elements are to be skated in the order listed below on 1/2 of the ice surface. Moves are skated in a program format with no stops between elements. Maximum time allotted for each skater is 1 minute.

1. Forward strokes or marches (Minimum of four)
2. Two-foot glide and dip
3. Forward two-foot swizzles (Minimum of four)
4. One-foot glide (Either foot)
5. Snowplow stop (One or two-foot stop)
6. Two-foot hop on the spot (Standstill/No rotation)

Freeskating: Program is skated on full ice to music of skater's choice. No vocal music is allowed. Program content is limited to elements from the compulsory programs of Tots and Beginner 1. Time allotted for each skater is 1, minute with a ± 10 second leeway.

Beginner 2 -

Compulsory Moves: The required elements are to be skated in the order listed below on 1/2 of the ice surface. Moves are skated in a program format with no stops between elements. Maximum time allotted for each skater is 1 minute.

1. Forward strokes (Minimum of four)
2. Bunny Hop
3. Forward crossovers (Minimum of four in both directions)
4. Forward to backward two-foot turn on a circle (Either direction)
5. Backward two-foot swizzles (Minimum of four)
6. Backward one-foot glide (On right and left foot)

Freeskating: Program is skated on full ice to music of skater's choice. No vocal music is allowed. Program content is limited to elements in the compulsory programs of Beginner 2 and below. Time allotted for each skater is 1 minute, with a ± 10 second leeway.

Beginner 3 -

Compulsory Moves: The required elements are to be skated in any order on 1/2 of the ice surface. Moves are skated in a program format with no stops between elements. Maximum time allotted for each skater is 1 minute.

1. Backward strokes (Minimum of four)
2. Backward crossovers (Minimum of four in both directions)
3. Forward mohawk (Either direction)
4. Inside 3-turn (Either foot)
5. Two-foot spin
6. T-stop (Either foot)

Freeskating: Program is skated on full ice to music of skater's choice. No vocal music is allowed. Program content is limited to the elements in the compulsory programs of Beginner 3 and below. Outside 3-turns are also allowed. Time allotted for each skater is 1 minute, with a ± 10 second leeway.

Beginner 4 -

Compulsory Moves: The required elements are to be skated in any order on 1/2 of the ice surface. Moves are skated in a program format with no stops between elements. Maximum time allotted for each skater is 1 minute.

1. Waltz jump
2. Mazurka or half flip
3. One-foot spin (free foot to skating knee only)
4. Forward straight-line spiral (Either foot)
5. Waltz 3's (Three sets on the same foot)
6. Lunge

Freeskating: Program is skated on full ice to music of skater's choice. No vocal music is allowed. Jump content is limited to half revolution jumps, and these may be repeated or done in combination. Please note: A half loop is considered a full revolution jump. One and two foot upright spins are allowed. No change of foot spins are allowed. Time allotted for each skater is 1 minute, with a ± 10 second leeway.

Beginner 5 -

Compulsory Moves: The required elements are to be skated in any order on 1/2 of the ice surface. Moves are skated in a program format with no stops between elements. Maximum time allotted for each skater is 1 minute and 15 seconds.

1. Waltz jump, falling leaf, half flip combination
2. Salchow jump
3. One foot spin (Optional free foot)
4. Back inside pivot
5. Forward outside spiral (Either foot)
6. Connecting steps (Such as 3 turns, mohawks, bunny hops, crossovers, etc.)

Freeskating: Program is skated on full ice to music of skater's choice. No vocal music is allowed. Jump content is limited to salchow jumps, toe-loop jumps and 1/2 rotation jumps which may be repeated alone or in combination. Upright and sit spins allowed with no change of foot or position. Time allotted per skater is 1 1/2 minutes, with a ± 10 second leeway.

Beginner 6 -

Compulsory Moves: The required elements are to be skated in any order on 1/2 of the ice surface. Moves are skated in a program format with no stops between elements. Maximum time allotted for each skater is 1 minute 15 seconds.

1. Waltz jump/falling leaf/toe loop jump combination
2. Loop jump
3. Salchow jump
4. Scratch spin
5. Forward inside spiral
6. Connecting steps (Such as 3 turns, mohawks, bunny hops, crossovers, etc.)

Freeskating: Program is skated on full ice to music of skater's choice. No vocal music is allowed. Up to four different single jumps are permitted and may be repeated alone or in combination. No lutzs, axels or multi-revolution jumps are allowed. All one-position spins are allowed, but no combinations. Time allotted for each skater is 1 1/2 minutes, with a ± 10 second leeway.

Beginner 7 -

Compulsory Moves: The required elements are to be skated in any order on 1/2 of the ice surface. Moves are skated in a program format with no stops between elements. Maximum time allotted for each skater is 1 minute 15 seconds.

1. Waltz jump/half loop/salchow jump combination
2. Loop jump
3. Flip jump
4. Sit spin
5. Forward outside or inside spiral
6. Connecting steps (Such as 3 turns, mohawks, bunny hops, crossovers, etc.)

Freeskating: Program is skated on full ice to music of skater's choice. No vocal music is allowed. All single jumps except an axel are permitted, and may be repeated alone or in combination. Multi-revolution jumps are not allowed. No change of foot spins are allowed. Time allotted for each skater is 1 1/2 minutes, with a ±10 second leeway.

Adult Beginner 1 -

Compulsory Moves: The required elements are to be skated in the order listed below on 1/2 of the ice surface. Moves are skated in a program format with no stops between elements. Maximum time allotted for each skater is 1 minute.

1. Forward strokes (Minimum of four)
2. Forward crossovers (Minimum of four in both directions)
3. Forward to backward two-foot turn on a circle (Either direction)
4. Backward two-foot swizzles (Minimum of four)
5. Backward one-foot glide (On right and left foot)
6. Snowplow stop (One or two-foot stop)

Freeskating: Program is skated on full ice to music of skater's choice. No vocal music is allowed. Jump content is limited to half revolution jumps, and these may be repeated or done in combination. Please note: A half loop is considered a full revolution jump. One and two foot upright spins are allowed. Time allotted for each skater is 1 minute, with a ±10 second leeway.

Adult Beginner 2 -

Compulsory Moves: The required elements are to be skated in any order on 1/2 of the ice surface. Moves are skated in a program format with no stops between elements. Maximum time allotted for each skater is 1 minute.

1. Waltz jump
2. Half flip
3. Two foot spin-pick up one foot
4. Inside mohawk (Either direction)
5. Backward strokes (Minimum of four)
6. Backward crossovers (Minimum of four in both directions)

Freeskating: Program is skated on full ice to music of skater's choice. No vocal music is allowed. Jump content is limited to salchow jumps, toe-loop jumps and 1/2 rotation jumps which may be repeated alone or in combination. Upright spins allowed. Time allotted for each skater is 1 1/2 minutes, with a ±10 second leeway.

Adult Beginner 3 -

Compulsory Moves: The required elements are to be skated in any order on 1/2 of the ice surface. Moves are skated in a program format with no stops between elements. Maximum time allotted for each skater is 1 minute 15 seconds.

1. Waltz jump/falling leaf/toe loop jump combination
2. Salchow jump
3. Loop jump
4. Scratch spin
5. Forward outside or inside spiral
6. Connecting steps (Such as 3 turns, mohawks, bunny hops, crossovers, etc.)

Freeskating: Program is skated on full ice to music of skater's choice. No vocal music is allowed. All single jumps except an axel are permitted, and may be repeated alone or in combination. Multi-revolution jumps are not allowed. No change of foot spins are allowed. Time allotted for each skater is 1 1/2 minutes, with a ±10

second leeway.

Beginner Solo Dance - Dance to be skated: Canasta Tango.

Beginner Couples Dance - Dance to be skated: Rhythm Blues.

Beginner Pairs - No lifts allowed. Time allotted to each team is 1 minute.

Beginner Synchronized Team Skating - Maximum time allotted is 2 minutes per team.

Special Olympics - Open to levels 1 through 6. Elements are as per current Special Olympics Rulebook. If no competition exists, exhibitions for Special Olympians may or may not be allowed due to time constraints.

2008 COLORADO FIGURE SKATING CHAMPIONSHIPS

AUGUST 5-10, 2008 -- ENTRY FORM

ENTRIES MUST BE RECEIVED BY JUNE 16, 2008; THE POSTMARK WILL NOT BE CONSIDERED

Make checks payable to **Mile High FSA** and mail the completed entry and payment forms to:
 Carol Zeles, 7278 South Iris Court, Littleton, Colorado 80128 [Phone number (303) 979-0802]

NAME: _____ SEX: _____ BIRTH DATE: _____
 ADDRESS: _____ PHONE: WORK: () _____
 CITY, STATE, ZIP: _____ HOME: () _____
 USFSA #: _____ HOME CLUB: _____ E-MAIL: _____
 HIGHEST TEST PASSED: MOVES _____ FREE SKATE _____ PAIR _____ DANCE _____

COMPETITION RECORD - Highest qualifying competition entered in the last year:

NAME OF COMPETITION: _____
 LEVEL/EVENT: _____ FINAL ROUND PLACEMENT _____
 COACH'S NAME: _____ COACH HOME PHONE: () _____
 COACH USFSA #: _____ E-MAIL: _____ WORK PHONE: () _____

	Free Skate	Short Program	Compul Moves	Jumps Only	Spins Only	Comp. Test Track	Artistic: Drama	Artistic: Light Ent.
Senior	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Junior	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Novice	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Intermediate	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Juvenile	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Open Juvenile	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
Pre-Juvenile	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Open Pre-Juvnile	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
Preliminary	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pre-Preliminary	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ltd. Pre-Preliminary	<input type="checkbox"/>							
Adult Masters	<input type="checkbox"/>						<input type="checkbox"/>	<input type="checkbox"/>
Adult Gold	<input type="checkbox"/>							
Adult Gold/Silver					<input type="checkbox"/>			
Adult Silver	<input type="checkbox"/>							
Adult Bronze	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>			
Adult Pre-Bronze	<input type="checkbox"/>		<input type="checkbox"/>					
Adult			<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>
Duet:				Level: _____			<input type="checkbox"/>	<input type="checkbox"/>
				Partner: _____				

Compulsory Figures			Compul. Moves	Free Skate
Bronze	<input type="checkbox"/>	Tots	<input type="checkbox"/>	<input type="checkbox"/>
Silver	<input type="checkbox"/>	Beginner 1	<input type="checkbox"/>	<input type="checkbox"/>
Gold	<input type="checkbox"/>	Beginner 2	<input type="checkbox"/>	<input type="checkbox"/>
Masters	<input type="checkbox"/>	Beginner 3	<input type="checkbox"/>	<input type="checkbox"/>
Open Level	<input type="checkbox"/>	Beginner 4	<input type="checkbox"/>	<input type="checkbox"/>
Artistic	<input type="checkbox"/>	Beginner 5	<input type="checkbox"/>	<input type="checkbox"/>
Dance - Level _____		Beginner 6	<input type="checkbox"/>	<input type="checkbox"/>
Event: _____		Beginner 7	<input type="checkbox"/>	<input type="checkbox"/>
Partner: _____		Adult Beginner 1	<input type="checkbox"/>	<input type="checkbox"/>
Pairs - Level _____		Adult Beginner 2	<input type="checkbox"/>	<input type="checkbox"/>
Event: _____		Adult Beginner 3	<input type="checkbox"/>	<input type="checkbox"/>
Partner: _____		Special Olympics	Level: _____	

**2008 COLORADO FIGURE SKATING CHAMPIONSHIPS
CERTIFICATION AND PAYMENT FORM**

ENTRIES MUST BE RECEIVED BY JUNE 16, 2008; THE POSTMARK WILL NOT BE CONSIDERED

Skater's Name _____ USFSA No. _____

COACH'S CERTIFICATION: I have read this entry form and certify that it is complete and that the skater is eligible to enter the above events.

Coach's Signature _____

CLUB CERTIFICATION: I have read this entry form and certify that it is complete and that to the best of my knowledge, the entrant is eligible to enter the events specified. He/she is a member of my club in good standing, and is an eligible skater in accordance with the rules of the United States Figure Skating Association.

Club Officer or Test Chairman _____ Home Club _____

COMPETITOR/PARENT/GUARDIAN STATEMENT: I understand that this entry must be in the hands of the committee by Monday, June 16, 2008. The competition committee reserves the right to limit the number of entries accepted or cancel an event due to time constraints. The undersigned agrees to hold harmless U.S. Figure Skating, Mile High FSA, and its member clubs, the Apex Center and their employees and agents from any loss, damage, and/or injury that may be sustained by the entrant in any manner while participating in any of the activities of said competition. **If this entry is incomplete, I will accept a collect phone call** to complete my entry. This release must be signed by the parent or guardian if entrant is under 21 years of age.

Parent/Guardian Signature _____ Skater's Signature _____

ENTRY FEES

FIRST SINGLES EVENT - ALL IJS EVENTS	\$95.00	
FIRST SINGLES EVENT - ALL 6.0 EVENTS	90.00	
ADDITIONAL SINGLES EVENTS	30.00	per event
PAIRS: INTERMEDIATE THRU SENIOR	65.00	per person
PRELIMINARY THRU JUVENILE	55.00	per person
COUPLES DANCE - 1st Event	40.00	per person
2nd Event	25.00	per person
3rd Event	20.00	per person
SYNCHRONIZED SKATING - 1st Event	45.00	per team plus
TEAMS	7.00	per person
2nd Event	30.00	
FUNTASTICS EVENTS 1st Event	35.00	
2nd Event	15.00	

Make checks payable to **Mile High FSA** and mail the completed entry and payment forms to:
Carol Zeles, 7278 South Iris Court, Littleton, Colorado 80128 [Phone number (303) 979-0802]

Total Entry Fees _____

TOTAL DUE \$

Amount Enclosed: _____

A service charge of \$30.00 will be added for any returned checks. Payment by Money Order or cash will be required in these cases.

2008 COLORADO CHAMPIONSHIPS PRACTICE ICE CONTRACT

Name: _____ USFSA #: _____
 Address: _____ Phone: _____
 City: _____ State: _____ Zip: _____ E-Mail: _____
 Earliest Time to Begin Practice Ice (Date & Time): _____ Home Club: _____
 Please Indicate the Level for each event entered:
 Skater Level - Free Skate: _____ Short: _____ Dance: _____ Pairs: _____
 Coach Name: _____ Coach email: _____ Partners Name: _____

Official Practice Ice: Official practice ice is a practice ice session on the rink where the event will be held and your music will be played. Official practice ice starts on Tuesday, August 5th. To be fair to all competitors, all of the official practice ice for an event has to be on the same day. That means that your official ice may be scheduled before your indicated arrival. If you request official ice, it will be assigned and you will be required to pay for it even if it is before your planned arrival. If you don't pre-request official ice, none will be available for you. You may sign up for one official practice ice for each event entered.

Check each event for which you want Official Practice Ice				
<input type="checkbox"/> Free Skate	<input type="checkbox"/> Short Program	<input type="checkbox"/> Figures (Patch)		X \$13.00 =
<input type="checkbox"/> Pairs	<input type="checkbox"/> Pairs SP			X \$14.00 =
<input type="checkbox"/> Dance Compulsories	<input type="checkbox"/> Original Dance	<input type="checkbox"/> Free Dance		X \$14.00 =
Total For Official Practice Ice:				

Warm-up Practice Ice: Warm-up practice ice is a 15-20 minute session about 1 to 3 hours before the event.

Check each event for which you want Warm-up				
<input type="checkbox"/> Free Skate	<input type="checkbox"/> Short Program	<input type="checkbox"/> Pairs	<input type="checkbox"/> Pairs SP	X \$8.00 =
<input type="checkbox"/> Dance Compulsories	<input type="checkbox"/> Original Dance	<input type="checkbox"/> Free Dance	<input type="checkbox"/> OPSD	X \$8.00 =
Total for Warm-up Practice Ice:				

Additional Practice Ice: Additional practice ice sessions may be purchased at \$13.00 per session for free skate and \$14.00 per skater per session for dance and pairs. Do not request more than two sessions per day per event. Requests for second practices will be filled after all of the other requests. **Please indicate how many additional practices you would like in each event in the space below. Example: I would like 2 freestyles and 1 pair practice per day from 8/5/08.**

Total # of Additional Freestyle practices _____ X \$13.00 = _____
 Total # of Figures Practice (Patch) _____ X \$13.00 = _____
 Total # of Additional Dance and/or Pair Practices _____ X \$14.00 = _____

Add the totals for Official, Warm-Up and Additional to get the Total Amount Due: _____

Mail this contract, a check for the Total Amount Due made payable to Mile High Figure Skating Association, and a self-addressed, stamped envelope to:

Mile High Figure Skating Association
C/O Clara Artymovich, 7819 Mona Court, Denver, CO 80221 Due By: June 16, 2008

Thank you for entering the Colorado Championships. If the committee needs any other information to complete your request, we may call you collect. If you have any questions, call Clara Artymovich (303) 429-0580 or email Cartymovich@msn.com. **PLEASE CALL BETWEEN 6-9PM ONLY**

Skater's Signature: _____ **Parent's Signature:** _____

Committee Use Only - Do Not Write Here

Date Rec.	Check #	Amount Due	Amount Paid	Amount Owed

April 25, 2008

Greetings:

The Mile High Figure Skating Association invites you to submit an advertisement to be printed in the program for the 2008 U.S.Collegiate Championships/Colorado Figure Skating Championships. This competition, to be held at The Apex Ice Center, Arvada, CO, is one of the largest figure skating competitions in Colorado and among the largest in the country. We expect over 400 skaters, coaches and officials from many states at this competition. Skaters keep these programs as mementos of their important competitions.

You may submit camera-ready advertisements for inclusion in the program. The U.S. Collegiate Championships/Colorado Championships program will be 8 1/2 x 11”.

	U.S. COLLEGIATE NATIONALS/ COLORADO CHAMPIONSHIPS
INFORMATION:	August 5-10, 2008
DATES OF COMPETITION	8 1/2 x 11
SIZE OF PROGRAM	July 13, 2008
DEADLINE FOR ADS	

Thank you very much for your support of figure skating. If you have any questions, please call at the number below.

MAIL AD, AD FORM, AND PAYMENT TO:

Mrs. Carol Zeles
7278 South Iris Court
Littleton, Colorado 80128
(303) 979-0802

NAME: _____

COMPANY or ORGANIZATION: _____

ADDRESS: _____

PHONE NO.: _____

SIZE OF AD:	Colorado <u>Championships</u>
Back Outside Cover	<input type="checkbox"/> \$350
Front Inside Cover	<input type="checkbox"/> \$200
Back Inside Cover	<input type="checkbox"/> \$200
Full Page	<input type="checkbox"/> \$150
Half Page	<input type="checkbox"/> \$100
Quarter Page	<input type="checkbox"/> \$ 75
Business Card	<input type="checkbox"/> \$ 50
Personal (See attached)	<input type="checkbox"/> \$ 30
Patron	<input type="checkbox"/> \$ 10

Amount \$ _____

AMOUNT ENCLOSED \$ _____

Make Check Payable to **Mile High Figure Skating Association** and mail to Carol Zeles. A \$10 service charge will be added if you need to be billed.

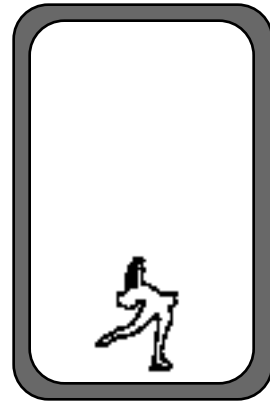
PLEASE DO NOT STAPLE YOUR AD TO THIS FORM. PLEASE USE TAPE OR A PAPER CLIP.



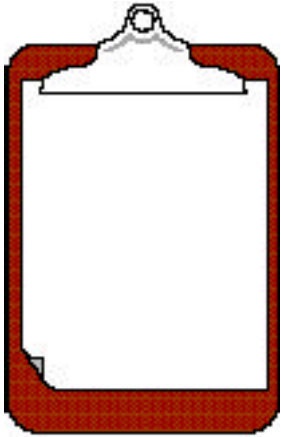
A - Ribbon



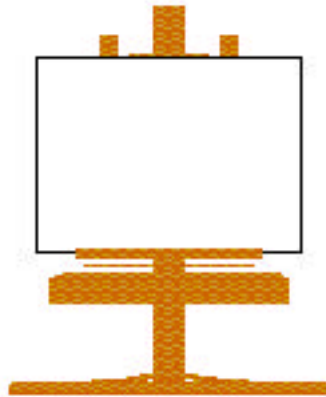
B - Stars



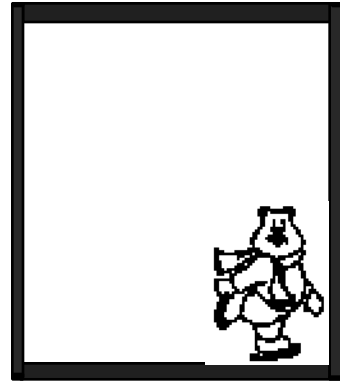
C - Layback



D - Clipboard



E - Announcement



F - Bear Skating

Layout Desired _____

Personal Message:



Sample

Use one of our layouts or create your own!

