

**UCLA MEDICAL CENTER  
IMPORTANT INSTRUCTIONS FOR YOUR SURGERY**

**YOUR SURGERY DATE:** \_\_\_\_\_

**YOU CALL UCLA:** On the last working day before your surgery, you must call UCLA between 2:00 PM and 4:00 PM to find out what time you should arrive at the hospital. The phone number to call is **310-825-9845**. Call on: \_\_\_\_\_

**WHERE TO GO:** On the day of surgery at the time you are told, report to the Admission and Registration Office (room 17-240) located on the 1<sup>st</sup> floor of the Medical Center in the main lobby area. The Admission Office is across from the gift shop in the lobby.

**EATING AND DRINKING BEFORE SURGERY:** It is very important to follow these instructions carefully. You may have solid food up until 8 hours before your surgery or procedure. You may have sips of clear liquids up until 2 hours before your surgery or procedure. Clear liquids are water, apple juice, or Gatorade. **IF YOU ARE GIVEN DIFFERENT INSTRUCTIONS BY YOUR SURGEON, FOLLOW THOSE INSTRUCTIONS.** Make sure you have called to be certain of the time of your surgery first. If you eat or drink too close to surgery time, your surgery will have to be delayed.

**PLEASE TAKE YOUR REGULAR MORNING MEDICATIONS WITH A SMALL SIP OF WATER BEFORE YOU COME TO THE HOSPITAL** unless you are instructed otherwise.

**MEDICINES TO TAKE THE MORNING OF YOUR SURGERY:** \_\_\_\_\_

\_\_\_\_\_

**DO NOT TAKE:** \_\_\_\_\_

**IMPORTANT REMINDERS:**

- Discuss with your Internist, Primary Care Doctor, or Cardiologist if you should stop taking aspirin and ibuprofen 2 weeks before surgery.
- If you become ill with a cold, fever, or rash, call your surgeon. Your surgery may need to be postponed until you are well.
- Leave cash, jewelry, credit cards and other valuables at home.
- Remove all pierced jewelry anywhere on the body.
- Wear comfortable, loose clothing to the hospital.
- Remove all make-up, including lipstick.

**SEE THE MAP ON THE BACK FOR DIRECTIONS**

## **Preoperative Instructions for Anticoagulation Therapy**

### **FOR PATIENTS WHO HAVE A CORONARY STENT AND ARE TAKING PLAVIX (CLOPIDOGREL) AND ASPIRIN:**

- **DO NOT stop taking or change your medications unless you are told to do so by your cardiologist.**
- **If your surgeon (including dentists) tells you to stop taking your aspirin or anti-clotting medication before the date of surgery, DO NOT DO SO before speaking with your cardiologist.** Your cardiologist and surgeon must weigh the risk of major bleeding against the risk of blood clot, heart attack, or death.
- If your procedure is elective, your cardiologist and surgeon may recommend postponing your surgery until it is safe to discontinue Plavix.

### **FOR PATIENTS WHO TAKE ASPIRIN AND HAVE:**

- **Coronary artery disease, chest pain (Angina) previous heart attack (myocardial infarction) , coronary stent(s)**
- **History of stroke or TIA(“mini-stroke”, transient ischemic attack)**
  - a. **Your surgeon should speak with your doctor (cardiologist, internist or neurologist) to determine if aspirin should be continued without interruption, or if the risk of bleeding requires that you stop taking aspirin, then resume taking it after surgery.**