



ADVANCED TRAINING SESSIONS FOR VOLLEYBALL



Individual session

1 session - 50 dollars

Packages

4 sessions - 180 dollars

8 sessions - 320 dollars

Small group per session

2 athletes - 45 dollars each

3 athletes - 40 dollars each

4+ athletes - 35 dollars each

Sessions will be catered to individual or small group needs

Skills and techniques offered

Defense
Hitting
Setting
Passing
Serving
Blocking
Footwork
Ball control

**All sessions will be taught by State Champion and Director of P3R Coaches
Curt Russell**

Please pay at beginning of session with cash or money order only

Contact info:

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