

# DR MARK JOSEPH DONOHOE MB BS

## *CURRICULUM VITAE*

REVISED JANUARY 2003

### 1 CONTACT DETAILS

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### 2 PERSONAL

Date of Birth: 4 January, 1956                              Place of Birth: Sydney, Australia

### 3 ACADEMIC QUALIFICATIONS, PROFESSIONAL APPOINTMENTS, EXPERTISE

Faculty of Medicine, University of Sydney, Bachelor of Medicine, Bachelor of Surgery.  
Graduated 1980

Diploma, Australian College of Nutritional Medicine 1987

Australian Comprehensive Medicine Association. Inaugural president. 1994-1997

Appointed to Royal Australian College of General Practitioners (RACGP) committee for  
review of complementary and alternative medicine. November 1995

Member of Australian Society of Environmental Medicine. Awarded Fellowship 1996

Member of Editorial Board, FACT Journal. University of Exeter UK. 1998-2001

Member of Australian College of Nutritional & Environmental Medicine. Fellowship 2001

Recognised as expert in field of multiple chemical sensitivities, following advice to  
Workcover NSW, by Minister for Industrial Relations, Hansard 3/12/02

Appointed to NSW Government Health Claims and Consumer Protection Advisory  
Committee, December 2002

Invited onto National Scientific Advisory Committee on Complementary Medicine  
(NSACCM), Australian Centre for Complementary Medicine, Southern Cross and  
Queensland Universities, Jan 2003

### 4 EDUCATION

**Secondary education** - St Ignatius College, Riverview 1968-1973

- *Captain senior debating team and combined GPS debating teams (undefeated) 1973*
- *School nominee, Lions Club Youth of the Year (region finalist) 1973*
- *Cardinal's Award Religious Knowledge, Col. North Medal for public speaking 1973*

**Undergraduate education** - University of Sydney 1974-1979

- *Graduated 1980, Bachelor of Medicine, Bachelor of Surgery (MB BS)*

**Postgraduate education**

- *Australian College of Nutritional Medicine diploma. Melbourne March 1987*
- *Australian Society of Environmental Medicine (Annual Conferences 1986-1997)*

## 5 PROFESSIONAL MEDICAL CAREER

- 1996-2003 Referral based specialised medical practice, 129A Raglan St, Mosman
- *Specialised in diagnosis and management of complex medical illnesses, with referrals from doctors and alternative health practitioners from throughout Australia*
- 1994-1997 Inaugural President, Australian Comprehensive Medicine Association
- *Integration of proven CAM practices in orthodox medical practice*
- 1991-1999 Clinical researcher associated with University of Newcastle
- *Clinical research and publications in peer reviewed medical literature, primarily related to chronic fatigue syndrome and chemical injury*
- 1992-1994 Referral based specialised medical practice, 17 Cowles Rd, Mosman
- 1989-1992 Medical Director, Environmental Medicine Centre
- *Referral-based, three doctor medical practice specialised in environmental medicine*
- 1989-1992 Medical Director, Special Environment Allergy Clinic, Manly Waters Hospital
- *Inpatient multidisciplinary hospital unit - treated over 300 people referred from around Australia*
- 1986-1990 Medical Consultant, Complementary Medicine Centre, Rushcutters Bay
- 1983-1989 Solo General Practice, Central Coast, NSW
- 1982 Medical Resident & Surgical Registrar, Gosford Hospital
- 1981 Medical Resident, Lidcombe Hospital
- 1980 Intern, Lidcombe Hospital

## 6 PUBLICATIONS AND RESEARCH

### 6.1 PEER REVIEWED MEDICAL PUBLICATIONS

Dunstan RH, Donohoe M, Taylor W, Roberts TK, Murdoch RN, Watkins JA & McGregor NR *A preliminary investigation of chlorinated hydrocarbons and chronic fatigue syndrome* Med J Aust 1995; 163:294-297

Dunstan RH, Roberts TK, Donohoe M, McGregor NR, Hope D, Taylor WG, Watkins JA, Murdoch RN & Butt H *Bioaccumulated chlorinated hydrocarbons and red/white blood cell parameters*. Biochem Molec. Med. 1996; 58:77-84

Roberts TK, McGregor NR, Dunstan RH, Donohoe M, Taylor W, Murdoch RN, Hope D, Zhang S, Butt HL, Watkins JA & Taylor WG *Immunological and haematological parameters in patients with chronic fatigue syndrome*. J. Chronic Fatigue Syndrome 1998; 4(4): 51:65

McGregor NR, Dunstan RH, Donohoe MJ, Roberts TK, Butt HL, Watkins JA, Murdoch RN, Taylor WG *Assessment of Plasma Fatty Acids and Sterols in Sudden- and Gradual-Onset Chronic Fatigue Syndrome Patients*. J Nut Envir Med 2000; 10:13-23

### 6.2 MEDICAL PUBLICATIONS - NOT PEER REVIEWED

*The cost of CAM - Debates and Issues*. Donohoe MJ. Journal of Comp Med Jan-Feb 2003 pp 46-8

*Introduction to the indoor environment and health*. Donohoe MJ Environment Design Guide, Royal Australian Institute of Architects (RAIA). 1997, revised 2002

*Multiple chemical sensitivities - Debate*. Donohoe MJ Australian Doctor June 1998

*1995 Proceedings of the Complementary Medicine in Chronic Fatigue Syndrome National Consensus Conference* Donohoe MJ Editor 1995

*Doctors talk to doctors about CFS* Donohoe MJ, in Chronic Fatigue Vayda W Simon & Schuster 1991 pp 208-231

*Environmental Medicine 1991 Seminar Handbook*, Donohoe MJ Ed. Macquarie Health Corp 1991

### 6.3 OTHER PUBLICATIONS

*Application for inclusion of diagnosis of multiple chemical sensitivities (MCS) in ICD-10 (Australia).* Immig J, Corbett A, Donohoe MJ March 2002

*From Disease Care To Health Care -The Place Of Complementary & Alternative Medicine In Australia* Donohoe MJ. September 2001

*Multiple chemical sensitivities - State of the Science (Review)* Donohoe MJ Continuing Legal Education May 2001

*Critique of the Draft Clinical Practice Guidelines for Chronic Fatigue Syndrome.* Submission to the RACP Working Group. Donohoe MJ. 1998 and 2000

*Scott's Creek Storage Tunnel Vent Health Risk Assessment Report,* Donohoe MJ. August 1999

*Senate Air Safety Inquiry - submission regarding safety of BAe-146 aircraft.* Donohoe MJ. May 1999.

*Submission to Cosmetic Surgery Inquiry of Health Care Complaints Commission.* Donohoe MJ. 1999

*Community Exposure to Agricultural Chemicals - Report on Medical Issues and Summary of Medical and Toxicological Literature.* Report commissioned by the Total Environment Centre for mediation in Gunnedah. Donohoe MJ September 1997

*Centre for Disease Control CFS Diagnostic Checklist* (from outcomes of the Complementary Medicine in CFS National Consensus Conference) Donohoe MJ. 1995

*ACMA Directions and Opportunities Position Paper v 2.6,* Donohoe MJ 1994-98

### 6.4 COMPUTERISED INFORMATION SYSTEMS

Computerised medical records and information systems in medical practice from 1985 to present. (member of the RACGP Medical Computing subcommittee)

Author and programmer - *Wellcheck Health Risk-assessment program.* 2002

## 7 ATTENDANCE OF CONTINUING EDUCATIONAL PROGRAMS

Oct 2002 Registrant, *Stenlake seminar on bio-identical hormone pharmacodynamics and prescribing.* Bondi Junction, NSW

Oct 2002 NICNAS (National Industrial Chemicals Notification and Assessment Scheme) educational seminar

Sept 2002 Registrant, *Healthy aging, a national imperative.* Complementary Healthcare Council Annual conference. Darling Harbour Sydney NSW

Apr 2002 Registrant, *Mind of the Child* conference, Manly Parkroyal , Manly NSW

Dec 2001 Registrant, CFS 2001 conference, Manly Parkroyal , Manly NSW

May 2002 Registrant, Australian College of Nutritional & Environmental Medicine Specialist training program on chemical injuries, Byron Bay NSW

Feb 2001 Attendant, Australian College of Nutritional & Environmental Medicine (ACNEM) Specialist training program, Manly Pacific Hotel, Manly NSW

Feb 2001 Registrant, Complementary Healthcare Council *Summit on complementary and alternative medicine,* Canberra ACT

Oct 1999 Registrant. *CAM integration in Australian Medical Practice.* Aust Integrative Medicine Association Conference, Manly Pacific Hotel, Manly NSW

Oct 1999 Registrant, FIT Conference *Medicine in the new millennium,* Marriott Hotel, Surfers Paradise, Qld

Sept 1999 Attendant, ACNEM Specialist training program, Millennium Hotel, Sydney

- Feb 1999 Registrant, *CFS 1999 conference, The Challenge of Complex Illness*, Manly Parkroyal , Manly NSW
- Aug 1996 Registrant, *Toxicity '96 Conference*, Seaworld Nara Hotel, Gold Coast, Qld
- Feb 1996 Registrant, *Implants and Human Health Conference*, Darling Harbour Convention Centre, Sydney NSW
- Aug 1995 Registrant, *Cheney Clinic Protocols in chronic fatigue syndrome*. Sydney NSW
- Feb 1995 Registrant, *Complementary Medicine in Chronic Fatigue Syndrome National Consensus Conference*. Darling Harbour Convention Centre, Sydney NSW
- Apr 1993 Registrant and poster presentation, *Trace elements and free radicals in human health conference*, Chamonix France
- 1986-1995 Attendee, registrant and occasional presenter, Australian Society of Environmental Medicine (ASEM), Annual Scientific Conferences, various venues around Australia
- 1988 Attendee, American Academy of Environmental Medicine (AAEM) Annual Scientific Conference held in Lake Tahoe, Nevada USA
- 1987 Diploma Course, Australian College of Nutritional Medicine

## 8 PROFESSIONAL EDUCATIONAL PROGRAMS & PRESENTATIONS

- Sept 2002 Debate, panel moderation and presentation, *Public health costs: Comparing orthodox with complementary medicine*. Complementary Healthcare Council Annual conference, *Healthy aging, a national imperative*. Darling Harbour Sydney NSW
- May 2002 Presentations and workshop, *Multiple chemical sensitivities - state of the science*. Australian College of Nutritional & Environmental Medicine Specialist training program, Byron Bay NSW
- Oct 2001 Presentation, *Toxic Insults and Clinical Outcomes - Making sense of complex illness and diseases caused by exposure to poisons in the workplace and environment*. APLA National Conference, Hyatt Hotel, Coolum Qld
- May 2001 Presentation, *Multiple chemical sensitivity: Psychiatric illness or toxic injury*. The CLE Centre and Faculty of Law, UTS seminar on Workplace Injury. State Library of NSW, Sydney NSW
- Feb 2001 Presentation, *Dioxins and persistent organic pollutants - health effects and risks*. Gladstone Qld
- Feb 2001 Presenter, *The gut-brain connection*. Australian College of Nutritional & Environmental Medicine (ACNEM) Specialist training program, Manly Pacific Hotel, Manly NSW
- Feb 2001 Presentation, moderator and panel discussion, Complementary Healthcare Council Healthcare Summit. Canberra ACT
- Oct 1999 Presenter & workshop moderator. *Integrated approach to chronic fatigue syndrome*. Australian Integrative Medicine Association Conference, Manly Pacific Hotel, Manly NSW
- Oct 1999 Presenter and moderator, *Medicine in the New Millennium*. FIT Conference, Marriott Hotel, Surfers Paradise, Qld
- Sept 1999 Presenter, *Environmental & Genetic Markers in the Polysymptomatic Patient*. ACNEM Specialist training program, Millennium Hotel, Sydney
- June 1999 Presenter, *Orthodox scientific medicine - is there an alternative?* Lower North Shore Division of General Practice, Crows Nest NSW

- July 1999 Presenter, *Adverse health effects of persistent organic pollutants (POPs)*, RACGP CME seminar, Wollongong University
- Apr 1999 Presenter, *Dioxins - the unasked questions*. Dioxin Action Group Meeting, Wollongong NSW
- Oct 1998 Presenter, *What the legal profession needs to know about chemical injury*. Annual conference the Australian Plaintiff Lawyers Association (APLA). Hamilton Island, Qld
- Feb 1998 Moderator, presenter & participant, CFS 1998 conference. Alison Hunter Foundation. Manly Parkroyal , Manly NSW
- Oct 1997 Presenter, *Sick Buildings - recognising the issue, preventing the problems*. Annual conference of the Architectural Society for Responsible Design (ESDA). RMIT, Melbourne
- Aug 1997 Presenter, *Multiple chemical sensitivities - sensitivity or toxic response? Review of the evidence*. Annual conference of the Australian Chemical Trauma Alliance (ACTA). Coffs Harbour, NSW
- May 1997 Invitee, Workshop on Agricultural Chemicals & Health Effects. Royal Prince Alfred Hospital, Sydney
- Mar 1997 Presenter, *Investing in the future - minimising risk in the schools*. Toxic Playground Seminar, Total Environment Centre. Sydney NSW
- Nov 1996 Presenter, *Architects as health practitioners*. Annual conference of the Architectural Society for Responsible Design (ESDA). Darling Harbour, Sydney NSW
- Nov 1996 Presenter, *Chronic fatigue syndrome seminar*. Riverina Division of General Practice, Wagga Wagga, NSW
- Aug 1996 Co-organiser and presentation, *Neurotoxicity. Nervous system damage in long term chemical exposure*. Toxicity '96 Seminar. Seaworld Nara Hotel, Gold Coast, Qld
- Aug 1996 Presenter, *Fit for Human Consumption - Modifying the indoor environment for health*. Annual conference of the Australian Chemical Trauma Alliance (ACTA). Coffs Harbour, NSW
- June 1996 Presenter, *Danger on the Farm - Hazards of chemical use*. Murray-Plains Division of General Practice Seminar. Echuca Vic
- Mar 1996 Presenter, *Research directions and opportunities in chronic fatigue syndrome*. Northern Rivers CFS Association. Tweed Heads RSL, NSW
- Feb 1996 Organiser, *Implants and Human Health International Conference*, Darling Harbour Convention Centre, Sydney
- 1996 -1998 Presenter, *Architecture, the indoor environment and health*. Educational program for Royal Australian Institute of Architects (RAIA). RAIA, Darlinghurst NSW
- 1995 -1996 Co-organiser and presenter, *Chronic Fatigue Syndrome workshops for doctors*. Sydney, Auckland, Brisbane, Adelaide, Perth
- Sept 1995 Presenter, *Architects and interior designers - their place in the integrated health team*. Annual conference of the Architectural Society for Responsible Design (ESDA). Darling Harbour, Sydney
- June 1995 Presenter, *The social and personal consequences of multiple chemical sensitivities*. Annual conference of the Australian Chemical Trauma Alliance (ACTA). Tamworth, NSW
- Aug 1995 Organiser and coordinator, *Cheney Clinic Protocols in chronic fatigue syndrome*. The Rocks, Sydney NSW
- June 1995 Sydney moderator, *Healthcom International video-conference on nutritional medicine*. Telstra, Sydney NSW

- Apr 1995      Presenter, IBC Conference. *Assessing the impact of mobile computing*. Sydney Ritz Carlton Hotel, Double Bay NSW
- Feb 1995      Organiser and presentation, *Complementary Medicine in Chronic Fatigue Syndrome National Consensus Conference*. International conference, Darling Harbour Convention Centre, Sydney NSW
- Oct 1994      Organiser, *Chronic Fatigue Syndrome workshops for doctors* Qld, NSW & Vic
- June 1994      Presenter, *Apple Newton and medical applications of mobile computing*. Apple Australia Conference. Novotel Hotel, Wollongong NSW
- June 1994      Presenter, *Organochlorine pesticides, chronic fatigue syndrome and multiple chemical sensitivities*. Annual conference of ACTA. Inverell, NSW
- Oct 1991      Presenter, *Results from Environmental Medicine Centre*. Annual Conference, Royal Australian College of General Practitioners. Hobart Tas.
- Aug 1991      *Environmental Medicine 1991 Video & Conference Handbook*
- June 1991      Organiser & presenter, *Environmental Medicine 1991 Seminar*. Manly Pacific Hotel, Manly NSW
- 1984-2003      Approximately 50 free seminars & lectures to public on various health issues.

## 9 INVITATIONS AND PARTICIPATION IN OTHER EVENTS

- Aug 2000      Appearance to provide expert evidence to the NSW Govt Legislative Council General Purpose Standing Committee #5 - *Inquiry into Northside Storage Tunnel Scott's Creek Vent*. Parliament House, Macquarie St, Sydney NSW
- Feb 2000      Appearance to provide expert evidence to the Senate Rural and Regional Affairs and Transport References Committee for Senate Inquiry, *Air Safety and Cabin Air Quality in the BAe-146 Aircraft* Airport Hilton, Sydney NSW
- Nov 1998      Workshop invitee, Trans-Tasman harmonisation committee - *Coordinated regulation of complementary healthcare products between Australia and New Zealand*. Darling Harbour Convention Centre, Sydney NSW
- Nov 1998      Workshop invitee, *The Way Forward - Regulation of complementary healthcare products in the new millennium*. Darling Harbour, Sydney NSW
- June 1998      Interim committee member, *Committee to investigate the use of the term, "drug free"*. Sydney Airport, Sydney
- 1991-1996      Clinical director of CFS collaborative research project - University of Newcastle and Environmental Health Technologies
- 1990-1992      Member Scientific Sub-committee, Australian Society of Environmental Med.
- 1989-1992      Member Editorial Review Board, College Nutritional & Environmental Med

## 10 MEDIA

Since 1988, Dr Donohoe has played a significant part in public debate in the media on issues including: chronic fatigue syndrome; multiple chemical sensitivities; chemical injury and toxicity; complementary and alternative medicine; shaken baby syndrome; vaccination; food additives, indoor air quality, occupational injuries, and various other public health issues.

- Television      *Quantum; 7:30 Report; 60 Minutes; A Current Affair; Four Corners; The Investigators; Beyond 2000; ABC National News; Channel 7 News; Channel 9 News; Channel 10 News; Today Tonight*
- Radio              *ABC National; ABC Regional; World Today; 2GB ; 2UE; many regional commercial radio stations*
- Press                *Bulletin; The Age; Sydney Morning Herald; AAP; Courier Mail, Australian*