

2nd Annual Comfortably Numb Trail Race

Sponsored By:

North Shore Athletics - Escape Route - Lululemon - Gatorade - Xerox

Powerbar - Whistler Transit - Whistler Real Estate - Body Shop - WORCA

Creekside Market - Whistler Blackcomb - Carney's - Whistler Chiro & Massage - RMOW

Official Results

Rk	Race #	Name	Year	Time	Gap
1	275	Sheldon, Graham	30	2:03:53.46	Vancouver
2	328	Cunningham, Brad	30	2:05:29.23	0:01:35.77 Victoria
3	277	Clarke, Andrew	31	2:06:38.10	0:02:44.64 Squamish
4	332	Polizzi, Lisa	33	2:10:50.67	0:06:57.21 Brisbane
5	333	Kress, Dwayne	34	2:11:07.54	0:07:14.08 Squamish
6	284	Mcdonnell, Greg	34	2:11:46.26	0:07:52.80 Whistler
7	317	Havens, Daniel	48	2:12:04.22	0:08:10.76 Whistler
8	348	Fearman, Mark	24	2:18:47.86	0:14:54.40 Whistler
9	320	Blok, John	50	2:19:58.72	0:16:05.26 Whistler
10	278	Hertz, Joe	31	2:20:27.63	0:16:34.17 Whistler
11	292	Pardue, Martin	38	2:20:37.52	0:16:44.06 Whistler
12	311	Burke, David	46	2:21:16.60	0:17:23.14 Brackendale
13	279	Crisp, Angus	31	2:22:19.37	0:18:25.91 Vancouver
14	270	Sharman, Paul	27	2:23:42.03	0:19:48.57 Vancouver
15	274	Morgans, Darren	30	2:24:30.54	0:20:37.08 Vancouver
16	346	Schrann, Tyler	27	2:25:07.81	0:21:14.35 Whistler
17	334	Thomas, Ben	31	2:26:06.82	0:22:13.36 Whistler
18	300	Winter, Jim	41	2:28:41.10	0:24:47.64 Coquitlam
19	294	Hall, John	40	2:28:54.64	0:25:01.18 Whistler
20	285	Cote, Dean	35	2:29:05.25	0:25:11.79 Whistler
21	228	Walker, Jennifer	33	2:29:52.61	0:25:59.15 Kamloops
22	308	Deeks, Bob	46	2:30:42.64	0:26:49.18 Whistler
23	316	Wallgram, Walter	48	2:31:34.49	0:27:41.03 Whistler
24	287	Aber, Matteo	36	2:33:02.71	0:29:09.25 Whistler
25	295	Kopec, Michael	40	2:33:06.82	0:29:13.36 Whistler
26	271	Watson, Peter	27	2:33:55.42	0:30:01.96 N. Vancouver
27	213	Kaminski, Michelle	30	2:34:44.87	0:30:51.41 Whistler
28	221	Prevost, Marie-Ann	31	2:34:50.10	0:30:56.64 Whistler
29	299	Carr, Rory	41	2:35:40.46	0:31:47.00 Vancouver
30	240	Campbell, Wendi	37	2:36:12.17	0:32:18.71 W. Vancouver
31	307	Simonite, Blair	46	2:36:28.92	0:32:35.46 N. Vancouver
32	272	Lescak, Jason	28	2:36:33.99	0:32:40.53 Whistler
33	342	Suter, Paul	44	2:36:34.47	0:32:41.01 Whistler
34	237	Webster, Shelley	36	2:36:43.68	0:32:50.22 Whistler
35	309	MacNeil, Norman	46	2:38:23.86	0:34:30.40 Whistler
36	280	Berthoud, Michel	32	2:38:34.92	0:34:41.46 Whistler
37	289	Henderson, Peter	37	2:39:08.75	0:35:15.29 Vancouver
38	310	Fitch, Graeme	46	2:40:22.23	0:36:28.77 Whistler
39	303	Cubbon, Paul	43	2:40:42.91	0:36:49.45 N. Vancouver
40	241	Burke, Val	37	2:42:21.87	0:38:28.41 Whistler
41	291	Chahal, Anthony	38	2:42:57.62	0:39:04.16 Vancouver

42	301 Charuk, Mike	41	2:44:14.60	0:40:21.14	Whistler
43	229 Kallio, Lisa	33	2:44:41.58	0:40:48.12	Whistler
44	283 Wutke, Dean	33	2:48:11.40	0:44:17.94	Coquitlam
45	296 Grant, Gary	40	2:48:25.19	0:44:31.73	Whistler
46	204 Bingham, Nicoline	28	2:49:54.90	0:46:01.44	Kelowna
47	239 Hellier, Marilyn	37	2:50:04.97	0:46:11.51	Whistler
48	201 Henderson, Kendra	26	2:50:28.90	0:46:35.44	Squamish
49	293 Pravica, Peter	39	2:51:20.34	0:47:26.88	P. Rupert
50	202 Shore, Tammy	27	2:51:43.81	0:47:50.35	Pemberton
51	335 Parry, Alison	41	2:52:12.47	0:48:19.01	N. Vancouver
52	324 Eisel, Allan	55	2:53:42.33	0:49:48.87	Coquitlam
53	257 Butterfield, Jacqui	47	2:54:18.15	0:50:24.69	N. Vancouver
54	212 Wastle, Megan	30	2:54:29.05	0:50:35.59	Whistler
55	246 Hughes, Christina	39	2:54:32.93	0:50:39.47	Coquitlam
56	302 Hughes, Brian	42	2:54:44.04	0:50:50.58	N. Vancouver
57	218 Tabbernor, Jennifer	30	2:55:34.72	0:51:41.26	Whistler
58	339 Whelan Scott	36	2:56:02.93	0:52:09.47	Whistler
59	319 Rusnak, jim	50	2:56:56.43	0:53:02.97	Vancouver
60	231 Talbot, Jane	34	2:56:56.43	0:53:02.97	Vancouver
61	314 Nykyforuk, Tom	47	2:56:58.45	0:53:04.99	N. Vancouver
62	306 Tan, Robert	46	2:57:37.91	0:53:44.45	Whistler
63	255 Davison, Brenda	45	2:57:40.51	0:53:47.05	Whistler
64	222 Dunsmuir, Liane	31	2:57:48.11	0:53:54.65	Whistler
65	248 Harrison, Christine	39	2:57:52.50	0:53:59.04	Whistler
66	259 Lehman, Ingrid	47	2:59:23.55	0:55:30.09	Pitt Meadows
67	341 Ivany, Cathy	41	3:00:35.62	0:56:42.16	Whistler
68	249 Titus, Georgina	40	3:00:38.18	0:56:44.72	Pemberton
69	344 James, Mark	49	3:01:05.94	0:57:12.48	Vancouver
70	262 Blok, Grace	50	3:01:10.83	0:57:17.37	Whistler
71	349 Petroci, Sylvua	35	3:02:03.37	0:58:09.91	
72	281 Mitchell, Andrew	32	3:03:54.06	1:00:00.60	Whistler
73	203 Cave, Germaine	28	3:04:52.42	1:00:58.96	Nanaimo
74	242 Hubbard, Carolyn	38	3:05:56.19	1:02:02.73	N. Vancouver
75	286 Johnston, James	36	3:06:12.63	1:02:19.17	Yellowknife
76	223 Forsyth, Sara	31	3:06:12.63	1:02:19.17	Vancouver
77	258 Coles, Nancy	47	3:07:20.74	1:03:27.28	S.Delta
78	250 Thiesen, Linda	40	3:07:20.74	1:03:27.28	S.Delta
79	230 Thompson, Corinne	33	3:07:20.74	1:03:27.28	Kelowna
80	282 Christie, Gavin	33	3:10:10.23	1:06:16.77	Whistler
81	298 Glass, Leonard	41	3:11:21.74	1:07:28.28	N. Vancouver
82	336 Green, Janet	51	3:13:58.15	1:10:04.69	Courtney
83	318 Howard, Terry	49	3:14:03.19	1:10:09.73	Vancouver
84	214 Voisard, Dominique	30	3:14:09.37	1:10:15.91	Vancouver
85	243 Weller, Donna	38	3:15:20.75	1:11:27.29	N. Vancouver
86	235 Dumaresq, Patty	35	3:16:00.31	1:12:06.85	Vancouver
87	211 Cogger, Christine	30	3:18:36.81	1:14:43.35	Pemberton
88	273 Kull, Jeremy	29	3:21:11.49	1:17:18.03	Whistler
89	340 Whitney, Michael	45	3:22:31.91	1:18:38.45	Victoria
90	238 Pelletier, Cindy	36	3:24:19.56	1:20:26.10	Kelowna
91	330 Coulson, Ted	57	3:24:33.44	1:20:39.98	Seattle
92	338 Stephens Desmond	37	3:24:53.82	1:21:00.36	Richmond
93	205 Whidden, Rebecca	28	3:25:07.87	1:21:14.41	Kelowna

94	224 Aldridge, Sara	32	3:25:53.42	1:21:59.96	Whistler
95	247 Mohle, Lindsey	39	3:25:54.11	1:22:00.65	Seattle
96	323 Rauscher, Chris	54	3:26:37.14	1:22:43.68	Vancouver
97	210 Silvester, Tracey	29	3:27:03.22	1:23:09.76	Whistler
98	225 Giesbrecht, Andrea	32	3:28:14.07	1:24:20.61	Lantzville
99	219 Ross, Tami	30	3:29:22.97	1:25:29.51	Whistler
100	217 Palmer, Jodie	30	3:30:18.19	1:26:24.73	Vancouver
101	216 Whytock, Jennifer	30	3:31:04.95	1:27:11.49	N. Vancouver
102	226 Pike, Sarah	32	3:31:21.98	1:27:28.52	Vancouver
103	253 Simonite, Judy	42	3:32:19.39	1:28:25.93	N. Vancouver
104	215 Folk, Carri	30	3:32:35.33	1:28:41.87	Kelowna
105	266 Lorimer, Louisa	53	3:35:47.03	1:31:53.57	White Rock
106	252 Stufano, Christine	41	3:37:41.42	1:33:47.96	Whistler
107	206 Vandenberg, Christa	29	3:40:48.68	1:36:55.22	Whistler
108	236 Decario, Liz	36	3:40:55.70	1:37:02.24	Coquitlam
109	304 Weisberg, Fred	43	3:41:46.26	1:37:52.80	N. Vancouver
110	208 Avigail, James	29	3:43:08.51	1:39:15.05	Seattle
111	312 Geddes, Tess	46	3:44:43.27	1:40:49.81	Whistler
112	232 Stamer, Trish	35	3:44:53.04	1:40:59.58	Vancouver
113	227 Pan, Jeanie	33	3:44:53.04	1:40:59.58	Vancouver
114	327 Whitney, Alan	61	3:48:58.99	1:45:05.53	Whistler
115	321 MacKinnon, John	52	3:52:22.59	1:48:29.13	Pitt Meadows
116	244 Sieben, Jodie	38	3:53:25.26	1:49:31.80	Kelowna
117	207 Waterhouse, Kelley	29	3:53:25.26	1:49:31.80	Kelowna
118	233 Catherine, Keller	35	3:55:07.44	1:51:13.98	Vancouver
119	254 Froom, Kim	44	3:55:28.41	1:51:34.95	Kelowna
120	234 Humes, Karen	35	3:55:28.41	1:51:34.95	Kelowna
121	345 Diercks, Krisit	54	3:59:10.39	1:55:16.93	Seattle
122	329 Coulson, Jeanne	53	3:59:10.39	1:55:16.93	Seattle
123	261 Williams, Sharon	48	4:12:18.07	2:08:24.61	Surrey
124	220 Barizynski, Lee-Ann	30	4:13:22.43	2:09:28.97	Pemberton
123	209 Richardson, Lisa	29	4:13:22.43	2:09:28.97	Pemberton
126	245 Lyon, Leeann	39	4:17:03.15	2:13:09.69	Surrey
127	331 Macdonald, Heather	58	4:25:44.70	2:21:51.24	N. Vancouver
128	268 Johnson, Cheryl	55	4:30:01.75	2:26:08.29	Pitt Meadows

Absent at start

251	Denroche, Joanee	40
256	Nyquvest, Hilda	47
260	Giuffre, Susan	48
263	Truelove, Lynda	50
264	Heintzman, Martha	52
265	McFetridge, Carly	53
267	schuller, rhonda	54
269	Sharman, keith	24
276	Field, Pete	31
288	Edwards, Mike	37
290	Boston, Alex	37
297	Hoog, Vincent	41
305	Gaskill, Peter	46
315	Stufano, Vincent	47
322	Heintzman, Jeff	54

325 Truelove, Paul	56
326 Sandkuhl, Greg	60
337 Glavas Jen	27

Abandon

200 Kowalczuk, Agnes	24
347 Smith, David	45

Soft Control

Official Results

Rk	Race #	Name	Year	Time	Gap
Women/39 & Under					
1	332	Polizzi, Lisa	33	2:10:50.67	
2	228	Walker, Jennifer	33	2:29:52.61	0:19:01.94
3	213	Kaminski, Michelle	30	2:34:44.87	0:23:54.20
4	221	Prevost, Marie-Ann	31	2:34:50.10	0:23:59.43
5	240	Campbell, Wendi	37	2:36:12.17	0:25:21.50
6	237	Webster, Shelley	36	2:36:43.68	0:25:53.01
7	241	Burke, Val	37	2:42:21.87	0:31:31.20
8	229	Kallio, Lisa	33	2:44:41.58	0:33:50.91
9	204	Bingham, Noline	28	2:49:54.90	0:39:04.23
10	239	Hellier, Marilyn	37	2:50:04.97	0:39:14.30
11	201	Henderson, Kendra	26	2:50:28.90	0:39:38.23
12	202	Shore, Tammy	27	2:51:43.81	0:40:53.14
13	212	Wastle, Megan	30	2:54:29.05	0:43:38.38
14	246	Hughes, Christina	39	2:54:32.93	0:43:42.26
15	218	Tabbernor, Jennifer	30	2:55:34.72	0:44:44.05
16	231	Talbot, Jane	34	2:56:56.43	0:46:05.76
17	222	Dunsmuir, Liane	31	2:57:48.11	0:46:57.44
18	248	Harrison, Christine	39	2:57:52.50	0:47:01.83
19	349	Petroci, Sylvua	35	3:02:03.37	0:51:12.70
20	203	Cave, Germaine	28	3:04:52.42	0:54:01.75
21	242	Hubbard, Carolyn	38	3:05:56.19	0:55:05.52
22	223	Forsyth, Sara	31	3:06:12.63	0:55:21.96
23	230	Thompson, Corinne	33	3:07:20.74	0:56:30.07
24	214	Voisard, Dominique	30	3:14:09.37	1:03:18.70
25	243	Weller, Donna	38	3:15:20.75	1:04:30.08
26	235	Dumaresq, Patty	35	3:16:00.31	1:05:09.64
27	211	Cogger, Christine	30	3:18:36.81	1:07:46.14
28	238	Pelletier, Cindy	36	3:24:19.56	1:13:28.89
29	205	Whidden, Rebecca	28	3:25:07.87	1:14:17.20
30	224	Aldridge, Sara	32	3:25:53.42	1:15:02.75
31	247	Mohle, Lindsey	39	3:25:54.11	1:15:03.44
32	210	Silvester, Tracey	29	3:27:03.22	1:16:12.55
33	225	Giesbrecht, Andrea	32	3:28:14.07	1:17:23.40
34	219	Ross, Tami	30	3:29:22.97	1:18:32.30
35	217	Palmer, Jodie	30	3:30:18.19	1:19:27.52
36	216	Whytock, Jennifer	30	3:31:04.95	1:20:14.28
37	226	Pike, Sarah	32	3:31:21.98	1:20:31.31
38	215	Folk, Carri	30	3:32:35.33	1:21:44.66
39	206	Vandeberg, Christa	29	3:40:48.68	1:29:58.01
40	236	Decario, Liz	36	3:40:55.70	1:30:05.03
41	208	Avigail, James	29	3:43:08.51	1:32:17.84
42	232	Stamer, Trish	35	3:44:53.04	1:34:02.37
	227	Pan, Jeanie	33	3:44:53.04	1:34:02.37
44	244	Sieben, Jodie	38	3:53:25.26	1:42:34.59
	207	Waterhouse, Kelley	29	3:53:25.26	1:42:34.59
46	233	Catherine, Keller	35	3:55:07.44	1:44:16.77

47	234 Humes, Karen	35	3:55:28.41	1:44:37.74
48	220 Barizynski, Lee-Ann	30	4:13:22.43	2:02:31.76
	209 Richardson, Lisa	29	4:13:22.43	2:02:31.76
50	245 Lyon, Leeann	39	4:17:03.15	2:06:12.48

Absent at start

337 Glavas Jen 27

Abandon

200 Kowalczyk, Agnes 24

Men/39 & Under

1	275 Sheldon, Graham	30	2:03:53.46	
2	328 Cunningham, Brad	30	2:05:29.23	0:01:35.77
3	277 Clarke, Andrew	31	2:06:38.10	0:02:44.64
4	333 Kress, Dwayne	34	2:11:07.54	0:07:14.08
5	284 Mcdonnell, Greg	34	2:11:46.26	0:07:52.80
6	348 Fearman, Mark	24	2:18:47.86	0:14:54.40
7	278 Hertz, Joe	31	2:20:27.63	0:16:34.17
8	292 Pardue, Martin	38	2:20:37.52	0:16:44.06
9	279 Crisp, Angus	31	2:22:19.37	0:18:25.91
10	270 Sharman, Paul	27	2:23:42.03	0:19:48.57
11	274 Morgans, Darren	30	2:24:30.54	0:20:37.08
12	346 Schrann, Tyler	27	2:25:07.81	0:21:14.35
13	334 Thomas, Ben	31	2:26:06.82	0:22:13.36
14	285 Cote, Dean	35	2:29:05.25	0:25:11.79
15	287 Aber, Matteo	36	2:33:02.71	0:29:09.25
16	271 Watson, Peter	27	2:33:55.42	0:30:01.96
17	272 Lescak, Jason	28	2:36:33.99	0:32:40.53
18	280 Berthoud, Michel	32	2:38:34.92	0:34:41.46
19	289 Henderson, Peter	37	2:39:08.75	0:35:15.29
20	291 Chahal, Anthony	38	2:42:57.62	0:39:04.16
21	283 Wutke, Dean	33	2:48:11.40	0:44:17.94
22	293 Pravica, Peter	39	2:51:20.34	0:47:26.88
23	339 Whelan Scott	36	2:56:02.93	0:52:09.47
24	281 Mitchell, Andrew	32	3:03:54.06	1:00:00.60
25	286 Johnston, James	36	3:06:12.63	1:02:19.17
26	282 Christie, Gavin	33	3:10:10.23	1:06:16.77
27	273 Kull, Jeremy	29	3:21:11.49	1:17:18.03
28	338 Stephens Desmond	37	3:24:53.82	1:21:00.36

Absent at start

269 Sharman, Keith 24
 276 Field, Pete 31
 288 Edwards, Mike 37
 290 Boston, Alex 37

Women/40 - 49

1	335 Parry, Alison	41	2:52:12.47	
2	257 Butterfield, Jacqui	47	2:54:18.15	0:02:05.68
3	255 Davison, Brenda	45	2:57:40.51	0:05:28.04
4	259 Lehman, Ingrid	47	2:59:23.55	0:07:11.08

5	341 Ivany, Cathy	41	3:00:35.62	0:08:23.15
6	249 Titus, Georgina	40	3:00:38.18	0:08:25.71
7	258 Coles, Nancy	47	3:07:20.74	0:15:08.27
	250 Thiesen, Linda	40	3:07:20.74	0:15:08.27
9	253 Simonite, Judy	42	3:32:19.39	0:40:06.92
10	252 Stufano, Christine	41	3:37:41.42	0:45:28.95
11	254 Froom, Kim	44	3:55:28.41	1:03:15.94
12	261 Williams, Sharon	48	4:12:18.07	1:20:05.60

Absent at start

251 Denroche, Joanee	40
256 Nyquvest, Hilda	47
260 Giuffre, Susan	48

Men/40 - 49

1	317 Havens, Daniel	48	2:12:04.22	
2	311 Burke, David	46	2:21:16.60	0:09:12.38
3	300 Winter, Jim	41	2:28:41.10	0:16:36.88
4	294 Hall, John	40	2:28:54.64	0:16:50.42
5	308 Deeks, Bob	46	2:30:42.64	0:18:38.42
6	316 Wallgram, Walter	48	2:31:34.49	0:19:30.27
7	295 Kopec, Michael	40	2:33:06.82	0:21:02.60
8	299 Carr, Rory	41	2:35:40.46	0:23:36.24
9	307 Simonite, Blair	46	2:36:28.92	0:24:24.70
10	342 Suter, Paul	44	2:36:34.47	0:24:30.25
11	309 MacNeil, Norman	46	2:38:23.86	0:26:19.64
12	310 Fitch, Graeme	46	2:40:22.23	0:28:18.01
13	303 Cubbon, Paul	43	2:40:42.91	0:28:38.69
14	301 Charuk, Mike	41	2:44:14.60	0:32:10.38
15	296 Grant, Gary	40	2:48:25.19	0:36:20.97
16	302 Hughes, Brian	42	2:54:44.04	0:42:39.82
17	314 Nykyforuk, Tom	47	2:56:58.45	0:44:54.23
18	306 Tan, Robert	46	2:57:37.91	0:45:33.69
19	344 James, Mark	49	3:01:05.94	0:49:01.72
20	298 Glass, Leonard	41	3:11:21.74	0:59:17.52
21	318 Howard, Terry	49	3:14:03.19	1:01:58.97
22	340 Whitney, Michael	45	3:22:31.91	1:10:27.69
23	304 Fred, Weisberg	43	3:41:46.26	1:29:42.04
24	312 Geddes, Tess	46	3:44:43.27	1:32:39.05

Absent at start

297 Hoog, Vincent	41
305 Gaskill, Peter	46
315 Stufano, Vincent	47

Abandon

347 Smith, David	45
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Women/50 +

1	262 Blok, Grace	50	3:01:10.83	
2	336 Green, Janet	51	3:13:58.15	0:12:47.32
3	266 Lorimer, Louisa	53	3:35:47.03	0:34:36.20

4	329 Coulson, Jeanne	53	3:59:10.39	0:57:59.56
5	331 Macdonald, Heather	58	4:25:44.70	1:24:33.87
6	268 Johnson, Cheryl	55	4:30:01.75	1:28:50.92

Absent at start

263	Truelove, Lynda	50
264	Heintzman, Martha	52
265	McFetridge, Carly	53
267	schuller, rhonda	54

Men/50 +

1	320 Blok, John	50	2:19:58.72	
2	324 Eisel, Allan	55	2:53:42.33	0:33:43.61
3	319 Rusnak, jim	50	2:56:56.43	0:36:57.71
4	330 Coulson, Ted	57	3:24:33.44	1:04:34.72
5	323 Rauscher, Chris	54	3:26:37.14	1:06:38.42
6	327 Whitney, Alan	61	3:48:58.99	1:29:00.27
7	321 MacKinnon, John	52	3:52:22.59	1:32:23.87
8	345 Diercks, Krisit	54	3:59:10.39	1:39:11.67

Absent at start

322	Heintzman, Jeff	54
325	Truelove, Paul	56
326	Sandkuhl, Greg	60