

West Fest 5 Mile
8:30 a.m. Saturday, September 15, 2007
West Fargo, ND

female place	time	name	city	class place	age	km pace	mile pace	age graded	unofficial time	select time	bib	
								performance level/place				
1	28:56	Steve Klehfoth	Greeley, CO	1 M20-29	24	3:36	5:47	73.67%	2	28:55.9	28:55.9	3
2	29:14	Chris Hass	Fargo, ND	2 M20-29	29	3:38	5:51	72.91%	5	29:13.9	29:13.9	61
3	29:20	Tony Reinhardt	Fargo, ND	1 M30-39	35	3:39	5:52	73.09%	4	29:19.5	29:19.5	51
4	31:51	Ross Hilgers	Moorhead, MN	1 M40-49	40	3:57	6:22	69.27%	10	31:50.6	31:50.6	35
5	32:12	Heather Schuster	Moorhead, MN	1 F20-29	23	4:00	6:26	73.45%	3	32:11.0	32:11.0	56
6	32:18	Keith Koser	Fargo, ND	3 M20-29	23	4:01	6:28	65.99%	15	32:17.8	32:17.8	15
7	33:02	Keith Colliss	West Fargo, ND	2 M40-49	47	4:06	6:36	70.81%	7	33:01.8	33:01.8	77
8	33:12	Jenny Aune	Fargo, ND	1 F30-39	31	4:08	6:38	71.23%	6	33:11.1	33:11.1	42
9	34:07	Darin Gross	West Fargo, ND	2 M30-39	33	4:14	6:49	62.48%	24	34:06.7	34:06.7	60
10	34:29	Mark Johnson	Moorhead, MN	3 M30-39	38	4:17	6:54	63.42%	19	34:28.6	34:28.6	63
11	34:36	Trent Crowe	West Fargo, ND	3 M40-49	43	4:18	6:55	65.54%	17	34:35.7	34:35.7	67
12	34:38	Rick Crume	Glyndon, MN	4 M40-49	46	4:18	6:56	67.00%	12	34:37.2	34:37.2	34
13	35:17	Wade Bloom	Fargo, ND	4 M30-39	36	4:23	7:03	60.94%	27	35:16.7	35:16.7	53
14	35:58	Trevor Magel	Fargo, ND	4 M20-29	20	4:28	7:12	59.26%	32	35:57.2		12
15	36:02	Rick Tonder	Grand Forks, ND	1 M50-59	53	4:29	7:12	68.14%	11	36:01.1	36:01.1	76
16	36:04	Pat Gross	Harwood, ND	2 M50-59	50	4:29	7:13	66.28%	14	36:03.9	36:03.9	31
17	36:10	Jason Miller	Fargo, ND	5 M30-39	31	4:30	7:14	58.94%	33	36:09.5	36:09.5	41
18	36:18	Charles Jenner	West Fargo, ND	1 M60-up	63	4:31	7:16	73.90%	1	36:17.4	36:17.4	7
19	36:21	Monica Fedora	Fargo, ND	1 F40-49	43	4:31	7:16	69.74%	8	36:20.9		75
20	37:18	Carly Gaddie	Washington, DC	2 F20-29	29	4:38	7:28	63.40%	20	37:17.6	37:17.6	52
21	37:19	Roger Miller	West Fargo, ND	5 M40-49	43	4:38	7:28	60.47%	28	37:18.7		83
22	37:45	Steve Charlton	Moorhead, MN	3 M50-59	57	4:41	7:33	66.82%	13	37:44.4	37:44.4	13
23	38:17	Earl Beal	Grand Forks, ND	2 M60-up	62	4:45	7:39	69.63%	9	38:16.2	38:16.2	18
24	38:22	Alicia Fitz	West Fargo, ND	2 F30-39	35	4:46	7:40	61.93%	25	38:21.1		80
25	38:23	Kevin Fitz	West Fargo, ND	6 M40-49	40	4:46	7:41	57.48%	39	38:22.2		81
26	38:24	Dan Seymour	West Fargo, ND	6 M30-39	32	4:46	7:41	55.51%	45	38:23.4	38:21.1	79
27	38:36	David Backlund	Fargo, ND	7 M40-49	49	4:48	7:43	61.50%	26	38:35.8	38:35.8	54
28	38:45	Marilyn Laliberte	Fargo, ND	2 F40-49	43	4:49	7:45	65.68%	16	38:44.3		43
29	39:00	Susan Olson	West Fargo, ND	3 F40-49	41	4:51	7:48	64.36%	18	38:59.7		72
30	39:25	Ramiro Torres	West Fargo, ND	7 M30-39	34	4:54	7:53	54.08%	50	39:24.8	39:24.8	70
31	39:29	Robert Scheer	Fargo, ND	5 M20-29	23	4:54	7:54	53.98%	52	39:28.5	39:28.5	8
32	39:35	Chris Johnston	West Fargo, ND	8 M40-49	44	4:55	7:55	57.67%	38	39:34.3	39:34.3	4
33	39:41	Jeff Swenson	Fargo, ND	4 M50-59	50	4:56	7:56	60.05%	29	39:40.5	39:40.5	5
34	39:46	Gary Klein	West Fargo, ND	5 M50-59	55	4:57	7:57	62.86%	23	39:45.5	39:45.5	69
35	39:48	Doug Stotz	West Fargo, ND	8 M30-39	37	4:57	7:58	54.49%	47	39:47.1	39:47.1	58
36	40:03	Steve Voldal	West Fargo, ND	9 M40-49	46	4:59	8:01	57.98%	36	40:02.1		82
37	40:09	Mat Stith	West Fargo, North Dak	9 M30-39	35	4:59	8:02	53.42%	53	40:08.3	40:08.3	49
38	40:10	David Manning	Moorhead, MN	10 M40-49	42	5:00	8:02	55.72%	44	40:09.1		55
39	40:19	Steve Wagner	Fargo, ND	10 M30-39	34	5:01	8:04	52.87%	54	40:18.2	40:18.2	78
40	40:22	Carmen Lee	Fargo, ND	3 F20-29	29	5:01	8:04	58.59%	34	40:21.3	40:21.3	11
41	40:23	Dan Lothspeich	West Fargo, ND	11 M40-49	41	5:01	8:05	55.39%	46	40:22.6		84
42	40:41	Kendra Nordick	Fargo, ND	4 F20-29	26	5:03	8:08	58.13%	35	40:40.0	40:40.0	1
43	40:53	Gwen Mars	Fargo, ND	3 F30-39	30	5:05	8:11	57.85%	37	40:52.7	40:52.7	66
44	41:09	Kaia Knutson	Fargo, ND	5 F20-29	23	5:07	8:14	57.47%	40	41:08.7	41:08.7	57
45	41:17	Kate Bryant	West Fargo, ND	6 F20-29	26	5:08	8:15	57.29%	41	41:16.0		30
46	41:32	Annie Wilcox	Casselton, ND	4 F40-49	46	5:10	8:18	62.90%	22	41:31.1	41:31.1	74
47	42:22	Paul Lindquist	Fargo, ND	6 M50-59	51	5:16	8:28	56.58%	42	42:21.0	42:21.0	37
48	42:50	Martin Lehman	Fargo, ND	12 M40-49	47	5:19	8:34	54.24%	49	42:49.4	42:49.4	48
49	43:08	Glenn Rudolph	West Fargo, ND	11 M30-39	30	5:22	8:38	49.42%	66	43:07.1	43:07.1	62
50	43:30	Sara Nodurft	West Fargo, ND	7 F20-29	27	5:24	8:42	54.37%	48	43:29.4	43:29.4	68
51	43:40	Kaley Stotz	West Fargo, ND	1 F < 20	12	5:26	8:44	59.72%	31	43:39.2	43:39.2	59
52	43:48	Mitch McLane	West Fargo, ND	13 M40-49	41	5:27	8:46	51.10%	59	43:47.7	43:47.7	29
53	43:49	Mike Kohler	Fargo, ND	14 M40-49	43	5:27	8:46	51.55%	58	43:48.7		39
54	44:00	Marcel Sluke	West Fargo, ND	15 M40-49	45	5:28	8:48	52.07%	56	43:59.1	43:59.1	17
55	44:19	Steve Krohn	Whapeton, ND	3 M60-up	62	5:30	8:52	59.81%	30	44:18.5		36
56	45:01	Yvonne Watkins	Fargo, ND	4 F30-39	38	5:36	9:00	54.05%	51	45:00.3		65
57	45:32	Heidi Bierdeman	Fargo, ND	5 F30-39	36	5:40	9:06	52.59%	55	45:31.7		25
58	45:38	Jeanne Mewes	Hope, ND	1 F50-59	56	5:40	9:08	63.15%	21	45:37.0		64
59	45:45	Jennifer Quast	Argisville, ND	6 F30-39	32	5:41	9:09	51.69%	57	45:44.1		73
60	46:04	Josh Kadrmas	Fargo, ND	6 M20-29	28	5:43	9:13	46.27%	70	46:03.4		46
61	46:17	Jennifer Olsen	Fargo, ND	7 F30-39	30	5:45	9:15	51.10%	60	46:16.0		24
62	46:43	Peter Schmidt	West Fargo, ND	4 M60-up	60	5:48	9:21	55.86%	43	46:42.9	46:42.9	71
63	47:08	Shannon Stumpf	West Fargo, ND	8 F20-29	29	5:51	9:26	50.18%	63	47:07.6	47:07.6	32
64	47:09	Allisa Wolf	Fargo, ND	9 F20-29	29	5:52	9:26	50.16%	64	47:08.6		33
65	48:33	Jenna Green	Fargo, ND	10 F20-29	25	6:02	9:43	48.71%	67	48:32.6		47
66	48:34	Steve Zimmer	West Fargo, ND	7 M20-29	29	6:02	9:43	43.89%	75	48:33.6	48:32.6	9
67	49:04	Cole Bachmeier	West Fargo, ND	1 M < 20	12	6:06	9:49	47.90%	68	49:03.7	49:03.7	38

68	49:22	Mike Smith	Horase, ND	12 M30-39	38	6:08	9:52	44.22%	73	49:21.1	49:21.1	50
69	24 49:27	Chirs Feickert	West Fargo, ND	5 F40-49	42	6:09	9:53	50.84%	62	49:26.7	49:26.7	22
70	25 50:50	Betty Charlton	Moorhead, MN	11 F20-29	26	6:19	10:10	46.52%	69	50:49.6	50:49.6	14
71	26 52:31	Heather Elseth	West Fargo, ND	12 F20-29	25	6:32	10:30	45.03%	72	52:30.0		23
72	27 52:31	Shelly Johnson	West Fargo, ND	8 F30-39	35	6:32	10:30	45.30%	71	52:30.8		26
73	28 52:41	Susan Nicholb	West Fargo, ND	6 F40-49	49	6:33	10:32	51.08%	61	52:40.6	52:40.6	16
74	52:42	Jeff Ballestad	West Fargo, ND	13 M30-39	38	6:33	10:32	41.50%	79	52:41.7		40
75	29 53:51	Molly Wanner	West Fargo, ND	9 F30-39	34	6:42	10:46	43.92%	74	53:50.5	53:50.5	27
76	30 54:50	Barb Smith	Hankinson, ND	2 F50-59	51	6:49	10:58	49.87%	65	54:49.5	54:49.5	21
77	31 54:50	Heather Smith	West Fargo, ND	13 F20-29	28	6:49	10:58	43.13%	77	54:49.9		19
78	32 56:35	Jody Whiting	West Fargo, ND	14 F20-29	29	7:02	11:19	41.80%	78	56:34.9	56:34.9	28
79	33 57:11	Jayme Nettetstad	Hickson, ND	10 F30-39	30	7:06	11:26	41.36%	80	57:10.4		45
80	34 57:12	Val Luistro	West Fargo, ND	7 F40-49	40	7:07	11:26	43.23%	76	57:11.1		44