

West Fest 5 Mile
8:30 a.m. Saturday September 16, 2006
West Fargo, ND

female place	time	name	city	class place	age	km pace	mile pace	age graded performance		unofficial time	select time	bib
								level/place	time			
1	28:02	Chris Hass	Fargo, ND	1 M20-29	28	3:29	5:36	76.03%	2	28:01.2	28:01.2	61
2	29:53	Tom Smith	Fargo, ND	1 M40-49	40	3:43	5:59	74.28%	3	29:52.3	29:52.5	56
3	31:34	Steven Wenzel	Fargo, ND	2 M40-49	43	3:55	6:19	71.60%	6	31:33.3	31:33.1	71
4	31:52	Eric Pegors	Fargo, ND	1 M30-39	37	3:58	6:22	68.20%	12	31:51.4		81
5	32:10	Tom Clow	Fargo, ND	3 M40-49	45	4:00	6:26	71.62%	5	32:09.8	32:09.7	79
6	32:14	Ross Hilgers	Moorhead, MN	2 M30-39	39	4:00	6:27	68.31%	11	32:13.0	32:13.1	89
7	32:24	Jane Sederquist	Moorhead, MN	1 F40-49	44	4:02	6:29	79.39%	1	32:23.3	32:23.3	60
8	32:37	Nick Bach	West Fargo, ND	3 M30-39	38	4:03	6:31	67.08%	13	32:36.0		2
9	32:40	Paul Frank	Fargo, ND	2 M20-29	27	4:04	6:32	65.25%	16	32:39.7	32:39.7	10
10	33:06	Jeff Miller	Dilworth, MN	3 M20-29	28	4:07	6:37	64.40%	17	33:05.5	33:06.1	21
11	33:08	Heather Smith	Audubon, MN	1 F20-29	25	4:07	6:38	71.38%	7	33:07.6		24
12	33:11	Brian Pederson	Moorhead, MN	4 M40-49	45	4:07	6:38	69.32%	9	33:10.3		69
13	33:38	Ray Wohl	West Fargo, ND	4 M30-39	36	4:11	6:44	64.16%	18	33:37.6	33:37.6	72
14	34:46	Shawn Hewitt	West Fargo, ND	5 M30-39	39	4:19	6:57	63.40%	20	34:45.0	34:45.1	5
15	34:47	Duane Nelson	Wolverton, MN	5 M40-49	44	4:19	6:57	65.68%	15	34:46.3		59
16	34:48	Rick Crume	Glyndon, MN	6 M40-49	45	4:19	6:58	66.18%	14	34:47.7		26
17	35:26	John Simonson	Fargo, ND	7 M40-49	40	4:24	7:05	62.32%	23	35:25.2	35:25.1	64
18	35:34	Rick Tonder	Grand Forks, ND	1 M50-59	52	4:25	7:07	68.36%	10	35:33.1		54
19	36:10	Brad Bartholomay	Casselton, ND	8 M40-49	41	4:30	7:14	61.59%	27	36:09.5	36:09.6	39
20	36:28	Earl Beal	GF, ND	1 M60-up	61	4:32	7:18	72.38%	4	36:27.6	36:27.6	18
21	36:44	Trevor Magel	Fargo, ND	1 M < 20	19	4:34	7:21	58.44%	34	36:43.3	36:43.2	51
22	37:10	Chris Johnston	West Fargo, ND	9 M40-49	43	4:37	7:26	60.97%	29	37:09.9	37:09.9	11
23	37:35	Tricia Kraft	Fargo, ND	1 F30-39	30	4:40	7:31	62.93%	21	37:34.6	37:34.7	70
24	37:58	Jason White	West Fargo, ND	6 M30-39	35	4:43	7:36	56.41%	37	37:57.5	37:57.7	76
25	38:04	Charles Jenner	West Fargo, ND	2 M60-up	62	4:44	7:37	69.77%	8	38:03.0	38:03.0	16
26	38:29	Ryan Bosch	West Fargo, ND	4 M20-29	28	4:47	7:42	55.39%	38	38:28.6		46
27	38:37	Jeff Swenson	West Fargo, ND	10 M40-49	49	4:48	7:43	61.44%	28	38:36.5	38:36.6	90
28	38:49	Curt Stensgard	Horace, ND	11 M40-49	46	4:49	7:46	59.72%	32	38:48.6	38:48.6	75
29	38:59	Tim LeClair	Fargo, ND	12 M40-49	48	4:51	7:48	60.15%	31	38:58.6	38:58.6	38
30	39:02	Sue Olson	West Fargo, ND	2 F40-49	40	4:51	7:48	63.77%	19	39:01.5		77
31	39:36	Michelle Stover	Horace, ND	3 F40-49	40	4:55	7:55	62.45%	22	39:35.9		58
32	39:37	Rachel Sauter	West Fargo, ND	2 F30-39	38	4:55	7:55	61.83%	25	39:36.2		62
33	39:59	Michael Scott	Fargo, ND	7 M30-39	30	4:58	8:00	53.31%	43	39:58.6	39:58.7	12
34	40:29	Jason Miller	Fargo, ND	8 M30-39	30	5:02	8:06	52.65%	45	40:28.8	40:28.7	57
35	41:09	Steve Charlton	Moorhead, MN	2 M50-59	56	5:07	8:14	60.76%	30	41:08.0		19
36	41:25	Evan Lampert	Fargo, ND	5 M20-29	25	5:09	8:17	51.46%	51	41:24.7	41:24.6	13
37	41:50	Annie Wilcox	Casselton, ND	4 F40-49	45	5:12	8:22	61.91%	24	41:49.0		25
38	41:57	Adam Sutherland	Fargo, ND	9 M30-39	33	5:13	8:23	50.81%	54	41:56.6		43
39	42:13	Matt Stith	West Fargo, ND	10 M30-39	34	5:15	8:27	50.49%	56	42:12.3	42:12.3	47
40	42:36	Britny Bucholz	West Fargo, ND	1 F < 20	14	5:18	8:31	58.63%	33	42:35.5	42:35.6	74
41	43:23	Kendra Nordick	Fargo, ND	2 F20-29	25	5:23	8:41	54.51%	41	43:22.6	43:22.7	31
42	43:47	Shelly Peters	Moorhead, MN	3 F30-39	35	5:26	8:45	54.62%	40	43:46.2	43:46.3	8
43	44:15	Kiberly Skarphol	Fargo, ND	1 F50-59	51	5:30	8:51	61.72%	26	44:14.7	44:14.7	23
44	44:45	Dan Kuik	West Fargo, ND	13 M40-49	46	5:34	8:57	51.85%	49	44:44.4	44:44.5	42
45	45:02	Tracy Leverson	Fargo, ND	4 F30-39	37	5:36	9:00	53.94%	42	45:01.7	45:01.7	80
46	45:15	Elizabeth Anderson	Moorhead, MN	5 F30-39	31	5:37	9:03	52.27%	47	45:14.4	45:14.5	48
47	45:43	Connie Jadrny	?, ?	3 F20-29	27	5:41	9:09	51.73%	50	45:42.7	45:42.7	63
48	45:49	Martin Lehman	Fargo, ND	14 M40-49	46	5:42	9:10	50.59%	55	45:48.4	45:48.3	68
49	46:12	Melody Larson	Fargo, ND	2 F50-59	50	5:44	9:14	58.36%	35	46:11.2	46:11.1	1
50	46:30	Jennifer Quast	Fargo, ND	6 F30-39	32	5:47	9:18	50.86%	52	46:29.9		55
51	46:31	Kristin Engstrom	West Fargo, ND	7 F30-39	32	5:47	9:18	50.84%	53	46:30.2		53
52	46:59	Dayo Famakinwa	Fargo, ND	6 M20-29	25	5:50	9:24	45.37%	70	46:58.7	46:58.6	65
53	47:00	William Socik	Fargo, ND	11 M30-39	35	5:50	9:24	45.61%	69	46:59.3		67
54	47:05	Kelly Harris	West Fargo, ND	4 F20-29	28	5:51	9:25	50.23%	57	47:04.6	47:04.5	4
55	47:14	Beth Qvammmen	West Fargo, ND	5 F20-29	25	5:52	9:27	50.07%	58	47:13.8		50
56	47:15	Kip Kunze	West Fargo, ND	7 M20-29	25	5:52	9:27	45.11%	71	47:14.2		49
57	47:16	Fakarudin Mohamed	Fargo, ND	8 M20-29	26	5:52	9:27	45.10%	72	47:15.6	47:25.5	66
58	47:26	Rhonda Magel	Fargo, ND	3 F50-59	50	5:54	9:29	56.84%	36	47:25.5		52
59	47:45	Andrea Ashbaugh	Moorhead, MN	6 F20-29	26	5:56	9:33	49.53%	61	47:44.6	47:44.7	14
60	48:14	Leslie Brunette	West Fargo, ND	8 F30-39	31	6:00	9:39	49.03%	62	48:13.5		45
61	48:15	Sierra Nordick	Pelican Rapids, MN	2 F < 20	18	6:00	9:39	49.56%	60	48:14.4	48:13.5	32
62	48:15	Jennifer Dees			0	6:00	9:39			48:14.8		44
63	48:25	Noah Bartnick	Fargo, ND	9 M20-29	28	6:01	9:41	44.02%	73	48:24.2		35
64	48:25	Shannon Bartnick	Fargo, ND	7 F20-29	23	6:01	9:41	48.85%	63	48:24.5		34
65	48:26	Bob Askew	West Fargo, ND	15 M40-49	44	6:01	9:41	47.12%	66	48:25.9	48:25.8	15
66	48:49	Shannon Ziemer	West Fargo, ND	9 F30-39	32	6:04	9:46	48.45%	64	48:48.7	48:48.8	73
67	49:02	Cassie Smith	West Fargo, ND	3 F < 20	13	6:06	9:48	51.92%	48	49:01.3		40

68	49:03	Peter Schmidt	West Fargo, ND	3	M50-59	59	6:06	9:49	52.37%	46	49:02.2	41
69	28 49:29	Tania Olson	Harwood, ND	10	F30-39	33	6:09	9:54	47.79%	65	49:28.4	36
70	29 49:30	Lynne Sahr	West Fargo, ND	4	F50-59	50	6:09	9:54	54.69%	39	49:29.1	28
71	30 49:32	Tracy LeClair	Fargo, ND	5	F40-49	46	6:09	9:54	52.77%	44	49:31.4	49:31.4 37
72	31 51:41	Jodi Dunaway	Fargo, ND	11	F30-39	35	6:25	10:20	45.97%	68	51:40.2	51:40.3 6
73	32 53:07	Tammy Akason	West Fargo, ND	6	F40-49	47	6:36	10:37	49.83%	59	53:06.8	53:06.8 78
74	33 55:29	Jennifer Olsen	Fargo, ND	8	F20-29	29	6:54	11:06	42.63%	74	55:28.7	55:28.5 30
75	34 55:52	Amy Kain	Fargo, ND	9	F20-29	27	6:57	11:10	42.33%	75	55:51.5	55:51.5 20
76	35 57:47	Ann Anderson	Fargo, ND	5	F50-59	51	7:11	11:33	47.12%	67	57:46.5	57:46.4 7
77	36 58:53	Michelle Stark	West Fargo, ND	10	F20-29	25	7:19	11:47	40.16%	76	58:52.1	27
78	37 58:53	Ann Stark-Booth	West Fargo, ND	11	F20-29	27	7:19	11:47	40.16%	77	58:52.5	29