

St. Patrick's Day 5 K
 10 a.m. Saturday March 18, 2006
 Fargo, ND

female place	time	name	city	class place	age	km pace	age graded		unofficial time	select time	bib
							mile pace	performance level/place			
1	17:19	Tom Smith	Fargo, ND	1 M40-49	40	3:28	5:34	78.04%	3	17:18.8	235
2	17:53	Kenneth Starr	Fort Yates, ND	1 M30-39	36	3:35	5:45	73.66%	6	17:52.4	261
3	18:11	Dennis Walker	Fargo, ND	2 M40-49	41	3:38	5:51	75.10%	4	18:10.0	292
4	18:15	Matt Simmons	Moorhead, MN	2 M30-39	31	3:39	5:52	71.09%	11	18:14.1	18:14.8 171
5	18:25	Nicklaus Redenius	Fargo, ND	1 M21-29	21	3:41	5:56	70.44%	14	18:24.0	18:24.0 285
6	18:38	Ken Hammer	Frazee, MN	1 M50-59	52	3:44	6:00	79.72%	1	18:37.4	18:37.4 227
7	18:59	Steve Burt	Grand Forks, ND	3 M40-49	44	3:48	6:07	73.12%	7	18:58.1	18:58.3 236
8	19:05	Al Kraft	Fargo, ND	3 M30-39	39	3:49	6:09	70.14%	16	19:04.7	19:04.9 156
9	19:23	Brett Beil	Fargo, ND	2 M21-29	29	3:53	6:14	66.93%	24	19:22.1	308
10	19:30	Steven Wenzel	Fargo, ND	4 M40-49	42	3:54	6:17	70.56%	13	19:29.8	19:30.0 287
11	19:38	Mark Sailer	Fargo, ND	4 M30-39	37	3:56	6:19	67.24%	22	19:37.4	19:37.5 212
12	19:38	Tom Clow	Fargo, ND	5 M40-49	45	3:56	6:19	71.20%	10	19:37.7	157
13	19:41	Bill Schalow	Fargo, ND	6 M40-49	47	3:56	6:20	72.10%	9	19:40.8	245
14	19:43	Michael Langseth	Fargo, ND	3 M21-29	25	3:57	6:21	65.80%	28	19:42.8	198
15	19:44	Daniel Stueue	Fergus Falls, MN	5 M30-39	35	3:57	6:21	65.99%	26	19:43.1	19:43.3 223
16	19:48	Derick Jungling	Fargo, ND	4 M21-29	29	3:58	6:22	65.52%	29	19:47.0	19:46.9 221
17	19:57	Brian Peterson	Moorhead, MN	7 M40-49	45	3:59	6:25	70.07%	18	19:56.7	19:56.5 300
18	20:05	Greg Larson	Fargo, ND	2 M50-59	59	4:01	6:28	78.13%	2	20:04.8	20:04.8 295
19	20:19	Justin Gall	Fargo, ND	5 M21-29	27	4:04	6:32	63.86%	36	20:18.5	278
20	20:36	Oakley Zink	Hillsboro, ND	1 M < 16	13	4:07	6:38	68.33%	21	20:35.1	273
21	1 20:38	Melissa Fee	Monticello, MN	1 F30-39	38	4:08	6:38	72.36%	8	20:37.5	1289
22	20:43	Scott Staiger	Fargo, ND	6 M30-39	35	4:09	6:40	62.86%	43	20:42.8	20:43.0 303
23	20:46	Brian Arett	Moorhead, MN	3 M50-59	50	4:09	6:41	70.14%	17	20:45.6	258
24	20:49	Rick Paczkowski	Moorhead, MN	6 M21-29	27	4:10	6:42	62.32%	51	20:48.7	161
25	20:52	Ray Bauske	Fargo, ND	8 M40-49	41	4:10	6:43	65.07%	31	20:51.5	20:51.7 217
26	20:56	Mark Morrison	Fargo, ND	4 M50-59	51	4:11	6:44	69.96%	19	20:55.9	20:56.0 254
27	20:59	Chad Hamann	Fargo, ND	1 M16-20	16	4:12	6:45	63.93%	35	20:58.5	20:58.5 216
28	21:06	John Simonson	Fargo, ND	7 M30-39	39	4:13	6:47	63.71%	38	21:05.8	21:06.0 304
29	21:08	Wade Swenson	Wolverton, MN	9 M40-49	40	4:14	6:48	63.81%	37	21:07.3	283
30	21:20	Ben Thomas	Fargo, ND	10 M40-49	42	4:16	6:52	64.13%	34	21:19.8	21:19.7 282
31	21:26	Scott Seiler	Fargo, ND	8 M30-39	39	4:17	6:54	62.45%	48	21:25.2	21:25.4 211
32	21:32	Dan Seymour	West Fargo, ND	9 M30-39	31	4:18	6:56	60.25%	61	21:31.3	21:31.7 176
33	21:41	David Pacre	Breckenridge, MN	11 M40-49	41	4:20	6:59	62.61%	46	21:40.1	21:40.2 242
34	21:47	Mike Withnell	Fargo, ND	7 M21-29	24	4:21	7:01	59.56%	68	21:46.9	21:47.0 247
35	21:54	Kent Thornton	Fargo, ND	8 M21-29	29	4:23	7:03	59.24%	69	21:53.0	310
36	21:58	Larry Seljevold	Moorhead, MN	12 M40-49	49	4:24	7:04	66.06%	25	21:57.8	21:57.9 225
37	22:00	Rick Tonder	Grand Forks, ND	5 M50-59	52	4:24	7:05	67.11%	23	21:59.1	267
38	22:03	Serret Rephael	Fargo, ND	2 M16-20	18	4:25	7:06	59.62%	67	22:02.4	237
39	22:04	Dave Gaukler	Fargo, ND	13 M40-49	49	4:25	7:06	65.32%	30	22:03.2	22:03.0 177
40	22:14	Norman Adams	Detroit Lakes, MN	14 M40-49	44	4:27	7:09	62.70%	45	22:13.1	22:13.2 228
41	22:27	Chris Giese	Fargo, ND	9 M21-29	28	4:29	7:14	57.79%	76	22:26.5	22:26.6 255
42	22:28	Aaron Roberts	Fargo, ND	10 M30-39	33	4:30	7:14	57.74%	79	22:27.7	301
43	22:31	Charles Jenner	West Fargo, ND	1 M60-up	61	4:30	7:15	71.02%	12	22:30.2	22:30.3 203
44	22:41	George Koeck	Fargo, ND	6 M50-59	53	4:32	7:18	65.80%	27	22:40.6	268
45	22:46	Brent Wical	Fargo, ND	11 M30-39	35	4:33	7:20	57.20%	83	22:45.1	22:45.1 264
46	22:46	Howard McKinney	Prior Lake, MN	12 M30-39	39	4:33	7:20	58.79%	72	22:45.5	284
47	2 22:51	Heather Jacobsen	Fargo, ND	1 F16-20	20	4:34	7:21	63.00%	42	22:50.3	22:50.5 1206
48	22:52	Earl R. Beal	Grand Forks, ND	2 M60-up	61	4:34	7:22	70.15%	15	22:51.0	265
49	22:52	Dave Churchill	Fergus Falls, MN	15 M40-49	45	4:34	7:22	61.13%	55	22:51.6	215
50	3 22:55	Christina Floding	Detroit Lakes, MN	2 F30-39	35	4:35	7:23	63.37%	40	22:54.4	1234
51	4 22:56	Tricia Kraft	Fargo, ND	3 F30-39	30	4:35	7:23	62.77%	44	22:55.3	1231
52	22:57	Chris Johnsten	West Fargo, ND	16 M40-49	43	4:35	7:23	60.10%	63	22:56.0	309
53	5 23:00	Therese Vogel	Felton, MN	1 F50-59	53	4:36	7:24	73.74%	5	22:59.9	23:00.0 1228
54	23:02	David Hansen	Moorhead, MN	17 M40-49	43	4:36	7:25	59.80%	65	23:01.8	23:02.1 219
55	23:05	Daryl Kipp	Fergus Falls, MN	13 M30-39	38	4:37	7:26	57.58%	80	23:04.2	208
56	23:09	Brandon Gibson	West Fargo, ND	2 M < 16	13	4:38	7:27	60.81%	56	23:08.5	23:08.5 275
57	6 23:11	Robin Johnson	Fargo, ND	2 F16-20	19	4:38	7:28	62.37%	49	23:10.7	1208
58	23:16	Mark Pavicic	Fargo, ND	7 M50-59	53	4:39	7:29	64.39%	33	23:15.8	23:16.0 307
59	23:21	Shawn Vasichek	Fargo, ND	14 M30-39	33	4:40	7:31	55.56%	100	23:20.9	23:20.9 224
60	23:26	Larry Skagen	Fargo, ND	18 M40-49	46	4:41	7:33	60.44%	60	23:25.5	288
61	23:27	Michael Mcallister	Fargo, ND	15 M30-39	33	4:41	7:33	55.32%	103	23:26.2	256
62	23:29	Ted Heisserer	Detroit Lakes, MN	8 M50-59	51	4:42	7:34	62.36%	50	23:28.9	220
63	23:31	Paul Frank	Fargo, ND	10 M21-29	27	4:42	7:34	55.17%	108	23:30.7	294
64	7 23:32	Michelle Stover	Horace, ND	4 F30-39	39	4:42	7:34	63.70%	39	23:31.0	23:29.2 1299
65	23:34	Tim Shatek	Fargo, ND	16 M30-39	35	4:43	7:35	55.25%	106	23:33.6	23:33.7 164

66	23:37	Gary Ness	Dilworth, MN	3 M60-up	63	4:43	7:36	69.07%	20	23:36.8	23:36.8	159
67	23:42	Corey Severson	Fargo, ND	11 M21-29	28	4:44	7:38	54.74%	116	23:41.6	23:41.8	293
68	23:43	Shawn O'Laughlin	Breckenridge, MN	9 M50-59	50	4:45	7:38	61.25%	54	23:42.3		218
69	23:48	Zack Beal	Grand Forks, ND	3 M < 16	12	4:46	7:40	60.49%	58	23:47.3	23:45.5	269
70	23:58	Phil Hart	Fargo, ND	17 M30-39	35	4:48	7:43	54.47%	119	23:57.9		279
71	24:03	Gordon McIntosh	Morris, MN	10 M50-59	53	4:49	7:44	61.90%	53	24:02.6		180
72	8 24:08	Monica Fedora-Webster	Fargo, ND	1 F40-49	41	4:50	7:46	63.14%	41	24:07.4		1201
73	24:09	Karl Gunderson	West Fargo, ND	19 M40-49	46	4:50	7:46	58.32%	74	24:08.9		187
74	24:10	Todd Hegney	Fargo, ND	18 M30-39	34	4:50	7:47	53.68%	131	24:09.2	24:09.3	200
75	24:10	Kevin Elfstrum	Fargo, ND	19 M30-39	38	4:50	7:47	55.00%	113	24:09.9		210
76	24:11	David Froslie	Dilworth, MN	20 M40-49	41	4:50	7:47	56.14%	92	24:10.3		189
77	24:11	Jason Overland	Fargo, ND	20 M30-39	35	4:50	7:47	54.12%	123	24:10.8		244
78	9 24:19	Stacy Ness	Kindred, ND	2 F40-49	44	4:52	7:50	64.51%	32	24:18.6		1288
79	24:20	Phil Krabbenhoft	Moorhead, MN	11 M50-59	51	4:52	7:50	60.46%	59	24:19.9	24:19.8	280
80	10 24:24	Bethany Arndt	Fargo, ND	3 F16-20	20	4:53	7:51	59.00%	71	24:23.3		1229
81	24:38	Scott Krogstad	Thompson, ND	12 M21-29	26	4:56	7:56	52.67%	143	24:37.2	24:37.2	263
82	24:39	Jeff Zander	Harwood, ND	21 M30-39	38	4:56	7:56	53.92%	125	24:38.1		270
83	24:44	Ken Mickelsen	Halstad, MN	12 M50-59	54	4:57	7:58	60.69%	57	24:43.7	24:43.6	246
84	24:46	Derrick Berg	West Fargo, ND	13 M21-29	23	4:57	7:58	52.38%	145	24:45.2		188
85	24:54	Ryan Lee	Grand Forks, ND	14 M21-29	23	4:59	8:01	52.10%	149	24:53.3	24:53.3	274
86	24:57	Brian Lunde	Fargo, ND	15 M21-29	27	4:59	8:02	52.00%	151	24:56.2		229
87	24:58	Tom Donaldson	Fargo, ND	13 M50-59	54	5:00	8:02	60.13%	62	24:57.9	24:59.4	175
88	24:59	Arne Bohlers	Fergus Falls, MN	22 M30-39	37	5:00	8:02	52.84%	138	24:58.8		252
89	25:00	Curt Stensgard	Horace, ND	21 M40-49	46	5:00	8:03	56.36%	90	24:59.4		249
90	25:12	Steve Cassola	Fargo, ND	23 M30-39	34	5:02	8:07	51.48%	154	25:11.7		165
91	25:12	Vijay Gaba	Fargo, ND	22 M40-49	45	5:02	8:07	55.47%	101	25:11.7	25:11.7	204
92	11 25:13	Renaе Hansen	Moorhead, MN	3 F40-49	44	5:03	8:07	61.97%	52	25:12.1		1270
93	12 25:15	Kelly Beringer	Fargo, ND	5 F30-39	32	5:03	8:08	57.01%	84	25:14.4		1297
94	25:21	Leon Anderson	Fergus Falls, MN	14 M50-59	51	5:04	8:10	57.77%	77	25:20.1	25:20.5	259
95	25:25	Mark Kelly	Fargo, ND	15 M50-59	51	5:05	8:11	57.77%	78	25:24.0	25:24.1	305
96	25:27	Ed Swenson	Fargo, ND	23 M40-49	42	5:05	8:11	53.73%	129	25:26.2		290
97	13 25:28	Jenny Handy	Fargo, ND	1 F21-29	23	5:06	8:12	56.52%	87	25:27.2		1266
98	25:28	Duane Eckholm	Fargo, ND	16 M21-29	27	5:06	8:12	50.94%	159	25:27.5		234
99	14 25:32	Shannon Gaukler	Fargo, ND	2 F21-29	24	5:06	8:13	56.38%	89	25:31.8		1264
100	25:33	Brian Slagter	Moorhead, MN	24 M30-39	32	5:07	8:13	50.78%	162	25:32.8		191
101	25:47	Mike Nurdness	Fargo, ND	24 M40-49	44	5:09	8:18	53.82%	126	25:46.8	25:30.5	250
102	15 25:48	Nicole Ann Hewson	Fargo, ND	3 F21-29	24	5:10	8:18	55.79%	96	25:47.2		1258
103	16 25:48	Amber Koblitz	Fargo, ND	4 F21-29	24	5:10	8:18	55.79%	95	25:47.8		1220
104	17 25:49	Renee Magnan	Fargo, ND	5 F21-29	24	5:10	8:19	55.76%	97	25:48.2		1223
105	18 25:50	Kate Naumarr	Fargo, ND	6 F21-29	25	5:10	8:19	55.72%	98	25:49.9		1281
106	25:52	Wade Herbel	Grafton, ND	25 M30-39	37	5:10	8:20	51.04%	157	25:51.1		266
107	19 25:53	Trina Simmons	Moorhead, MN	6 F30-39	34	5:11	8:20	55.67%	99	25:52.4	25:52.4	1203
108	20 25:58	Jill Thompson	Fargo, ND	7 F21-29	25	5:12	8:21	55.44%	102	25:57.4		1256
109	25:59	Jonathan Steinwand	Moorhead, MN	25 M40-49	41	5:12	8:22	52.25%	146	25:58.5	25:58.5	202
110	26:00	Michael Redlinger	Moorhead, MN	17 M21-29	27	5:12	8:22	49.90%	173	25:59.2		209
111	26:03	Wade Mitzel	Fargo, ND	26 M30-39	39	5:13	8:23	51.66%	153	26:02.3	26:02.3	248
112	21 26:06	Heather Schlagel	Fargo, ND	8 F21-29	25	5:13	8:24	55.15%	109	26:05.1		1257
113	22 26:07	Sarah Shellito	Moorhead, MN	9 F21-29	29	5:13	8:24	55.12%	110	26:06.7		1207
114	26:07	Kraig Birchem	Moorhead, MN	27 M30-39	36	5:13	8:24	50.20%	170	26:06.9		162
115	23 26:08	Megan Knapf	Detroit Lakes, MN	4 F16-20	20	5:14	8:25	55.08%	111	26:07.9		1269
116	26:09	Mike Dittberner	Willmar, MN	16 M50-59	56	5:14	8:25	58.40%	73	26:08.2	26:08.2	194
117	24 26:10	Jennifer Froehlich	Fargo, ND	10 F21-29	26	5:14	8:25	55.01%	112	26:09.6		1250
118	26:29	Greg Dawkins	West Fargo, ND	26 M40-49	40	5:18	8:31	51.16%	155	26:28.0		298
119	25 26:29	Michelle Flynn	Fargo, ND	7 F30-39	38	5:18	8:31	56.15%	91	26:28.2		1238
120	26 26:29	Holly Inniger	Barnesville, MN	8 F30-39	31	5:18	8:31	54.35%	121	26:28.6		1262
121	27 26:29	Michelle Tonsfeldt	Barnesville, MN	9 F30-39	35	5:18	8:31	54.83%	114	26:28.9		1249
122	26:30	Edward Van Hal	Fargo, ND	17 M50-59	51	5:18	8:32	55.28%	104	26:29.4		302
123	28 26:30	Lisa Knudson	Portland, ND	4 F40-49	46	5:18	8:32	60.00%	64	26:29.6		1101
124	26:31	Steve Krohn	Wahpeton, ND	4 M60-up	60	5:18	8:32	59.72%	66	26:30.2		170
125	29 26:44	Shelly Peters	Moorhead, MN	10 F30-39	35	5:21	8:36	54.46%	120	26:43.9		1098
126	26:44	Mitch Taragos	Fargo, ND	28 M30-39	30	5:21	8:36	48.53%	189	26:43.9		201
127	30 26:47	Kathy Strand	Fargo, ND	11 F30-39	30	5:21	8:37	53.75%	128	26:46.0		1239
128	31 26:50	Kristin Johnson	Detroit Lakes, MN	2 F50-59	52	5:22	8:38	62.60%	47	26:49.6		1230
129	32 26:54	Allison Peterson	Moorhead, MN	5 F16-20	20	5:23	8:39	53.51%	133	26:53.3		1108
130	33 27:03	Tracy Levenson	Fargo, ND	12 F30-39	37	5:25	8:42	54.67%	117	27:02.4		1294
131	27:06	Max Davidson	Britton, SD	18 M50-59	55	5:25	8:43	55.86%	94	27:05.3		181
132	34 27:07	Nancy Bowser	Fargo, ND	13 F30-39	35	5:25	8:44	53.79%	127	27:06.9		1298
133	27:08	Brian Sieben	Grafton, ND	29 M30-39	37	5:26	8:44	48.97%	181	27:07.0		260
134	35 27:09	Melanie Dinham	West Fargo, ND	14 F30-39	33	5:26	8:44	53.02%	136	27:08.6		1292
135	36 27:12	Mackenzie Randklev	Moorhead, MN	1 F < 16	12	5:26	8:45	58.00%	75	27:11.4		1247
136	27:13	Jason Miller	Wahpeton, ND	30 M30-39	30	5:27	8:46	47.67%	197	27:12.0		271
137	37 27:14	Melanie Landraff	Fargo, ND	11 F21-29	29	5:27	8:46	52.86%	137	27:13.6		1224

138	38	27:15	Lisa Schaff	Fargo, ND	12	F21-29	23	5:27	8:46	52.83%	140	27:14.4	1252
139	39	27:19	Michelle Meyer	Barnesville, MN	15	F30-39	34	5:28	8:48	52.75%	141	27:18.3	1240
140	40	27:19	Diane Rusness	Fargo, ND	5	F40-49	43	5:28	8:48	56.73%	85	27:18.3	1226
141		27:22	Scott Handy	Fargo, ND	27	M40-49	47	5:28	8:49	51.86%	152	27:21.4	214
142		27:29	Tim Ness	Fargo, ND	31	M30-39	35	5:30	8:51	47.38%	199	27:28.8	168
143		27:32	Craig Danielson	Fargo, ND	18	M21-29	27	5:30	8:52	47.12%	202	27:31.4	299
144		27:32	Steve Roesler	Moorhead, MN	32	M30-39	38	5:30	8:52	48.28%	193	27:31.9	27:29.1 167
145	41	27:33	Madeline Myers	Grafton, ND	6	F16-20	18	5:31	8:52	52.74%	142	27:32.8	1232
146		27:36	Mike Myers	Grafton, ND	28	M40-49	49	5:31	8:53	52.22%	147	27:35.7	173
147	42	27:37	Michelle Lunde	Fargo, ND	13	F21-29	27	5:31	8:53	52.12%	148	27:36.0	27:36.0 1282
148	43	27:39	Deb Kazmierczak	Moorhead, MN	16	F30-39	39	5:32	8:54	54.21%	122	27:38.4	1205
149		27:53	Pete Moynihan	Fargo, ND	19	M50-59	57	5:35	8:58	55.26%	105	27:52.1	27:52.1 281
150		27:59	Tate Davidson	Britton, SD	19	M21-29	28	5:36	9:00	46.36%	206	27:58.2	184
151	44	28:06	Janie Rudick	Fargo, ND	17	F30-39	37	5:37	9:03	52.64%	144	28:05.1	28:05.3 1283
152		28:08	James Lee	Dent, MN	5	M60-up	65	5:38	9:03	59.17%	70	28:07.0	155
153	45	28:11	Laura Mcdaniel	Fargo, ND	6	F40-49	42	5:38	9:04	54.52%	118	28:10.3	1293
154	46	28:12	Ruth Ann Halls	Fargo, ND	7	F40-49	40	5:38	9:05	53.65%	132	28:11.8	1296
155		28:19	Tim Binfet	Fargo, ND	33	M30-39	36	5:40	9:07	46.57%	205	28:18.5	28:18.5 306
156	47	28:20	Lisa Fisher	Fargo, ND	18	F30-39	34	5:40	9:07	50.86%	160	28:19.6	1286
157	48	28:22	Traci Lavelle	Fargo, ND	8	F40-49	41	5:40	9:08	53.72%	130	28:21.3	1275
158	49	28:22	Jill Drage	Fargo, ND	19	F30-39	34	5:40	9:08	50.80%	161	28:21.6	1272
159	50	28:23	Cheryl Kottom	Battle Lake, MN	9	F40-49	46	5:41	9:08	56.46%	88	28:22.6	28:22.8 1300
160		28:27	Ramiro Torres	West Fargo, ND	34	M30-39	33	5:41	9:09	45.60%	211	28:26.6	28:26.9 206
161	51	28:27	Susan Stone	Dilworth, MN	14	F21-29	26	5:41	9:09	50.60%	164	28:26.8	1276
162	52	28:28	Sheila Madson	Moorhead, MN	20	F30-39	35	5:42	9:10	51.01%	158	28:27.8	1225
163	53	28:31	Lucy Vynych	Fargo, ND	10	F40-49	40	5:42	9:11	53.42%	134	28:30.4	28:30.3 1104
164	54	28:34	Jane Myers	Grafton, ND	11	F40-49	45	5:43	9:12	55.17%	107	28:33.9	1233
165	55	28:35	Kelly Fenn	Fargo, ND	21	F30-39	30	5:43	9:12	50.36%	168	28:34.7	1105
166	56	28:38	Monica Krenz	Fargo, ND	22	F30-39	31	5:44	9:13	50.27%	169	28:37.2	1280
167		28:38	James Gibson	West Fargo, ND	29	M40-49	44	5:44	9:13	48.56%	188	28:37.7	28:38.2 277
168		28:39	Gerald Larsen	Fargo, ND	20	M50-59	59	5:44	9:13	54.77%	115	28:38.2	226
169	57	28:49	Alicia DeLaPointe	Moorhead, MN	15	F21-29	25	5:46	9:17	49.95%	171	28:48.1	1246
170	58	28:55	Jo Burdick	Fargo, ND	3	F50-59	51	5:47	9:18	57.54%	81	28:54.3	1253
171		28:59	Tom DesSaint	West Fargo, ND	30	M40-49	46	5:48	9:20	48.60%	186	28:58.1	28:58.1 186
172	59	29:00	Jen Wild	Fargo, ND	16	F21-29	27	5:48	9:20	49.64%	175	28:59.8	1093
173	60	29:01	Rachel Aho	Fargo, ND	7	F16-20	19	5:48	9:20	49.83%	174	29:00.8	1291
174		29:03	Todd Fry	Moorhead, MN	35	M30-39	39	5:49	9:21	46.24%	208	29:02.4	257
175		29:03	Joe Fry	Dickinson, ND	6	M60-up	64	5:49	9:21	56.72%	86	29:02.7	253
176	61	29:11	Lisa Slagter	Moorhead, MN	23	F30-39	31	5:50	9:24	49.33%	176	29:10.0	29:11.2 1244
177	62	29:12	Melody Larson	Fargo, ND	12	F40-49	49	5:50	9:24	55.93%	93	29:11.4	29:16.8 1202
178		29:17	Jeff Hanson	Fargo, ND	31	M40-49	49	5:51	9:26	49.24%	178	29:16.9	232
179		29:21	Jason Huck	Fargo, ND	20	M21-29	27	5:52	9:27	44.20%	227	29:20.0	166
180	63	29:23	Aimee Klein	Fargo, ND	24	F30-39	34	5:53	9:27	49.04%	179	29:22.7	1278
181	64	29:24	Lynn Liszka	Plymouth, MN	17	F21-29	29	5:53	9:28	48.96%	182	29:23.5	1245
182	65	29:25	Susie Cremers	Fargo, ND	18	F21-29	25	5:53	9:28	48.93%	183	29:24.9	29:25.4 1095
183	66	29:29	Tammy Wyland-Ness	Fargo, ND	25	F30-39	33	5:54	9:29	48.82%	184	29:28.4	1227
184		29:32	Bob Perius	Moorhead, MN	21	M50-59	58	5:54	9:30	53.12%	135	29:31.7	262
185	67	29:33	Renee Clasen	Horace, ND	26	F30-39	30	5:55	9:31	48.71%	185	29:32.1	1241
186	68	29:33	Sharon Caspers	Fargo, ND	4	F50-59	53	5:55	9:31	57.39%	82	29:32.5	1248
187	69	29:38	Heather Morris	West Fargo, ND	27	F30-39	33	5:56	9:32	48.58%	187	29:37.5	1099
188	70	29:40	Pamela Nielson	West Fargo, ND	28	F30-39	32	5:56	9:33	48.52%	190	29:39.9	1097
189	71	29:41	Christine Johnson	Fargo, ND	19	F21-29	24	5:56	9:33	48.50%	191	29:40.4	1271
190	72	29:43	Becca Buresh	Fargo, ND	20	F21-29	21	5:57	9:34	48.44%	192	29:42.8	1284
191	73	29:48	Elaine Klocke	Wahpeton, ND	13	F40-49	43	5:58	9:36	52.00%	150	29:47.3	1235
192		29:52	Adrian Orth	West Fargo, ND	36	M30-39	36	5:58	9:37	43.90%	228	29:51.2	195
193	74	29:52	Jen Pfau	West Fargo, ND	29	F30-39	31	5:58	9:37	48.20%	194	29:51.5	1285
194		29:52	Pete Pfau	West Fargo, ND	37	M30-39	37	5:58	9:37	44.35%	221	29:51.8	29:52.0 233
195		29:54	Lamont Miller	Wahpeton, ND	22	M50-59	56	5:59	9:37	51.08%	156	29:53.7	169
196		30:02	Sean Fee	Monticello, MN	4	M < 16	9	6:00	9:40	52.83%	139	30:01.2	30:01.3 239
197		30:03	Ron Fee	Monticello, MN	38	M30-39	38	6:01	9:40	44.23%	224	30:02.0	240
198		30:16	Tom Roan	Fargo, ND	39	M30-39	33	6:03	9:45	42.86%	233	30:15.2	30:15.2 251
199	75	30:25	Katie Nichelson	Fargo, ND	30	F30-39	31	6:05	9:47	47.33%	200	30:24.4	30:25.0 1210
200	76	30:26	Jane Roggensack	Fargo, ND	14	F40-49	49	6:05	9:48	54.02%	124	30:25.1	1109
201		30:36	Garrett Stofy	West Fargo, ND	5	M < 16	10	6:07	9:51	49.90%	172	30:35.1	30:35.3 297
202		30:37	Terry Styf	West Fargo, ND	32	M40-49	40	6:07	9:51	44.34%	222	30:36.3	296
203	77	30:38	Laurie Mckeever	Fargo, ND	15	F40-49	43	6:08	9:52	50.58%	165	30:37.2	1096
204	78	30:39	Stephanie Kringlie	West Fargo, ND	21	F21-29	29	6:08	9:52	46.97%	203	30:38.0	29:40.7 1090
205		30:42	Ryan Mcleever	Fargo, ND	33	M40-49	43	6:08	9:53	44.87%	215	30:41.3	289
206		30:42	Steve Peterson	Moorhead, MN	40	M30-39	34	6:08	9:53	42.26%	239	30:41.3	30:41.3 291
207	79	30:50	Ann Smith	Hillsboro, ND	16	F40-49	40	6:10	9:55	49.29%	177	30:49.5	30:49.5 1094
208	80	31:19	Danita Gerhold	Fargo, ND	31	F30-39	39	6:16	10:05	47.99%	195	31:18.6	1103
209	81	31:20	Paula Ekman	Fargo, ND	32	F30-39	39	6:16	10:05	47.84%	196	31:19.0	1212

210	82	31:20	Ann Hall	Argusville, ND	22	F21-29	26	6:16	10:05	45.94%	209	31:19.7	31:20.0	1215
211		31:35	Tjaden Sinclair	Fargo, ND	21	M21-29	24	6:19	10:10	41.08%	242	31:34.1		241
212	83	31:35	Tracy Leclair	Fargo, ND	17	F40-49	46	6:19	10:10	50.37%	167	31:34.3		1287
213		31:35	Tim Leclair	Fargo, ND	34	M40-49	47	6:19	10:10	45.21%	214	31:34.5		238
214	84	31:36	Val Luistro	West Fargo, ND	33	F30-39	39	6:19	10:10	47.61%	198	31:35.1		1107
215		31:37	Curt Brickman	West Fargo, ND	35	M40-49	46	6:19	10:11	44.55%	220	31:36.2		230
216		31:43	Birch Burdick	Fargo, ND	23	M50-59	50	6:21	10:13	45.80%	210	31:42.9		183
217	85	31:45	Kristen Baumgartner	Plymouth, MN	34	F30-39	30	6:21	10:13	45.34%	213	31:44.1		1242
218	86	32:06	Cristi Davidson	Britton, SD	35	F30-39	32	6:25	10:20	44.84%	216	32:05.0		1255
219		32:28	Joseph Connors Jr	Moorhead, MN	7	M60-up	64	6:30	10:27	50.75%	163	32:27.1		205
220	87	32:28	Kayla Hamann	Fargo, ND	8	F16-20	18	6:30	10:27	44.75%	218	32:27.6	32:27.6	1267
221	88	32:33	Amber Kerzman	West Fargo, ND	23	F21-29	24	6:31	10:29	44.22%	225	32:32.3	32:32.5	1214
222		32:41	Rick Buresh	Bismarck, ND	24	M50-59	56	6:32	10:31	46.82%	204	32:40.1	32:40.1	231
223		32:41	Bruce Yaggie	Breckenridge, MN	41	M30-39	35	6:32	10:31	39.84%	244	32:40.8		222
224	89	32:42	Jodi Yaggie	West Fargo, ND	36	F30-39	36	6:32	10:32	44.76%	217	32:41.1		1251
225		32:43	Craig Rysavg	Milnor, ND	36	M40-49	46	6:33	10:32	43.05%	232	32:42.2		185
226	90	32:55	Andrea Spooner	Fargo, ND	24	F21-29	23	6:35	10:36	43.73%	230	32:54.6	32:54.9	1290
227		32:59	Scott Griuno	Harwood, ND	37	M40-49	45	6:36	10:37	42.57%	236	32:58.8	32:58.9	243
228	91	33:00	Laurie Nielson	Harwood, ND	18	F40-49	47	6:36	10:37	49.03%	180	32:59.9		1295
229	92	33:20	Jen Privratsky	Fargo, ND	25	F21-29	27	6:40	10:44	43.19%	231	33:19.8		1221
230	93	33:22	Hadley McIntosh	Morris, MN	9	F16-20	17	6:40	10:44	43.84%	229	33:21.3	33:21.2	1261
231	94	33:38	Carly Rogne	Fargo, ND	26	F21-29	27	6:44	10:50	42.80%	234	33:37.2		1092
232	95	33:38	Holly Heisserer	Detroit Lakes, MN	5	F50-59	53	6:44	10:50	50.42%	166	33:37.5	33:37.5	1273
233	96	33:48	Sara Carlson	Moorhead, MN	27	F21-29	23	6:46	10:53	42.59%	235	33:47.1	33:47.5	1219
234		33:48	Jarod Dcamp	Moorhead, MN	22	M21-29	23	6:46	10:53	38.38%	251	33:47.1		160
235	97	33:59	Tera Vanyo	Grand Forks, ND	28	F21-29	26	6:48	10:56	42.36%	237	33:58.7	33:59.2	1217
236	98	34:00	Amy Lyste	Grand Forks, ND	29	F21-29	26	6:48	10:57	42.34%	238	33:59.5		1209
237		34:10	John Tandberg	Moorhead, MN	8	M60-up	60	6:50	11:00	46.35%	207	34:09.6		174
238	99	34:23	Laurie Sieben	Grafton, ND	37	F30-39	32	6:53	11:04	41.87%	240	34:22.2	34:22.5	1088
239100		34:23	Mary Krogstad	Thompson, ND	38	F30-39	32	6:53	11:04	41.87%	241	34:22.7		1091
240101		34:35	Annette Ambuehl	Moorhead, MN	19	F40-49	41	6:55	11:08	44.21%	226	34:34.6	34:35.1	1089
241102		36:01	Heidi Bierdeman	West Fargo, ND	39	F30-39	35	7:12	11:36	40.32%	243	36:00.7		1274
242		36:01	Todd Mcmichael	Fargo, ND	42	M30-39	39	7:12	11:36	37.17%	253	36:00.7	36:00.7	276
243103		36:16	Angela Cunningham	Fargo, ND	30	F21-29	26	7:15	11:40	39.69%	245	36:15.8		1211
244104		36:22	Stephanie Astrup	Fargo, ND	40	F30-39	33	7:16	11:42	39.58%	246	36:21.2	36:21.9	1106
245105		36:24	Jayme Nettetstud	Fargo, ND	31	F21-29	29	7:17	11:43	39.55%	247	36:23.0		1277
246106		36:27	Katie Swanson	Grand Forks, ND	32	F21-29	25	7:17	11:44	39.49%	248	36:26.1		1218
247107		37:14	Polly Roe	Kindred, ND	6	F50-59	50	7:27	11:59	44.27%	223	37:13.3		1268
248108		37:14	Pam Murphy	Thief River Falls, MN	7	F50-59	51	7:27	11:59	44.69%	219	37:13.8	37:13.3	1279
249109		37:20	Colleen Schmit	Detroit Lakes, MN	8	F50-59	53	7:28	12:01	45.52%	212	37:19.9	37:20.1	1100
250110		37:21	Kelli A. Simonson	Moorhead, MN	33	F21-29	25	7:28	12:01	38.54%	249	37:20.4		1102
251		39:16	John Reinbold	Wahpeton, ND	9	M60-up	74	7:51	12:38	47.24%	201	39:15.3		192
252111		39:17	Mendy Good	Fargo, ND	41	F30-39	31	7:51	12:39	36.64%	254	39:16.4		1222
253112		39:19	Brenda Prochnow	Wahpeton, ND	20	F40-49	40	7:52	12:39	38.44%	250	39:18.3		1236
254113		39:30	Carrie Jorgenson	Henning, MN	42	F30-39	37	7:54	12:43	37.35%	252	39:29.1	39:29.8	1254
255114		42:15	Lisa Koehntop	Fargo, ND	34	F21-29	28	8:27	13:36	34.07%	255	42:14.0		1204
256		42:16	Lucas Koehntop	Fargo, ND	43	M30-39	31	8:27	13:36	30.69%	256	42:15.0		163
257115		53:06	Lori McGovern	Moorhead, MN	21	F40-49	41	10:37	17:05	28.70%	257	53:05.2		1259
258116		53:08	Kim Davis	Fargo, ND	43	F30-39	31	10:38	17:06	27.09%	258	53:07.1		1260