

Sheyenne Valley Shuffle 5 K  
 9:45 a.m. Saturday September 23, 2006  
 Valley City, North Dakota

female place	time	name	city	class place	age	age graded			unofficial time	select time	bib
						km pace	mile pace	performance level/place			
1	20:04	Harold Jandreau	Bedford, TX	1 M40-49	48	4:01	6:28	71.35%	1 1:10:10.2	1:10:10.4	34
2	22:57	Cory Borg	Valley City, ND	1 M30-39	31	4:35	7:23	56.53%	5 1:13:03.5	1:13:03.7	42
3	23:28	Kalyn Botz	Valley City, ND	1 F30-39	30	4:42	7:33	61.34%	3 1:13:34.1	1:13:34.1	31
4	23:30	Christina Wiederrich	Jamestown, ND	1 M20-29	26	4:42	7:34	55.21%	6 1:13:36.4		44
5	24:45	Linsey Hegvik	Cooperstown, ND	1 F20-29	20	4:57	7:58	58.16%	4 1:14:51.6		46
6	25:25	Jeanne Mewes	Hope, ND	1 F50-up	55	5:05	8:11	68.62%	2 1:15:31.1	1:15:31.4	39
7	28:06	Sarah Hanson	Valley City, ND	2 F20-29	26	5:37	9:03	51.23%	7 1:18:12.7	1:18:12.8	33
8	30:04	Angela Cook	East Grand Forks, MN	3 F20-29	29	6:01	9:41	47.88%	10 1:20:10.2	1:20:10.3	32
9	32:36	Alicia Hoffarth	Valley City, ND	4 F20-29	29	6:31	10:30	44.16%	12 1:22:42.6	1:22:42.7	30
10	33:20	Barb Owen	Luverne, ND	2 F50-up	50	6:40	10:44	49.91%	9 1:23:26.9	1:23:27.1	29
11	34:06	Janelle Skogen	Valley City, ND	3 F50-up	55	6:49	10:59	50.83%	8 1:24:12.7		45
12	37:33	Jean Anderson	Fargo, ND	4 F50-up	57	7:31	12:05	47.37%	11 1:27:39.4		41
13	42:42	Mary Lee Robinson	Valley City, ND	5 F50-up	58	8:32	13:45	41.84%	13 1:32:48.8	1:32:48.9	35
14	43:02	Larry Lindemann	Valley City, ND	1 M50-up	57	8:36	13:51	36.04%	15 1:33:08.7		37
15	43:03	Kathy Lindemann	Valley City, ND	6 F50-up	57	8:37	13:51	41.27%	14 1:33:09.1		36
16	43:26	Jennifer Eckman	Jamestown, ND	5 F20-29	28	8:41	13:59	33.14%	16 1:33:32.1		43