

Lindenwood 10 K  
8 a.m. Saturday May 31, 2008  
Fargo, ND

female place	time	name	city	class place	age	km pace	age graded		unofficial time	select time	bib
							mile pace	performance level/place			
1	33:16	Jake Januszewski	Perham, MN	1 M20-29	24	3:20	5:21	81.08%	1	33:15.5	129
2	33:16	Gregory Liebl	Fargo, ND	2 M20-29	22	3:20	5:21	81.08%	2	33:15.7	152
3	35:44	Spencer Uetz	Fargo, ND	1 M < 20	16	3:34	5:45	77.94%	4	35:43.4	110
4	36:03	Cory Olson	Fargo, ND	3 M20-29	23	3:36	5:48	74.82%	7	36:02.5	148
5	37:16	Jamison Gehrig	West Fargo, ND	2 M < 20	16	3:44	6:00	74.73%	8	37:15.9	109
6	37:42	Tom Smith	Fargo, ND	1 M40-49	42	3:46	6:04	75.29%	6	37:41.2	159
7	37:54	Paul Wichmann	Minneapolis, MN	4 M20-29	27	3:47	6:06	71.17%	11	37:53.5	101
8	38:58	James Poock	Fargo, ND	1 M30-39	30	3:54	6:16	69.22%	14	38:57.3	120
9	39:11	Dave Breznay	Fargo, ND	2 M30-39	38	3:55	6:18	70.18%	12	39:10.1	62
10	39:17	Troy Invsdal	Fargo, ND	3 M30-39	36	3:56	6:19	69.18%	15	39:16.9	160
11	39:33	Meg Grindall	Moorhead, MN	1 F20-29	27	3:57	6:22	75.64%	5	39:32.4	149
12	39:40	Ken Hammer	Frazee, MN	1 M50-59	54	3:58	6:23	78.88%	3	39:39.7	72
13	39:42	Ray Wohl	West Fargo, ND	4 M30-39	38	3:58	6:23	69.48%	13	39:41.3	103
14	39:53	Mark Landman	Fargo, ND	5 M20-29	21	3:59	6:25	67.63%	17	39:52.0	78
15	40:07	Steven Wenzel	Fargo, ND	2 M40-49	45	4:01	6:27	72.07%	9	40:06.9	131
16	41:01	Tom Clow	Fargo, ND	3 M40-49	47	4:06	6:36	71.88%	10	41:00.2	65
17	41:17	Mark Sailer	Fargo, ND	4 M40-49	40	4:08	6:39	67.55%	18	41:16.0	83
18	41:35	Jasen Walker	West Fargo, ND	3 M < 20	18	4:09	6:42	65.80%	23	41:34.7	90
19	41:40	Terry Whisman	Fargo, ND	5 M30-39	39	4:10	6:42	66.67%	21	41:39.0	91
20	42:40	Mitchell Bruske	Fargo, ND	4 M < 20	17	4:16	6:52	64.64%	29	42:39.7	119
21	42:41	Eric Pegors	Fargo, ND	6 M30-39	39	4:16	6:52	65.08%	27	42:40.2	157
22	43:08	Francis Landman	Fargo, ND	5 M < 20	15	4:19	6:56	65.34%	25	43:07.0	77
23	43:52	Heather Smith	Audubon, MN	2 F20-29	27	4:23	7:04	68.20%	16	43:51.8	87
24	44:18	Chad Schlemmer	Moorhead, MN	7 M30-39	31	4:26	7:08	60.89%	38	44:17.6	85
25	44:53	Jeff Bregel	Moorhead, MN	5 M40-49	48	4:29	7:13	66.26%	22	44:52.1	121
26	44:57	Rick Crume	Glyndon, MN	6 M40-49	47	4:30	7:14	65.56%	24	44:56.2	66
27	46:10	Wade Bloom	Fargo, ND	8 M30-39	37	4:37	7:26	59.12%	43	46:09.2	113
28	46:43	Durk Thompson	Fargo, ND	7 M40-49	44	4:40	7:31	61.62%	35	46:42.5	133
29	46:48	Norman Adams	Detroit Lakes, MN	8 M40-49	46	4:41	7:32	62.63%	33	46:47.7	57
30	46:49	Ray Bauske	Fargo, ND	9 M40-49	43	4:41	7:32	60.98%	37	46:48.2	118
31	46:54	Jeff Swenson	Fargo, ND	2 M50-59	50	4:41	7:33	64.56%	30	46:53.5	140
32	47:21	Alissa Mears	West Fargo, ND	1 F < 20	14	4:44	7:37	66.92%	20	47:20.8	116
33	47:25	Britny Bucholz	West Fargo, ND	2 F < 20	16	4:44	7:38	64.97%	28	47:24.0	115
34	48:09	Marilyn Laliberte	Fargo, ND	1 F40-49	44	4:49	7:45	67.26%	19	48:08.1	158
35	48:38	Dave Berger	Inver Grove Heights, MN	10 M40-49	45	4:52	7:50	59.43%	42	48:37.9	58
36	48:58	Jim Egeberg	Valley City, ND	3 M50-59	57	4:54	7:53	65.22%	26	48:57.9	107
37	49:15	Gary Fisher	Fargo, ND	11 M40-49	44	4:55	7:56	58.45%	46	49:14.0	112
38	49:24	Custer Huseby	Fargo, ND	4 M50-59	50	4:56	7:57	61.12%	36	49:23.0	123
39	49:30	Jeff Stoen	Ad, MN	12 M40-49	49	4:57	7:58	60.67%	39	49:29.6	88
40	49:45	Robert Scheer	Fargo, ND	6 M20-29	24	4:58	8:00	54.22%	55	49:44.3	84
41	49:52	Andrea Lyons	Fargo, ND	1 F30-39	34	4:59	8:02	59.99%	41	49:51.0	145
42	49:53	Ryan Edwards	Fargo, ND	7 M20-29	25	4:59	8:02	54.07%	57	49:52.5	68
43	49:53	James Naylor	Fargo, ND	13 M40-49	49	4:59	8:02	60.08%	40	49:52.9	146
44	50:09	Doyle Edwards	Edgeley, ND	5 M50-59	53	5:01	8:04	61.85%	34	50:08.2	67
45	50:20	Darin Shena	Fargo, ND	9 M30-39	39	5:02	8:06	55.35%	51	50:19.5	154
46	50:53	Danette Wichmann	Minneapolis, MN	3 F20-29	25	5:05	8:11	58.79%	45	50:52.6	134
47	50:59	Mike Kohler	Fargo, ND	14 M40-49	43	5:06	8:12	56.26%	50	50:58.0	75
48	51:39	Jay Nelson	Fargo, ND	15 M40-49	49	5:10	8:19	57.96%	48	51:38.5	132
49	52:22	Annie Wilcox	Casselton, ND	2 F40-49	47	5:14	8:26	63.37%	31	52:21.5	126
50	54:02	Jonathan Steinwand	Moorhead, MN	16 M40-49	43	5:24	8:42	52.93%	63	54:01.9	151
51	54:14	Sue Blinn	Moorhead, MN	3 F40-49	40	5:25	8:44	57.88%	49	54:13.8	59
52	54:15	Deb Kazmierczak	Moorhead, MN	4 F40-49	41	5:25	8:44	58.21%	47	54:14.7	74
53	54:49	Chad Hamann	Fargo, ND	6 M < 20	18	5:29	8:49	49.92%	72	54:48.2	108
54	55:05	Scott Hoff	Perley, MN	17 M40-49	47	5:31	8:52	53.56%	61	55:04.4	114
55	55:16	Frode Tilden	Fargo, ND	10 M30-39	31	5:32	8:54	48.81%	76	55:15.3	147
56	55:16	Michelle Bredell	Fargo, ND	2 F30-39	32	5:32	8:54	54.13%	56	55:15.4	61
57	55:32	Amber Sheeley	Fargo, ND	4 F20-29	29	5:33	8:56	53.87%	58	55:31.7	86
58	55:48	John Clemetson	Moorhead, MN	18 M40-49	46	5:35	8:59	52.30%	64	55:47.0	63
59	55:50	Matt Thallman	Fargo, ND	11 M30-39	30	5:35	8:59	48.31%	81	55:49.5	143
60	55:52	Robyn Krause	Fargo, ND	3 F30-39	36	5:35	8:59	54.26%	54	55:51.0	130
61	56:08	Charlene Card	Fargo, ND	4 F30-39	39	5:37	9:02	55.29%	52	56:07.5	124
62	56:08	Lynelle Huseby	Fargo, ND	5 F30-39	35	5:37	9:02	53.80%	59	56:07.9	122
63	56:34	Corey J. Isaak	Moorhead, MN	8 M20-29	28	5:39	9:06	47.68%	82	56:33.5	73
64	57:23	Kami Lucht	Fargo, ND	6 F30-39	34	5:44	9:14	52.13%	66	57:22.2	105
65	57:37	Tom Wichmann	Durbin, ND	6 M50-59	53	5:46	9:16	53.44%	62	57:36.8	104
66	57:58	Jeanne Mewes	Colgate, ND	1 F50-59	57	5:48	9:20	63.20%	32	57:57.6	80

67	58:56	Gary Ness	Dilworth, MN	1	M60-up	65	5:54	9:29	58.87%	44	58:55.1	58:55.1	111
68	59:09	Michelle Mehling	Moorhead, MN	5	F20-29	28	5:55	9:31	50.58%	71	59:08.4		79
69	59:09	Jamie Krabbenhoft	Sabin, MN	6	F20-29	25	5:55	9:31	50.58%	70	59:08.6		76
70	59:20	Shelly Peters	Moorhead, MN	7	F30-39	37	5:56	9:33	51.57%	68	59:19.2	59:19.2	81
71	1:00:08	Angela Tangen	Fargo, ND	7	F20-29	29	6:01	9:41	49.75%	73	1:00:07.9	1:00:07.9	155
72	1:00:17	Jarod Dcamp	Fargo, ND	9	M20-29	25	6:02	9:42	44.74%	85	1:00:16.2	1:00:16.2	141
73	1:00:42	Anders Clow	Fargo, ND	7	M < 20	12	6:04	9:46	48.95%	75	1:00:41.0	1:00:41.0	64
74	1:00:58	Steve Peterson	Moorhead, MN	12	M30-39	37	6:06	9:49	44.81%	84	1:00:57.5	1:00:57.5	82
75	1:01:33	Chrissi Hanson	Fargo, ND	8	F30-39	33	6:09	9:54	48.61%	77	1:01:32.5	1:01:32.5	139
76	1:01:36	Michael Wichmann	Dent, MN	7	M50-59	58	6:10	9:55	52.21%	65	1:01:35.4		102
77	1:01:45	Connie Udby	Fargo, ND	5	F40-49	43	6:10	9:56	52.00%	67	1:01:44.8	1:01:44.8	89
78	1:01:55	Jodi Wical	Fargo, ND	9	F30-39	35	6:11	9:58	48.58%	78	1:01:54.1		125
79	1:03:07	Michelle Huseby	Fargo, ND	8	F20-29	29	6:19	10:09	47.40%	83	1:03:06.6	1:03:06.6	144
80	1:03:27	Kathy Shena	Fargo, ND	10	F30-39	38	6:21	10:13	48.45%	80	1:03:26.0		153
81	1:03:27	Julie Almquist	Fargo, ND	11	F30-39	38	6:21	10:13	48.55%	79	1:03:26.8		138
82	1:04:13	Shaun Grindall	Moorhead, MN	10	M20-29	28	6:25	10:20	42.00%	88	1:04:12.6	1:04:12.6	150
83	1:05:53	Kristie Langness	Moorhead, MN	2	F50-59	53	6:35	10:36	53.62%	60	1:05:52.2	1:05:52.2	106
84	1:06:00	Judy Seibol	Fargo, ND	3	F50-59	56	6:36	10:37	54.88%	53	1:05:59.9	1:05:59.9	127
85	1:07:19	Habshita Gaba	Fargo, ND	3	F < 20	12	6:44	10:50	49.20%	74	1:07:18.4	1:07:18.4	69
86	1:07:23	Vijay Gaba	Fargo, ND	19	M40-49	47	6:44	10:51	43.62%	87	1:07:22.4	1:07:22.4	70
87	1:07:29	Kara Johnson	Fargo, ND	12	F30-39	34	6:45	10:52	44.33%	86	1:07:28.6	1:07:28.6	128
88	1:09:00	Ken Norgren	Moorhead, MN	2	M60-up	66	6:54	11:06	51.02%	69	1:08:59.4	1:08:59.4	117
89	1:13:00	Jill Korkowski	Moorhead, MN	13	F30-39	32	7:18	11:45	40.98%	89	1:12:59.0	1:12:59.0	156
90	1:20:36	Alison Brorby	Fargo, ND	4	F < 20	16	8:04	12:58	38.22%	90	1:20:35.7		142
91	1:20:36	Kayla Gonser	Fargo, ND	9	F20-29	20	8:04	12:58	37.12%	91	1:20:35.9		71