

Hope 5 K  
7:30 a.m. Saturday July 7, 2007  
Hope, ND

female place	time	name	city	class place	age	age graded			unofficial time	select time	bib		
						km pace	mile pace	performance level/place					
1	19:18	Peter Ihry	Fargo, ND	1 M16-20	16	3:52	6:13	69.51%	2	19:17.0	19:17.0	78	
2	21:08	David Gould	Oconomowoc, WI	1 M < 16	15	4:14	6:48	64.33%	6	21:07.3	21:07.3	76	
3	22:02	Rick Tonder	Grand Forks, ND	1 M50-59	53	4:24	7:06	67.96%	3	22:01.5	22:01.5	69	
4	22:57	Earl Beal	Grand Forks, ND	1 M60-up	62	4:35	7:23	70.37%	1	22:56.7	22:56.7	2	
5	1	23:14	Carissa Baldwin	Hope, ND	1 F16-20	17	4:39	7:29	62.96%	7	23:13.2	23:13.2	71
6	2	23:37	Allyson Suhr	Oriska, ND	1 F < 16	13	4:43	7:36	65.28%	4	23:36.6	23:36.6	50
7	3	23:50	Terri Soine	Page, ND	1 F30-39	33	4:46	7:40	60.40%	9	23:49.9	23:49.9	49
8	4	23:55	Kim Salander	Hillsboro, ND	2 F30-39	31	4:47	7:42	60.19%	10	23:54.0	23:54.0	47
9	24:10	Kelly Salander	Hillsboro, ND	1 M30-39	31	4:50	7:47	53.68%	18	24:09.7	24:09.7	46	
10	24:38	Kevin Ihry	Fargo, ND	1 M40-49	46	4:56	7:56	57.54%	13	24:37.5	24:37.5	75	
11	5	24:41	Dariann Loible	Valley City, ND	2 F < 16	13	4:56	7:57	62.46%	8	24:40.7	24:40.7	62
12	25:35	Paul Walswick	Halstad, MN	2 M50-59	56	5:07	8:14	59.76%	11	25:34.2	25:34.2	82	
13	26:52	Michael Moore	Arthur, ND	2 M16-20	19	5:22	8:39	48.65%	22	26:51.6	26:51.6	39	
14	6	26:53	Amanda Crevistom	Valley City, ND	3 F < 16	15	5:23	8:39	55.51%	15	26:52.5		57
15	7	26:53	Natalie Ley	Valley City, ND	4 F < 16	13	5:23	8:39	57.35%	14	26:52.9		58
16	8	27:06	Jeanne Mewes	Hope, ND	1 F50-59	56	5:25	8:43	64.47%	5	27:05.0	27:05.0	36
17	9	27:09	Kinsey Wennerstrom	Durham, NC	3 F30-39	36	5:26	8:44	54.24%	16	27:08.3	27:08.3	72
18	10	27:59	Tracy Holman	Fargo, ND	4 F30-39	36	5:36	9:00	52.30%	20	27:58.8	27:58.8	18
19	28:07	Bill Hofer	, CO	3 M50-59	54	5:37	9:03	53.39%	19	28:06.4	28:06.4	16	
20	11	28:15	Emily Krieger	Galesburg, ND	2 F16-20	16	5:39	9:06	52.23%	21	28:14.4	28:14.4	74
21	12	30:06	Paige Holman	Fargo, ND	5 F < 16	11	6:01	9:41	53.94%	17	30:05.6	30:05.6	17
22	13	30:26	Kirstin Gerhardt	Valley City, ND	5 F30-39	32	6:05	9:48	47.30%	24	30:25.3		12
23	14	31:05	Kathy Kroepelin	Finley, ND	2 F50-59	59	6:13	10:00	58.05%	12	31:04.8	31:04.8	63
24	31:35	Timothy Ihry	Palillion, NE	4 M50-59	54	6:19	10:10	47.68%	23	31:34.2	31:34.2	68	
25	15	33:24	Bobbi Jo Heinze	Luverne, ND	6 F30-39	38	6:41	10:45	44.52%	27	33:23.8	33:23.8	14
26	16	36:25	Laurie Saunder	Argusville, ND	7 F30-39	35	7:17	11:43	40.02%	34	36:24.7	36:24.7	65
27	17	37:34	Rachel Zachariason	West Fargo, ND	1 F21-29	24	7:31	12:05	38.32%	36	37:33.3	37:33.3	53
28	18	39:50	Dawn Huffman	Devils Lake, ND	8 F30-39	34	7:58	12:49	36.17%	42	39:49.3		19
29	19	39:50	Donna Flaten	Hope, ND	9 F30-39	37	7:58	12:49	37.03%	40	39:49.5	39:49.3	60
30	20	41:29	Judy Brown	Hope, ND	1 F40-49	45	8:18	13:21	37.99%	38	41:28.5	41:28.5	4
31	21	41:39	Lindsay Brown	Fargo, ND	2 F21-29	22	8:20	13:24	34.56%	47	41:38.3	41:38.3	5
32	42:25	Ragnar Saurasaune	Sioux Center, IA	2 M60-up	62	8:29	13:39	38.12%	37	42:24.1		67	
33	22	42:25	Sany Skarsaune	Sioux Center, IA	1 F60-up	64	8:29	13:39	45.13%	25	42:24.5	42:24.1	66
34	23	43:48	Pamela Jo Eberle	Dazey, ND	10 F30-39	39	8:46	14:06	34.22%	52	43:47.9	43:47.9	8
35	24	43:49	Caryn Sedillo	Houston, TX	11 F30-39	39	8:46	14:06	34.44%	50	43:48.2		81
36	25	44:12	Alexandra Sherrard	Fargo, ND	6 F < 16	12	8:50	14:14	35.69%	44	44:11.0	44:11.0	88
37	26	44:56	Laura Ihry	Hope, ND	3 F21-29	29	8:59	14:28	32.04%	58	44:55.3	44:55.3	21
38	27	44:59	Susan Lemley	Hope, ND	3 F50-59	56	9:00	14:29	38.84%	35	44:58.7	44:58.7	32
39	28	45:03	Lindsay Vettleson	Wichta, KS	4 F21-29	26	9:01	14:30	31.95%	59	45:02.5		52
40	29	45:50	Cheryl Krueger	Hope, ND	2 F40-49	48	9:10	14:45	35.31%	45	45:49.7	45:49.7	29
41	30	45:56	Diane Ricker	Hickson, ND	3 F40-49	46	9:11	14:47	34.62%	46	45:55.3	45:55.3	45
42	45:56	Allen Ricker	Hickson, ND	2 M30-39	37	9:11	14:47	28.74%	71	45:55.8		44	
43	31	45:58	Cassidy Burchill	Hope, ND	3 F16-20	18	9:12	14:48	31.61%	62	45:57.1		6
44	32	45:59	Miranda Suhr	Oriska, ND	4 F16-20	17	9:12	14:48	31.81%	61	45:58.1		51
45	33	45:59	Ashley Thoreson	Nome, ND	5 F16-20	18	9:12	14:48	31.60%	63	45:58.4		64
46	34	46:04	Betty Hofer	, CO	4 F50-59	51	9:13	14:50	36.12%	43	46:03.5	46:03.5	15
47	35	46:16	Kaye Severson	Hope, ND	2 F60-up	68	9:15	14:54	43.43%	28	46:15.8	46:15.8	48
48	36	46:21	Jean Gilbertson	Hope, ND	3 F60-up	62	9:16	14:55	40.24%	33	46:20.6	46:20.6	13
49	37	46:30	Phyllis Gaspers	Fargo, ND	5 F50-59	57	9:18	14:58	37.97%	39	46:29.3	46:29.3	11
50	38	46:31	Karen Anderson	Plato, MN	4 F40-49	47	9:18	14:58	34.49%	49	46:30.5	46:30.5	1
51	39	46:38	Louise Zerface	Hope, ND	4 F60-up	71	9:20	15:01	44.93%	26	46:37.4	46:37.4	54
52	40	47:52	Jenni Moore	Arthur, ND	7 F < 16	12	9:34	15:24	32.96%	55	47:51.5	47:51.5	38
53	41	48:07	Darlene Cooper	Lake Haven, AZ	5 F60-up	68	9:37	15:29	41.87%	30	48:06.0	48:06.0	70
54	42	48:14	Corlis Julison	Hope, ND	6 F50-59	51	9:39	15:31	34.49%	48	48:13.6	48:13.6	25
55	43	48:15	Lois Huschka	Hope, ND	5 F40-49	47	9:39	15:32	33.25%	54	48:14.2		20
56	44	48:44	Fay L. Kainz	Hope, ND	6 F60-up	70	9:45	15:41	42.36%	29	48:43.4	48:43.4	26
57	45	48:56	Marjorie Kainz	Hope, ND	7 F60-up	67	9:47	15:45	40.53%	32	48:55.2	48:55.2	27
58	46	49:55	Lauren Richards	Pocatello, ID	6 F16-20	17	9:59	16:04	29.30%	69	49:54.8	49:54.8	41
59	47	49:56	Jill Moore	Arthur, ND	6 F40-49	42	9:59	16:04	30.77%	68	49:55.4		37
60	48	49:57	Laurie Richards	Pocatello, ID	7 F40-49	43	9:59	16:05	31.02%	65	49:56.5		42
61	49	50:08	Cindy Mckay	Minot, ND	8 F40-49	49	10:02	16:08	32.63%	56	50:07.6		79
62	50	50:09	Jody Lemley Hunnicutt	Denver, CO	7 F50-59	53	10:02	16:09	34.11%	53	50:08.0	50:07.6	80
63	51	50:23	Shari Ihry	Fargo, ND	9 F40-49	46	10:05	16:13	31.60%	64	50:22.9	50:22.9	85
64	52	50:24	Karen Gould	Oconomowoc, WI	10 F40-49	43	10:05	16:13	30.97%	66	50:23.2		84
65	53	50:24	Laura Ihry	Fargo, ND	7 F16-20	18	10:05	16:13	28.83%	70	50:23.5		86
66	54	52:59	Diane Jacobson	Hope, ND	8 F60-up	60	10:36	17:03	34.40%	51	52:58.7	52:58.7	22

67	55	53:00	Nicole Jacobson	Missoula, MT	12	F30-39	33	10:36	17:04	27.16%	73	52:59.1	23	
68	56	53:57	Anne Gaspers	Niwot, CO	8	F50-59	55	10:47	17:22	32.16%	57	53:56.0	73	
69	57	53:57	Carol Manifold	Mandan, ND	9	F50-59	51	10:47	17:22	30.84%	67	53:56.5	34	
70		54:08	Weston Manifold	Mandan, ND	5	M50-59	52	10:50	17:25	27.28%	72	54:07.3	53:56.03	35
71		57:06	Loren Richards	Mesa, AZ.	3	M60-up	81	11:25	18:23	36.23%	41	57:05.0	57:05.0	55
72		57:09	Eldwyn Van Brueggen	Valley City, ND	4	M60-up	72	11:26	18:24	31.91%	60	57:08.9	57:08.9	83
73		57:26	Reginald Richards	Erie, CO	6	M50-59	50	11:29	18:29	25.40%	75	57:25.9	57:25.9	77
74	58	57:56	Lisa Sherrard	Fargo, ND	11	F40-49	40	11:35	18:39	26.17%	74	57:55.9	57:55.9	87
75	59	57:57	Carol Dorrance	Lolo, MT	9	F60-up	79	11:35	18:39	41.34%	31	57:56.2	7	