

Aber Days 5 K
8 a.m. Saturday June 17, 2006
Abercrombie, ND

female	place	time	name	city	class	age	age graded			unofficial	select	bib	
							km	mile	performance				
					place	age	pace	pace	level/place	time	time		
1	19:57	Brian Pederson	Moorhead, MN	1 M40-49	45	3:59	6:25	70.07%	3	19:56.0	19:55.8	85	
2	20:10	Peter Johnson	Helena, MT	1 M30-39	32	4:02	6:29	64.33%	10	20:09.1	20:08.9	70	
3	20:13	Matt Caspersen	Walcott, ND	1 M15-16	15	4:03	6:30	67.24%	6	20:12.4	20:12.2	57	
4	20:16	Duane Nelson	Wolverton, MN	2 M40-49	44	4:03	6:31	68.47%	5	20:15.8	20:15.5	5	
5	20:43	John Simonson	Fargo, ND	2 M30-39	39	4:09	6:40	64.61%	9	20:42.5		74	
6	20:45	Dale Summers	Fargo, ND	1 M60-69	62	4:09	6:41	77.83%	1	20:44.8	20:44.4	64	
7	21:26	Trevor Magel	Fargo, ND	1 M17-19	19	4:17	6:54	60.99%	18	21:25.6		3	
8	21:27	Chris Johnston	West Fargo, ND	3 M40-49	43	4:17	6:54	64.22%	12	21:26.7	21:26.7	32	
9	21:48	Terry Styf	West Fargo, ND	4 M40-49	41	4:22	7:01	62.28%	14	21:47.0		80	
10	1	21:50	Jen Carlson	Fargo, ND	1 F30-39	31	4:22	7:02	65.93%	7	21:49.8	21:50.0	72
11	21:53	Dom Martinez	Moorhead, MN	1 M13-14	13	4:23	7:03	64.33%	11	21:52.3		28	
12	2	21:55	Monica Fedora-Webster	Fargo, ND	1 F40-49	42	4:23	7:03	70.11%	2	21:54.1		12
13	21:56	Shaun Schatz	Fargo, ND	1 M20-29	28	4:23	7:04	59.15%	19	21:55.5		6	
14	22:02	Ramiro Torres	West Fargo, ND	3 M30-39	33	4:24	7:06	58.88%	21	22:01.2		59	
15	3	22:02	Sarah Heitkamp	Fargo, ND	1 F20-29	20	4:24	7:06	65.33%	8	22:01.7	22:01.3	44
16	4	22:03	Lauren Caspersen	Walcott, ND	1 F13-14	14	4:25	7:06	68.65%	4	22:02.4		58
17	23:50	Matt Stith	West Fargo, ND	4 M30-39	34	4:46	7:40	54.43%	33	23:49.3	23:49.0	73	
18	5	24:08	Janet Joulson	Wahpeton, ND	2 F13-14	13	4:50	7:46	63.88%	13	24:07.0	24:06.7	45
19	24:24	Dane Johnston	West Fargo, ND	1 M11-12	12	4:53	7:51	59.00%	20	24:23.6		75	
20	6	24:42	Kimberly Sklebar	Fargo, ND	2 F40-49	40	4:56	7:57	61.19%	16	24:41.3		51
21	24:44	Mike Moberg	West Fargo, ND	5 M40-49	41	4:57	7:58	54.89%	30	24:43.9	24:43.5	30	
22	25:06	Robert McCleery	Fergus Falls, MN	5 M30-39	36	5:01	8:05	52.24%	38	25:05.2		86	
23	7	25:29	Kerri Longtirie	Christine, ND	2 F30-39	33	5:06	8:12	56.49%	23	25:28.9		95
24	25:49	Jerry Belling	Walcott, ND	6 M30-39	38	5:10	8:19	51.49%	41	25:48.2	25:48.0	69	
25	8	25:53	Melanie Landgraff	Fargo, ND	3 F30-39	30	5:11	8:20	55.61%	26	25:52.5		16
26	25:57	Steve Krohn	Wahpeton, ND	2 M60-69	60	5:11	8:21	61.02%	17	25:56.9		62	
27	9	26:10	Cheryl Kottom	Battle Lake, ND	3 F40-49	47	5:14	8:25	61.31%	15	26:09.3	26:09.2	66
28	10	26:19	Karla Johnson-Rownd	Fergus Falls, MN	4 F30-39	35	5:16	8:28	55.18%	29	26:18.4		65
29	11	27:04	Cassie Wulfekuhle	Fargo, ND	5 F30-39	33	5:25	8:43	53.18%	36	27:03.8	27:03.6	27
30	12	27:23	Sheena Plecity	Abercrombie, ND	2 F20-29	20	5:29	8:49	52.57%	37	27:22.3	27:22.0	50
31	27:40	Erik Heitkamp	Lisbon, ND	2 M15-16	16	5:32	8:54	48.49%	47	27:39.4		29	
32	27:42	William Wilkin	Andover, MN	1 M50-59	52	5:32	8:55	53.30%	35	27:41.4	27:40.9	63	
33	27:47	Kevin Bernier	Abercrombie, ND	6 M40-49	43	5:33	8:57	49.58%	44	27:46.7		67	
34	13	27:50	Natalie Nelson	Wolverton, MN	4 F40-49	43	5:34	8:58	55.67%	25	27:49.3		24
35	27:58	Matt Moberg	West Fargo, ND	1 M < 11	10	5:36	9:00	54.60%	31	27:57.3	27:57.0	71	
36	28:06	Peter Schmidt	West Fargo, ND	2 M50-59	59	5:37	9:03	55.84%	24	28:05.6		7	
37	14	28:10	Courtney Breuer	Mooreton, ND	1 F11-12	11	5:38	9:04	57.64%	22	28:09.0	28:08.3	91
38	15	28:16	Alyssa Breuer	Mooreton, ND	1 F15-16	16	5:39	9:06	52.20%	39	28:15.2		38
39	28:42	Bob Torres	Fargo, ND	7 M30-39	35	5:44	9:14	45.37%	51	28:41.0		90	
40	28:44	Neil Kusler	Breckenridge, MN	7 M40-49	44	5:45	9:15	48.29%	48	28:43.1	28:42.8	2	
41	16	29:00	Susan Stone	Dilworth, MN	3 F20-29	26	5:48	9:20	49.64%	43	28:59.0		56
42	29:15	Lonnie Martinez	Ebanston, WY	8 M40-49	49	5:51	9:25	49.28%	45	29:14.0	29:13.8	34	
43	17	29:17	Kelsey Breuer	Mooreton, ND	2 F11-12	11	5:51	9:26	55.45%	28	29:16.0		92
44	29:20	Zachary Sklebar	Fargo, ND	2 M < 11	10	5:52	9:26	52.06%	40	29:19.7	29:19.1	36	
45	29:28	Jack Plecity	Abercrombie, ND	9 M40-49	47	5:54	9:29	48.16%	49	29:27.0		35	
46	29:33	Paul Franklin	Fargo, ND	8 M30-39	34	5:55	9:31	43.90%	55	29:32.6	29:32.1	31	
47	18	29:39	Kristi Nelson	Kindred, ND	1 F50-59	50	5:56	9:33	55.59%	27	29:38.3		48
48	19	29:43	Lesley Hulne	Abercrombie, ND	5 F40-49	48	5:57	9:34	54.47%	32	29:42.6		20
49	29:50	Scott Grivno	Horace, ND	10 M40-49	45	5:58	9:36	46.85%	50	29:49.4	29:49.6	77	
50	20	29:50	Laurie Neilson	Horace, ND	6 F40-49	48	5:58	9:36	54.25%	34	29:49.8		78
51	21	30:07	Bethany Kusler	Breckenridge, MN	2 F15-16	16	6:01	9:42	48.99%	46	30:06.7		18
52	30:16	Tom Wulfekuhle	Fargo, ND	9 M30-39	36	6:03	9:45	43.32%	57	30:15.9	30:15.6	8	
53	22	32:40	Machell Anderson	Abercrombie, ND	6 F30-39	35	6:32	10:31	44.45%	53	32:39.8	32:39.7	81
54	23	32:47	Amy Hutchinson	Fargo, ND	4 F20-29	29	6:33	10:33	43.91%	54	32:46.5		19
55	24	33:12	Rhonda Magel	Fargo, ND	2 F50-59	50	6:38	10:41	49.64%	42	33:11.0	33:11.0	21
56	25	33:16	Heidi Foley	Colfax, ND	5 F20-29	29	6:39	10:42	43.27%	58	33:15.6		13
57	26	33:17	Taz Foley	Abercrombie, ND	6 F20-29	24	6:39	10:43	43.25%	59	33:16.2		40
58	33:42	Zachary Erbes	Walcott, ND	3 M < 11	10	6:44	10:51	45.31%	52	33:41.4	33:41.0	61	
59	27	33:51	Jenny Stevens	Fargo, ND	7 F30-39	33	6:46	10:54	42.53%	61	33:50.3	33:49.8	54
60	28	34:15	Judy Marty	Fargo, ND	8 F30-39	39	6:51	11:01	43.77%	56	34:14.4	34:13.9	22
61	29	36:33	Mariann Hokanson	Oxbow, ND	7 F40-49	44	7:19	11:46	42.76%	60	36:32.9	36:32.6	15
62	30	39:20	Sue Mcdonald	Lindsburg, KS	8 F40-49	44	7:52	12:40	39.73%	62	39:19.7	39:19.4	47
63	31	40:59	Sarah Reiland	Abercrombie, ND	7 F20-29	27	8:12	13:11	35.12%	65	40:58.6		83
64	32	41:01	Tori Foley	Abercrombie, ND	8 F20-29	27	8:12	13:12	35.10%	66	41:00.0	40:59.4	41
65	33	44:03	Kris Hashbargen	Abercrombie, ND	9 F30-39	37	8:49	14:11	33.49%	68	44:02.0	44:01.5	88
66	34	44:09	AJ Arth	Wahpeton, ND	9 F40-49	40	8:50	14:13	34.23%	67	44:08.6		37

67	35	45:30	Shantyla Foley	Abercrombie, ND	1	F < 11	9	9:06	14:39	38.69%	63	45:29.6	45:28.9	39
68	36	46:50	Cheryl Heitkamp	Fargo, ND	10	F40-49	44	9:22	15:04	33.37%	69	46:49.9	46:49.9	43
69	37	46:51	Jean Smith	Wahpeton, ND	11	F40-49	44	9:22	15:05	33.36%	70	46:50.3		52
70	38	49:11	SarahJoy Anonsen	Fargo, ND	1	F17-19	17	9:50	15:50	29.74%	79	49:10.6	49:10.0	10
71	39	49:11	Colleen Gripentrog	Breckenridge, MN	12	F40-49	40	9:50	15:50	30.73%	76	49:10.9		14
72	40	49:17	Sheila Anonsen	Fargo, ND	13	F40-49	42	9:51	15:52	31.18%	75	49:16.5		11
73	41	49:20	Lynette Nelson	Moorhead, MN	14	F40-49	49	9:52	15:53	33.11%	71	49:19.0	49:19.0	49
74	42	49:21	Karen Bodelson	Fargo, ND	1	F60-69	60	9:52	15:53	36.93%	64	49:20.9		76
75		49:45	Steve Anonsen	Fargo, ND	11	M40-49	41	9:57	16:01	27.29%	80	49:44.8		79
76	43	49:46	Lydia Anonsen	Fargo, ND	3	F15-16	15	9:57	16:01	29.98%	78	49:45.1		9
77	44	52:05	Nancy Odegard	Fargo, ND	3	F50-59	50	10:25	16:46	31.64%	74	52:04.6	52:04.0	25
78	45	52:07	Colleen Brown	Fargo, ND	4	F50-59	52	10:25	16:46	32.23%	72	52:06.8		68
79	46	57:45	Hannah Steidl	Fargo, ND	2	F < 11	9	11:33	18:35	30.48%	77	57:44.7	57:44.0	53
80	47	58:09	Paige Stevens	Fargo, ND	3	F < 11	8	11:38	18:43	32.02%	73	58:08.4	58:08.0	55
81	48	58:16	Annette Marzolf	Fargo, ND	9	F20-29	28	11:39	18:45	24.71%	81	58:15.5		46
82	49	58:17	Erica Franklin	Fargo, ND	10	F30-39	33	11:39	18:46	24.70%	82	58:16.1	58:16.0	42
83	50	58:23	Jamie Rust	Fargo, ND	10	F20-29	25	11:41	18:48	24.66%	83	58:22.8		26
84		58:24	Lee Brady	Fargo, ND	10	M30-39	34	11:41	18:48	22.21%	84	58:23.8	58:24.0	1