



MRSA PROTOCOL

(1) If there is an active infection:

- Treat with antibiotics based on cultures and sensitivities per protocol.
- Abscesses treated with Incision & Drainage
- Clean wound and change dressings with bandages several times a day
- Patient and caretakers to wash their hands with warm water and soap after every dressing change or contact with infected site.

(2) Bactroban to nares and infected site q8h X 14 days. When using Bactroban ointment, put a small amount on the end of a Q-tip and place just on the front, inside hairy part of both nostrils.

(3) Bath Soaks for ALL Household Members and Patient. Particular attention to all hair-bearing areas (scalp, armpits, groin)

- Clorox baths 1 tsp per gallon water for at least 15 minutes three times a week for 30 days **AND**
 - Hibiclens (OTC) whole body washes daily for 30 days **OR**
 - Phisohex (Rx) whole body washes daily for 30 days **OR**
 - Daily use of Sage (2% Chlorhexidine impregnated wash clothes) Bath Clothes when taking a shower

Be aware that Hibiclens and Phisohex are drying to the skin. When using soap products (Hibiclens, Phisohex, etc), apply the soap and lather all areas of your body from head (include hair) to toes (do not put in eyes or ears just like you normally wouldn't put soap in these places). After wetting your skin, turn the water in the shower off and let the soap lather sit on your skin for about one minute before rinsing it off.

(4) ALL household members and patient to go swimming daily in chlorinated swimming pools or ocean-water for 30 days

(5) ALL household members and patient to keep fingernails cut short.

(6) ALL household members' and patient's clothing and bedding washed in HOT water bleach weekly or more often if needed for 30 days. Dry items in hot dryer. Do NOT air dry. Do not use large towels (i.e. shower) more than once. Clothes that have been worn and hung up in the closet also should be washed. Clothes that cannot be machine-washed can be dry-cleaned.

(7) Try to clean areas in the home that ALL household members and patient touch, sit, or lie on frequently in the first few days of treatment and again about midway through treatment. These surfaces can be cleaned with the disinfectant Lysol Antibacterial Spray. This product should not damage cloth the way bleach does. Don't forget the doorknobs and car seats! Spray furniture that are frequently used. A walker or wheelchair should be disinfected weekly.