



# The Basis Of Neurological Organisation Technique

Essentially everything we need for survival, with the exception of food, air and water, must be found within the body itself. The body is a self-healing, self-regulating, self-perpetuating mechanism (replacing its own tissues and regulating metabolism). These mechanisms by their very nature must be inborn or innate, integrated and fully automatic from the very beginning of life. Physical or emotional trauma, poor diet and environmental conditions can disturb these automatic functions.

The four survival systems have been named for their primary functions. The Feeding, Fight/Flight and Reproduction Systems can be considered the primal external survival systems. The Limbic System, which is the combination of the immune, repair, growth and cellular reproduction systems, is an internal system and 'ties' the external three together into a cohesive life force. The correct and fluid functioning of these systems is depended upon the integrity of the neural organisation of the body.

## **How the body works**

These systems are neurologically co-ordinated, yet, for the most part, mutually exclusive. When one is "turned on" the others are "turned off". Ideally, this would make things simple for both diagnosis and treatment. The problems arise when there is a partial "turn on" of one system and a partial "turn off" of another. The symptoms, diagnosis and treatment become confused and we have chronically unhealthy or hurting people.

The Neural Organisation Technique protocols are designed to deal specifically with these variables. The body is aware, at all times, of what is happening within itself and does not do anything by accident. It knows what is wrong and also how to fix it. We need a way to get to this knowledge.

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## **A New Era in Health Care**

Early in 1979, Dr. Carl Ferreri, D.C. recognised the importance of the survival systems mentioned above. Although there is very little written about these systems, he realised that no matter what the circumstance, how big or how small, it must involve one or more of our survival systems. These systems are in place to insure our ability to respond to certain stimuli to sustain, protect, repair and/or create new life.

As each system was examined, an order and priority program became evident. The logic of the living body was starting to show itself. To truly understand their workings, it became obvious that these systems and their responses had to be understood in the primitive terms from whence they came. Things were defined in more simple terms then. Life and death was an everyday reality.

Dr. Ferreri recognised that the body and its multitude of functions worked precisely like a computer (or the other way around), with very specific programs for every eventuality. Some programs, such as the basic survival systems, were built in and other programs were developed, learned or put together as the need arose, further investigation proved that these learned programs are all built on the primary ones.

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